



**Mudhead Benefit Cup for
SAILS UP 4 CANCER
SAILING INSTRUCTIONS
Saturday, July 19, 2025**

Organizing Authority: Mystic River Mudhead Sailing Association

- 1. Rules**
 - 1.1. The Regatta will be governed by *The Racing Rules of Sailing*.
 - 1.2. **RRS Appendix V Alternative Penalties** will be in effect.
 - 1.3. Rule 60.4(a)(2) is changed as follows: “(2) if it alleges a breach of a rule of Part 2 or rule 31 and is from a boat that was not involved in, and did not see, the incident, or”
 - 1.4. National letters and sail numbers shall be of a contrasting color to the body of the sail.
- 2. Communication**
 - 2.1. The RC will communicate on VHF Ch. 1001 (Formerly 01A.)
 - 2.2. The Official Notice Board is on YachtScoring at <https://yachtscoring.com/emenu/17020>
 - 2.3. Any changes to the Sailing Instructions will be posted on the Official Notice Board on-line prior to 1000 on the day they will take effect.
- 3. Signals Made Ashore**
 - 3.1. Any Postponement or Abandonment prior to 1000 on the day of race will be posted online and will be communicated via VHF starting at 1000.
- 4. Schedule of Races**
 - 4.1. One race is scheduled.
- 5. Classes and Handicaps**
 - 5.1. There will be Spinnaker Classes and Non-spinnaker Classes.
- 6. The Racing Area, Courses and Marks**
 - 6.1. The racing area is in Fishers Island Sound between New London and Watch Hill.
- 7. Start**
 - 7.1. The Starting area will be in the vicinity of Horseshoe Reef. The RC may reposition the Starting Area to accommodate wind conditions. Monitor VHF for any changes.
 - 7.2. The Start line will be between the staff flying an Orange flag on the RC and Mark S/F.
 - 7.3. **THIS IS A PURSUIT RACE!** The starting times for each boat shall be posted to the Notice Board, emailed to each competitor via YachtScoring, and will be communicated by VHF hail on Ch. 1001 (was 01A) no later than 1130 on July 19, 2025.
 - 7.4. As a courtesy, the Race Committee will attempt to provide a countdown to each competitor’s start time by VHF hail on Ch. 1001 (was 01A). Failure to hail, failure of equipment, failure to hear a hail, delay in hailing or the order in which hails are given will not be grounds for redress. ***This modifies RRS 62.1 (a).***
 - 7.5. The first start is scheduled for 1200 on July 19, 2025.
- 8. Courses**
 - 8.1. One of six (6) possible courses shall be indicated by the Signal boat and will be communicated by VHF hail on Ch. 1001 (was 01A) no later than 1130 on July 19, 2025.
 - 8.2. The course to be sailed will be signaled by a numeric placard displayed on the signal board atop the Signal Boat “Eddie Maxwell”. The course will also be announced on VHF channel 1001 (01A).
 - 8.3. The possible courses are designated in Attachment “A” of these Sailing Instructions.
 - 8.4. The course will not be shortened. ***This modifies RRS 32.***

9. Recalls

- 9.1. RRS 30.1 (I-Flag/Round-The-Ends) will apply to all starts.
- 9.2. Individual recalls will be signaled in accordance with RRS 29 with a horn for a sound signal, except that Code Flag X will not be flown. ***This modifies RRS 29.1 and "Race Signals"***.
- 9.3. As a courtesy, the Race Committee will attempt to hail boats On Course Side by VHF hail on Ch. 1001 (was 01A). Failure to hail, failure of equipment, failure to hear a hail, delay in hailing or the order in which hails are given will not be grounds for redress. ***This modifies RRS 62.1 (a)***.

10. Finish

- 10.1. The Finish line will be between a staff flying a Blue Flag on the RC and Mark S/F.
- 10.2. Boats withdrawing shall notify the RC as soon as possible.

11. Time Limit

- 11.1. The time limit is 1600.
- 11.2. Any boat not finished by 1600 will be scored TLE. ***This modifies Rule 35.***

12. Protests

- 12.1. A boat intending to protest shall notify the RC after finishing.
- 12.2. Protests shall be submitted in writing to the RC online through Yacht Scoring Events Page under General Race Forms/For Competitors.
- 12.3. Protest forms may also be presented to the RC at Mystic Shipyard.
- 12.4. The time limit for filing a protest shall be one hour after the RC signal boat docks. The time will be posted to the Official Notice Board on Yacht Scoring.
- 12.5. Protest participants will be notified of hearing times by text or phone and posted on Yacht Scoring. All protest hearings will be held at Mystic Shipyard.

13. Scoring

- 13.1. One completed race constitutes a series.

14. AWARDS AND CONTACTS

- 14.1. Prizes will be awarded at The Shore Party immediately after The Race.
- 14.2. Please contact Bob Davis at bobdavis@mymryc.com or 860.383.5405 for dockage or questions.
- 14.3. PRO – Matthew Curtiss, mudheadRC@gmail.com

Participation in the regatta is entirely at your own risk. See RRS 3, Decision to Race.

SU4C/MRMSA will not accept any liability for material damage or personal injury sustained prior to, during, or after racing or any related onshore events.

ATTACHMENT "A"

Course – 1: Southwesterly to Silver Eel W "SE", leaving to port. Thence northeasterly to North Hill Bell "R "2"", leaving to starboard. Thence easterly to N "16" east of Eel Grass Ground, leaving to port. Thence westerly to the finish. Course length ~11.55 nautical miles.

Course – 2: Southwesterly to North Hill Bell "R "2"", leaving to starboard. Thence northwesterly to Black Rock "N "2BL"", leaving to starboard. Thence easterly to the finish. Course length ~6.25 nautical miles.

Course – 3: Southwesterly to North Hill Bell "R "2"", leaving to starboard. Thence northwesterly to Vixens Ledge "VL", leaving to starboard. Thence easterly the finish. Course length ~4.8 nautical miles.

Course – 4: Easterly to N "16" east of Eel Grass Ground, leaving to starboard. Thence westerly leaving Brooks Point C "1W", Clay Point C "5" and North Hill bell "2" to port. Thence southwesterly to Silver Eel W "SE", leaving to starboard. Thence northeasterly to the finish. Course length ~11.55 nautical miles.

Course – 5: Westerly to Black Rock "N "2BL"", leaving to port. Southeasterly to North Hill Bell "R "2"", leaving to port. Thence northerly to the finish. Course length ~6.25 nautical miles.

Course – 6: Westerly to Vixens Ledge "VL", leaving to port. Southeasterly to North Hill Bell "R "2"", leaving to port. Thence northerly the finish. Course length ~4.8 nautical miles.