



# ATLANTIC YACHT SALES

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# CHESTER RACE WEEK

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**Chester Yacht Club**  
Wednesday, August 13 – Saturday, August 16, 2025  
Chester, Nova Scotia, Canada

## SAILING INSTRUCTIONS



The notation '[NP]' in a rule of the sailing instructions (SI) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1.

## 1. RULES

- 1.1. The event is governed by the rules as defined in the *2025 – 2028 Racing Rules of Sailing*.
- 1.2. Sail Canada prescriptions can be found at [https://www.sailing.ca/wp-content/uploads/2025/03/Sail-Canada-Prescriptions-to-the-RRS-2025-2028\\_revfinal.pdf](https://www.sailing.ca/wp-content/uploads/2025/03/Sail-Canada-Prescriptions-to-the-RRS-2025-2028_revfinal.pdf)
- 1.3. For handicap fleets the current PHRF-NS regulations as administered by Sail Nova Scotia will apply.

## 2. CHANGES TO SAILING INSTRUCTIONS

- 2.1. Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

## 3. COMMUNICATIONS WITH COMPETITORS

- 3.1. Notices to competitors will be posted on the official notice board located at <https://www.yachtscoring.com/emenu/50001>. On a best effort basis, the Chester Yacht Club notice board will be used as a courtesy.
- 3.2. The Race Office is on the second floor of the Chester Yacht Club.
- 3.3. On the water, the race committee intends to monitor and communicate with competitors on VHF radio channels as stated in Addendum A.
- 3.4. [DP][NP] From the first warning signal until the end of the last race of the day, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

## 4. [DP] CODE OF CONDUCT

- 4.1. Competitors and support persons shall comply with reasonable requests from race officials.

## 5. SIGNALS MADE ASHORE

- 5.1. Signals made ashore will be displayed at the Chester Yacht Club signal mast on the water side of the clubhouse.
- 5.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in Race Signals AP.

## 6. SCHEDULE OF EVENTS

- 6.1. The competitor's briefing for Alpha (PHRF), Bravo (PHRF) and Charlie (One Design) circles shall occur at the Chester Yacht Club at 0900 on Wednesday, 13 August.
- 6.2. The competitor's briefing for Delta (Bluenose) circle and the Classics/Pursuit fleet shall occur at the Chester Yacht Club at 1030 on Wednesday, 13 August.
- 6.3. The scheduled and possible total number of races and races per day for each fleet is stated in Addendum A.
- 6.4. The race committee may run one extra race on a day provided that it does not get more than one race ahead of schedule and does not exceed the number of total races scheduled for the event.

- 6.5. The scheduled time of the warning signal for the first race each day is stated in Addendum A.
- 6.6. To alert boats that a race will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.
- 6.7. Except for the Bluenose fleet, on the last scheduled day of racing no warning signal will be made after 1530.
- 6.8. For the Bluenose fleet, on the last scheduled day of racing no warning signal will be made after 1600.

## 7. CLASS FLAGS

- 7.1. Class flags are stated in Addendum A.

## 8. RACING AREA

- 8.1. Racing areas are assigned to fleets as per Addendum A. Should a signal vessel station itself significantly away from the assigned starting area it will make continuous VHF broadcasts on the relevant channel before the first warning of the day stating their location.
- 8.2. SI Addendum C shows the location of the racing area(s).
- 8.3. The Pursuit starting and finishing areas will be north of Meiseners Island.

