



IC37 National Championship

Newport, Rhode Island
July 18-20, 2025

SAILING INSTRUCTIONS incorporating AMENDMENT 1 (in red)

1 RULES

- 1.1 This regatta will be governed by the rules as defined in the *Racing Rules of Sailing* (RRS).
- 1.2 The IC37 Class Association (IC37CA) rules shall apply except as changed in the Notice of Race (NOR).
- 1.3 All competing boats shall carry a handheld VHF radio for safety purposes and race committee communication.
- 1.4 The US Sailing prescription to rule 63.1 is deleted. However, when redress under RRS 61.4(b) has been requested by one or more boats, the protest committee may invite all boats in that class to attend and be made parties to that hearing.
- 1.5 In accordance with IC37 CR H3.2, this event is classified as an A Regatta.
- 1.6 OA supplied Velocitek units must be installed as directed and turned on while racing.
- 1.7 RRS 60.4(a)(2) is replaced with “if it alleges a breach of a rule of Part 2 or rule 31 and is from a boat that was not involved in and did not see the incident, or”.

2 COMMUNICATION: NOTICES, ANNOUNCEMENTS, VHF CHANNELS

- 2.1 Notices to competitors will be posted on the online Official Notice Board on the event website at <https://nyyc.org/2025-ic37-nationals> and may also be posted on the Notice board located at the New York Yacht Club Sailing Center.
- 2.2 Any change to the sailing instructions will be posted before 0900 hours on the day it will take effect, except that any change to the schedule of races will be posted by 2000 hours on the day before it will take effect.
- 2.3 In addition to the signals made in SI 3.3, the Race Committee will confirm the rendezvous location as described in SI 6 ~~at 0900~~ **two hours before the scheduled first warning** over VHF Channel 72. The failure to make this announcement or for a boat to hear this announcement will not be grounds for a boat to request redress. This changes RRS 61.4(b)

3 SIGNALS MADE ASHORE

- 3.1 Flag signals will be flown from the western yardarm of the flagpole at Harbour Court.
- 3.2 When flag AP is displayed ashore, “1 minute” is replaced with “not less than 60 minutes” in race signal AP. This changes RRS Race Signals.
- 3.3 Signals designating the rendezvous location will be displayed ~~at 0900~~ **two hours before the scheduled first warning** each race day from the flagpole at Harbour Court.

4 SCHEDULE OF EVENTS

4.1	Date	Time	Event
	Friday, July 11	1600-1800	Crew Weigh-Ins (NYYC Sailing Center)
	Wednesday, July 16	1600-1900	Crew Weigh-Ins (NYYC Sailing Center)
	Thursday, July 17	0800-1100	Crew Weigh-ins (NYYC Sailing Center)
		1600-1800	Registration at NYYC Sailing Center
		1500-2000	Crew Weigh-ins (NYYC Sailing Center)
	Friday, July 18	0730-0830	Late Registration and Crew Weigh-ins (NYYC Sailing Center)
		1000	First Warning Signal
		1800/1900	Regatta Cocktails and Dinner

Saturday, July 19	0800-0900	Crew Weigh-ins (NYYC Sailing Center; crew changes only)
	1100	First Warning Signal
	After Racing	Post-Race Social
Sunday, July 20	0800-0900	Crew Weigh-ins (NYYC Sailing Center; crew changes only)
	1100	First Warning Signal
	After Racing	Post-Race Social Prize Giving at NYYC

- 4.2 When more than one race will be held on the same day, the warning signal for each succeeding race will be made as soon as practicable.
- 4.3 **Eight races are scheduled.** Up to four races may be run on Friday and Saturday. Up to three races may be run on Sunday. **This changes IC37CR-H.3.2**
- 4.4 On the **last scheduled day** of the regatta, the **initial** warning signal for the final race will not be made after 1500 hours.

5 CLASS FLAG

The class flag will be a white flag with the IC37 logo.

6 RENDEZVOUS

- 6.1 Circle rendezvous locations are listed below and will be designated as described in SI 2.3 and SI 3.3. See SI Addendum A – NYYC Primary Race Areas.

Rhode Island Sound:

- Area “A” -in the vicinity of 160° M for 1.2 NM from R “2” QR Whistle marking Brenton Point **North of Newport Bridge:**

- Area “R” -in the vicinity of 200° from 0.5 NM from Halfway Rock
- Area “T” -in the vicinity of Hope Island off Quonset Point

- 6.2 Once on station, the Race Committee may announce the lat/long positions of the signal vessel and starting mark over VHF 72. Failure to make such an announcement, or the timing of any announcement, shall not be grounds for a boat to request redress. **This changes RRS 61.4(b)**

7 CHECK-IN AND RETIREMENT

- 7.1 **Check-in on Land:** Each yacht shall check in at the registration desk at the NYYC Sailing Center at Harbour Court during the registration times so designated in the notice of race.
- 7.2 **Check-in on Water:** Prior to the warning signal for the first race each day, each boat shall check in with the Race Committee signal vessel in their rendezvous area by passing astern and announcing her sail number orally.
- 7.3 Boats retiring shall inform the Race Committee on VHF channel 72 or by calling the NYYC Sailing Office at (401) 845-9633 as soon as reasonably possible.