## 9. COURSES

- 9.1. If a windward/leeward course is assigned, the diagram(s) in SI Addendum B shows the courses, the order in which marks are to be passed, and the side on which each mark is to be left.
- 9.2. If a distance course is assigned, the signal boat shall indicate the course to be sailed on a course board located on or near her stern. The course will use either marks as described on the Chester Yacht Club Course Card provided in Addendum D, navigation buoys, or in some cases islands as found on CHS Charts 4381 and 4328. When a triangle with the letter 'Y' or 'O' inside of it appears on the official course board as a mark of the course, it shall indicate that the mark to be rounded is either a yellow (Y) or an orange (O) inflatable tetrahedron or Mark Set Bot. All marks of the course will be followed by either the letter 'P' indicating that the mark shall be left to port, or 'S' indicating that the mark shall be left to starboard.
- 9.3. The Bluenose class will sail an LA2 course configuration.
- 9.4. The Classics/Pursuit fleet will use "pursuit" style races and timed starts. Each boat will be assigned a unique starting time for each race based on its handicap rating. (GPS time will be used) Start times and the course will be emailed to competitors each day and will be available from the race committee boat via VHF on the appropriate VHF channel (SI Addendum A).

## 10. MARKS

- 10.1. The marks for each fleet are laid out in Addendum A.
- 10.2. For distance races marks may be moored navigational aids, moored club marks, laid inflatable marks or, in rare cases, islands as found on CHS Charts 4381 and 4328.
- 10.3. If a gate mark is missing or not laid, the remaining mark shall be rounded to port.
- 10.4. If an autonomous mark (bot) stops functioning, it shall be anchored in place or replaced with a suitable replacement mark.

10.5. When a robotic mark is used as a mark of the course, reasonable movement of a robotic mark will not be grounds for redress. This changes RRS 61.1(a); however, RRS 31 remains in effect. Such movements include those caused by windage, wind, a robotic mark returning to station after contact with a boat, and contact with a robotic mark that does not result in damage to either the boat or the robotic mark.

## 11. OBSTRUCTIONS

11.1. Mahone Bay and the surrounding waters have many dangerous areas which should be navigated with care. It is the responsibility of all competitors to familiarise themselves with the particular underwater features of the area and maintain safe navigation at all times.

## 12. THE START

12.1. The starting line is between a staff displaying an orange flag on the signal vessel at the starboard end and the course side of the start mark at the port end.

12.2. Boats whose warning signal has not been made shall stay at least 75m away from the start line, signal boat and start mark during the starting sequence for other fleets.

12.3. When RRS 29.1 applies, if any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to hail her sail number on the appropriate VHF channel (SI Addendum A). Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a redress for request. This changes RRS 61.1(a).

12.4. A boat that does not start within 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

12.5. For the Bluenose class the starting sequence will be postponed if the wind exceeds a 5-minute moving average of 18 knots.

12.6. For the Pursuit fleet, if a boat is on the course side of the start line at her start time, the individual recall flag will be flown and an attempt will be made to hail her sail number on the appropriate VHF channel (SI Addendum A). The recalled boat is required to return to the start side of the line and start again. No other signals will be made.

12.7. The Pursuit fleet will use GPS time as read from the Race Committee Boat's GPS.

## 13. CHANGE OF THE NEXT LEG OF THE COURSE

13.1. To change the next leg of the course for windward/leeward races, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

13.2. For LA Course configurations, if the new mark is used for the second or subsequent rounding of Mark 1, there will be no offset mark 1a.

13.3. For Alpha and Bravo circles (PHRF fleets), the Race Committee will announce any course change multiple times on the appropriate VHF channel. A Race Committee vessel will also attempt to signal the change accordingly and display the new course to be sailed on a white board located on the Race Committee vessel signalling the change. Failure of this vessel to display the course clearly shall not be grounds for redress. This changes RRS 33.

13.4. For Charlie circle (One Design), the autonomous marks may be moved up to 15 degrees with no change of course signal. The movement will be announced on the appropriate VHF channel. This changes RRS 33.

#### 14. THE FINISH

- 14.1. The finish line will be between a staff displaying a blue flag on the Signal boat and the course side of the finish mark off the starboard side of the Signal boat.
- 14.2. For One Design classes, including Bluenoses, if the race committee determines that the finishing order of some boats in a race is unlikely to change, it may use reasonable discretion to score those boats still racing points equal to their position in the race. This changes RRS A3, A4, and A5.2.

#### 15. PENALTY SYSTEM

- 15.1. For fleets racing on Charlie (One Design) and Delta (Bluenose) circles, RRS 44.1 is changed so that the Two-Turns Penalty is replaced by a One-Turn Penalty, except that if the breach is within the zone or a judge signals a penalty identifying a boat, it shall be a Two-Turns Penalty.
- 15.2. For the Bluenose class, direct judging as described in Addendum E will be in effect.
- 15.3. For fleets racing on Charlie (One Design) and Delta (Bluenose) circles a boat involved in a protest may accept a scoring penalty up until the start of their hearing. For fleets on Charlie (One Design) circle the penalty shall be 40%. For the fleet on Delta (Bluenose) circle the penalty shall be 30%.

#### 16. TIME LIMITS

- 16.1. The time limits are laid out in Addendum A.
- 16.2. If no boat has passed the first mark within the Mark 1 Time Limit, the race will be abandoned.

#### 17. HEARING REQUESTS

- 17.1. The protest time limit is 60 minutes after the Signal boat for that course returns to her berth. The time will be posted on the official notice board.
- 17.2. Protest forms are available at the protest desk located on the second floor of the clubhouse. Protests and requests for redress or reopening shall be delivered within the applicable time limit.
- 17.3. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held at the third floor of the Chester Yacht Club in the order posted on the official notice board.

#### 18. SCORING

- 18.1. One (1) race is required to be completed to constitute a series.
- 18.2. (a) When fewer than 5 races have been completed, a boat's series score is the total of her race scores.  
(b) When from 5 or more races have been completed, a boat's series score is the total of her race scores excluding her worst score.
- 18.3. All corrected times will be rounded to the nearest second.

#### 19. [DP][NP] SAFETY REGULATIONS

- 19.1. Check-In: All vessels shall check in with the RC signal boat on their course before the first race of the day by sailing past the stern of the signal vessel on Starboard tack hailing her class, sail number and number of persons aboard.
- 19.2. A boat that retires from a race or leaves a course area shall notify the race committee at the first reasonable opportunity.

20. [DP] REPLACEMENT OF CREW OR EQUIPMENT

20.1. Substitution of competitors is allowed. Crew must be registered on Yacht Scoring for tracking purposes.

21. OFFICIAL VESSELS

21.1. Official vessels may be identified by an RC Flag or J Flag.

22. TRASH DISPOSAL

22.1. Trash may be placed aboard official vessels.

23. [DP][NP] HAUL-OUT RESTRICTIONS

23.1. Boats shall not be hauled out during the event except with and according to the terms of prior written permission of the race committee.

24. [DP][NP] DIVING EQUIPMENT AND PLASTIC POOLS

24.1. Underwater breathing apparatus and plastic pools or their equivalent shall not be used around keelboats between the preparatory signal of the first race and the end of the last race of the event.

24.2. Keelboats shall not be cleaned below the waterline by any means from the warning signal of the first race until the finish of the last race.

25. RISK STATEMENT

25.1. RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue racing is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.

26. [NP] INSURANCE

26.1. Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$1,000,000 CDN per incident or the equivalent. The organizing authority does not accept any responsibility for verifying that a boat has valid third-party liability insurance.

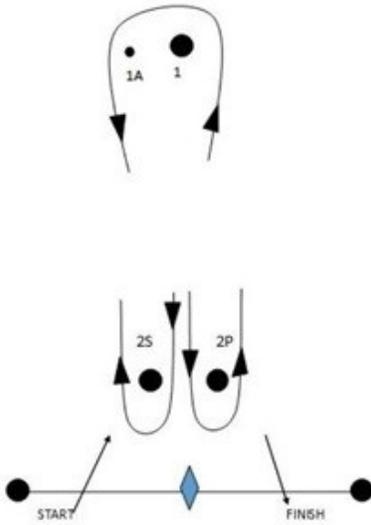
**ADDENDUM A – Fleet Information**

Circle	Fleet	Flag	VHF	First Warning	Races		
					Total	Per Day	Per Day Max
Alpha	PHRF-NS A 1	Green	69	1200	8	2	3
	PHRF-NS A 2	White			8	2	3
	J105	Blue					
Bravo	PHRF-NS B 1	Green	72	1200	8	2	3
	PHRF-NS B 2	Pink			8	2	3
	PHRF-NS B 3	White			8	2	3
	PHRF-NS B 4	Purple					
Charlie	Sonar	Sonar	71	1200	12	3	4
	Farr 30	Farr 30			12	3	4
Delta	Bluenose	Bluenose	74	1300	12	3	4
Pursuit	Pursuit A	Turquoise	73	1230	4	1	1
	Pursuit B	White					

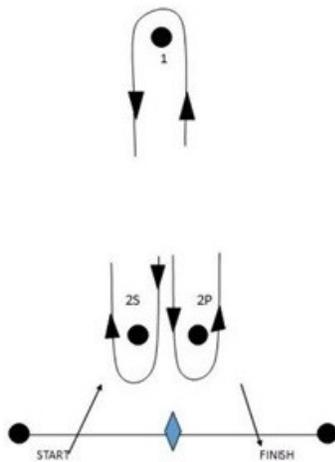
Circle	Fleet	Marks					
		Start	Finish	Mark 1	Mark 1a	Mark 2 P/S	Change
Alpha	PHRF-NS A 1	Pink Bot	Yellow Pin	Yellow Tet	Small Yellow Tet	Yellow Tets	Green Tet
	PHRF-NS A 2	"	"	"	"	"	"
	J105	"	"	"	"	"	"
Bravo	PHRF-NS B 1	Orange Tet	Yellow Pin	Yellow Tet	Small Green Tet	Yellow Tets	Green Tet
	PHRF-NS B 2	"	"	Orange Tet	"	"	Pink Tet
	PHRF-NS B 3	"	"	Orange Tet	"	"	Pink Tet
	J29	"	"	Yellow Tet	"	"	Green Tet
Charlie	Sonar	Blue Bot	Green Pin	Orange Bot		Yellow Tets	
	Farr 30	"	"	Yellow Bot		"	
Delta	Bluenose	RC Boat	Pink Tet	Yellow Tet	Small Yellow Tet	Yellow Tets	Orange Tet
Pursuit	Pursuit A	Yellow Tet	Yellow Tet				
	Pursuit B	"	"				

Circle	Fleet	Mark 1	Time Limits (W/L)			Time Limits (distance)	
			Race	Finish	Window	Target	Race
Alpha	PHRF-NS A 1 PHRF-NS A 2 J105	40 mins	2.5 hrs	20 mins	1.5 hrs	5 hrs	1.5 hrs
Bravo	PHRF-NS B 1 PHRF-NS B 2 PHRF-NS B 3 J29	40 mins	2.5 hrs	20 mins	1.5 hrs	5 hrs	1 hr
Charlie	Sonar Farr 30	30 mins	2 hrs	20 mins			
Delta	Bluenose	30 mins	1.5 hrs	20 mins	40 mins		
Pursuit	Pursuit A Pursuit B					1800 1800	

## ADDENDUM B – Windward/Leeward Courses



Course LA – Windward/Leeward with offset mark, Leeward Finish	
Signal	Mark Rounding Order
LA2	Start – 1 – 1A– 2s/2p – 1 – 1A - Finish
LA3	Start – 1 – 1A– 2s/2p – 1 – 1A– 2s/2p – 1 – 1A - Finish
LA4	Start – 1 – 1A– 2s/2p – 1 – 1A– 2s/2p – 1 – 1A– 2s/2p – 1 – 1A - Finish



Course L – Windward/Leeward, Leeward Finish	
Signal	Mark Rounding Order
L2	Start – 1 – 2s/2p – 1 - Finish
L3	Start – 1 – 2s/2p – 1 – 2s/2p – 1 - Finish
L4	Start – 1 – 2s/2p – 1 – 2s/2p – 1 – 2s/2p – 1 - Finish

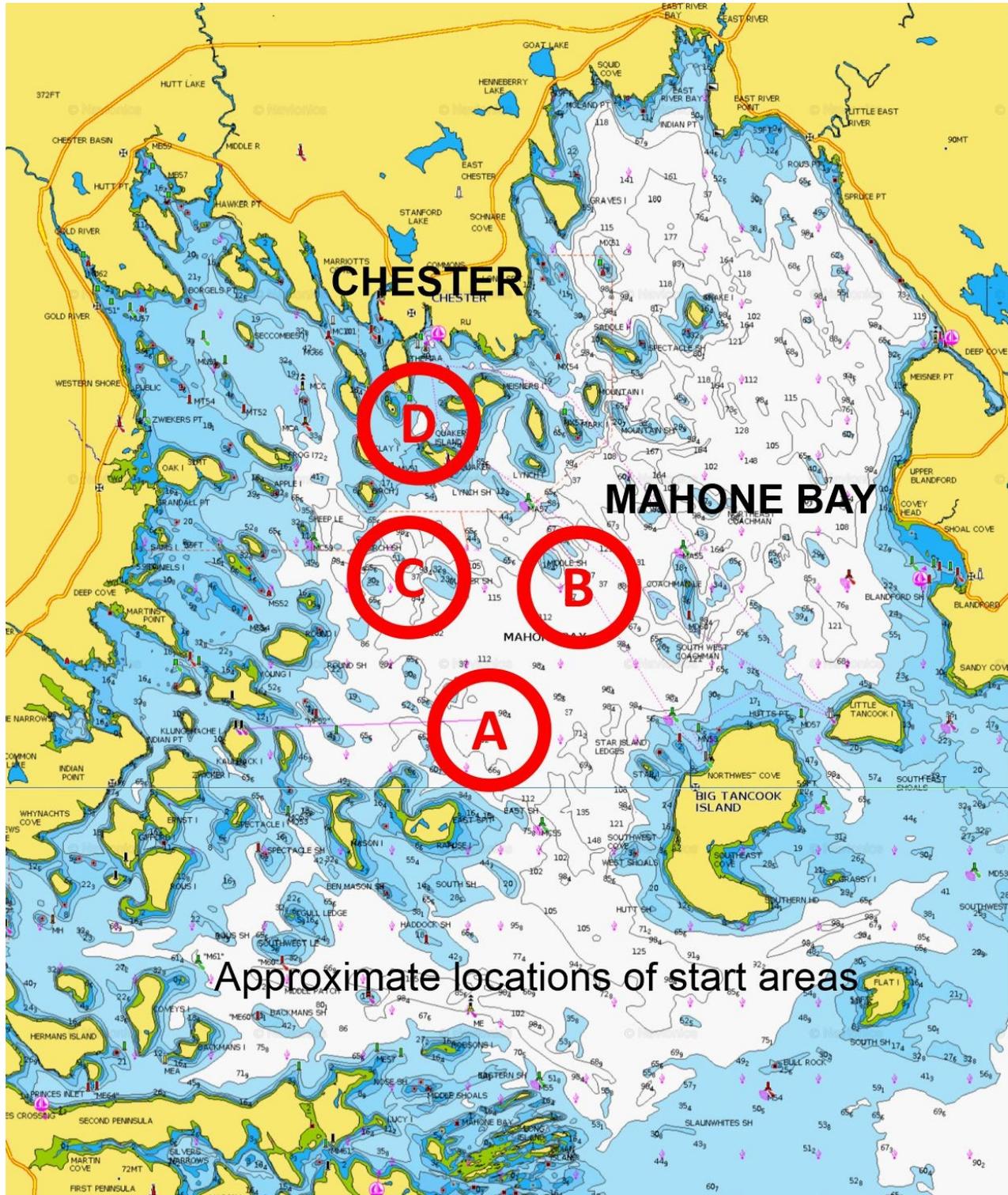
**ADDENDUM C - Race Areas**

**Area A - PHRF A**

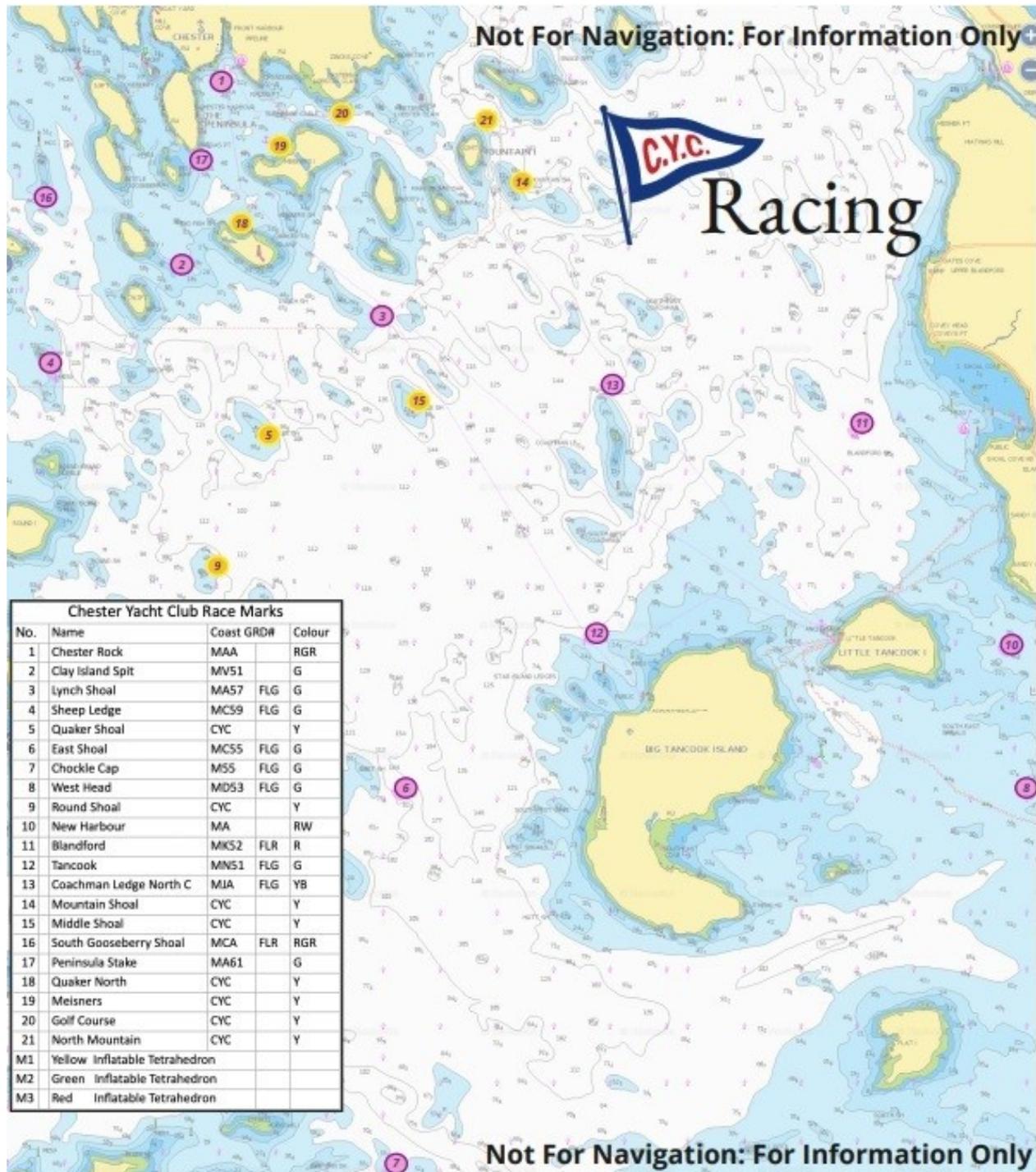
**Area B - PHRF B**

**Area C - One Design**

**Area D - Bluenose**



**ADDENDUM D – CYC Course Card**



Chester Yacht Club Race Marks			
No.	Name	Coast GRD#	Colour
1	Chester Rock	MAA	RGR
2	Clay Island Spit	MV51	G
3	Lynch Shoal	MA57	FLG G
4	Sheep Ledge	MC59	FLG G
5	Quaker Shoal	CYC	Y
6	East Shoal	MC55	FLG G
7	Chockle Cap	M55	FLG G
8	West Head	MD53	FLG G
9	Round Shoal	CYC	Y
10	New Harbour	MA	RW
11	Blandford	MK52	FLR R
12	Tancook	MNS1	FLG G
13	Coachman Ledge North C	MJA	FLG YB
14	Mountain Shoal	CYC	Y
15	Middle Shoal	CYC	Y
16	South Gooseberry Shoal	MCA	FLR RGR
17	Peninsula Stake	MA61	G
18	Quaker North	CYC	Y
19	Meisners	CYC	Y
20	Golf Course	CYC	Y
21	North Mountain	CYC	Y
M1	Yellow Inflatable Tetrahedron		
M2	Green Inflatable Tetrahedron		
M3	Red Inflatable Tetrahedron		

Round Shoal	N 44°28.742' W 64°14.516'	Quaker North	N 44°31.11' W 64°14.11'
Quaker Shoal	N 44°29.728' W 64°13.981'	Meisners	N 44°31.62' W 64°13.76'
Middle Shoal	N 44°29.827' W 64°12.491'	Golf Course	N 44°31.87' W 64°13.14'
Mountain Shoal	N 44°31.21' W 64°11.491'	Mountain Shoal	N 44°31.62' W 64°12.12'

## ADDENDUM E

### DIRECT JUDGING

- Bluenose class only -

#### NOTES

1. *These instructions do not prevent a boat from protesting another boat, nor do they negate a competitor's responsibility to adhere to the Basic Principles.*
2. *These instructions allow a judge in the course area to react if the judge observes an incident involving a rule of RRS Part 2, RRS 31, or specific class rules, and to penalize a boat that has not complied with RRS 44.1 – Taking a Penalty.*

#### E1 JUDGE ACTIONS ON THE WATER

##### E1.1 Protests by a boat

A boat may protest another boat in accordance with RRS 60. However, if a judge signals either a penalty as described in SI E1.2(a) or no penalty as described in SI E1.2(b), the protesting boat shall remove her protest flag and take no further action.

##### E1.2 Penalties initiated or signalled by the judge

- (a) [NP] When a judge decides that a boat has broken a rule of RRS Part 2 or RRS 31, the judge will make one sound signal, display a red flag and identify the boat by hailing. The identified boat shall take a penalty by complying with SI 15.1. If the boat does not take a penalty, she shall be disqualified without a hearing as provided by RRS 60.5(b)(3).
- (b) When a judge decides that no rule was broken in the incident, the judge will make one sound signal and display a green or a green and white flag.
- (c) When the judge did not see the incident, the judge will not signal and remain silent. The protesting boat may deliver a protest in accordance with RRS 60.3.
- (d) *Any action or non-action by a judge under SI E1.2(a), (b) or (c) shall not be grounds for a request for redress. Judge boats may be positioned anywhere in the course area and this positioning shall not be grounds for a request for redress. This changes RRS 61.4(b)(1).*