8 THE COURSES

- 8.1 The diagrams in Addendum B show the courses, including the approximate angles between legs, the order in which marks are to be passed and the side on which each mark is to be left.
- 8.2 No later than the warning signal for each race, the Race Committee will display on a board the course to be sailed and the approximate compass bearing and distance of the first leg.
- 8.3 Mark 2s/2p is a gate. In the event one of the gate marks is missing, the single remaining mark shall be rounded to port.
- 8.4 Mark 1a is an offset mark adjacent to mark 1.
- 8.5 A limit mark will be set 5-8 boat lengths to leeward of mark 1. The limit mark shall be passed to port on both the upwind and the downwind legs. However, in Course 5, the limit mark may be passed on either side on the final upwind leg approaching the finish line. The location of the limit mark or the failure of the Race Committee to set the limit mark shall not be grounds for a boat to request redress. **This changes RRS 61.4(b).**

9 MARKS

- 9.1 Original marks 1, 1A and 2S/2P will be yellow inflatables.
- 9.2 The limit mark will be a pink inflatable buoy. During a change of course, as provided in SI 11, the limit mark will remain pink.
- 9.3 The starting mark will either be an anchored Race Committee vessel displaying an orange flag or a green inflatable buoy displaying an orange flag.
- 9.4 The finishing mark will be a green inflatable buoy ~~displaying an orange flag.~~
- 9.5 New marks, as provided in SI 11, will be yellow inflatables.

10 THE START

- 10.1 **Starting System and OCS notification:** The Race Committee intends to utilize the Velocitek system for all race starts to provide a digital representation of the starting line and to identify OCS boats and notify them via digital signals to each boat's Velocitek unit. If the Race Committee determines that the system will not be used, they will display Flag G prior to the warning signal (see SI 10.3).
- 10.2 **Velocitek Starting System**
- (a) The starting line will be a digital representation of the line between a staff displaying an orange flag on the starboard end signal vessel and a staff displaying an orange flag on the port-end starting mark.
 - (b) When Velocitek is used, in addition to the race signals in RRS 29, individual OCS boats will be notified digitally via their Velocitek unit. Boats identified as OCS will also be notified digitally via their Velocitek unit upon returning to the pre-start side of the starting line. There will be no VHF hails. Failure of this equipment will not be grounds for a boat to request redress. This changes RRS 61.4(b).
- 10.3 **Flag G Starting System**
- (a) The starting line will be between a staff displaying an orange flag on the starboard end signal vessel and a staff displaying an orange flag on the port-end starting mark.
 - (b) The Race Committee will endeavor to hail boats observed to be OCS at the start on VHF 72 as a courtesy. Failure of the hailing equipment, failure to hear a hail, delay in hailing or the order in which hails are given will not be grounds for a boat to request redress. This changes RRS 61.4(b).
- 10.4 A boat starting later than five minutes after the starting signal will be scored DNS. This changes RRS A5.1 and A5.2.

11 CHANGE OF THE NEXT LEG OF THE COURSE

- 11.1 To change the next leg of the course, the Race Committee will move the original mark (or move the finishing line to a new position).
- 11.2 The Race Committee may change the course by up to five (5) degrees in bearing and/or 0.2 nm in length without a signal or change of mark color. This changes RRS 33.

12 THE FINISH

- 12.1 The finishing line will be between a staff displaying a blue flag on a Race Committee vessel and ~~a staff displaying an orange flag on a~~ the course side of the finishing mark.
- 12.2 The Race Committee vessel that starts a race may not be the same one that finishes it.

13 PENALTY SYSTEM

- 13.1 The first sentence of RRS 44.1 is changed to read: "A boat may take a One-Turn Penalty when she may have broken one or more rules of Part 2 in an incident while *racing*."
- 13.2 The protest committee may impose penalties less than disqualification (DPI) for breaches of the class rules and racing rules other than those of Part 2. This changes RRS 60.5(c).
- 13.3 A boat that has taken a penalty shall submit an online penalty acknowledgement form no later than the protest time limit.

14 TIME LIMITS

- 14.1 The time limit for the first boat to *sail the course* and *finish* will be two and a half (2.5) hours from the starting signal.
- 14.2 If no boat has passed the first windward mark 45 minutes after the starting signal, the race shall be abandoned.

- 14.3** The Finishing Window is the time for boats to finish after the first boat sails the course and finishes. The Finishing Window is 20 minutes. Boats starting but failing to sail the course within the Finishing Window, and not subsequently retiring, penalized or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place two more than the finishing place of the last boat that sailed the course within the Finishing Window and was not penalized under RRS 30.3 or 30.4. This changes RRS 35, A5.1, A5.2 and A10.

15 PROTESTS AND REQUESTS FOR REDRESS

- 15.1** Hearing Request forms shall be submitted electronically to the Protest Committee within one hour of the docking time of the Race Committee signal vessel after the last race of the day. This time will be posted on the online Official Protest Committee Notice Board on the event webpage and may also be posted in the courtyard of the Sailing Center.
- 15.2** Notices will be posted as soon as possible to inform competitors of hearings in which they are parties. Hearings will take place at the NYYC Sailing Center as soon as possible after the notices are posted. The Protest Committee will attempt to schedule hearings in the order of receipt. Representatives of boats who are parties to a hearing and their witnesses, if any, shall remain on call in the vicinity of the protest rooms.
- 15.3** Notices of protests by the Race Committee, Technical Committee or the Protest Committee will be posted within the protest time limit on the online Official Protest Committee Notice Board and may also be posted in the courtyard of the Sailing Center to inform boats under RRS 60.2(d).
- 15.4** When a boat has been involved in an incident that may be subject to protest, it is her responsibility to check the protest notices at the end of the protest filing time to see if she is cited in a protest. Failure of any boat to appear when called for a hearing will be considered by the Protest Committee as grounds for proceeding under RRS 63.1(b).
- 15.5** Breaches of SI 7, SI 17 and SI 20 will not be grounds for protest by a boat. This changes RRS 60.1.
- 15.6** On the last scheduled day of racing, a request for redress based on a protest committee decision shall be submitted electronically through the event website to the Protest Committee no later than 30 minutes after the decision was posted. This changes RRS 61.2(b).
- 15.7** On the last scheduled day of racing, if no races are held, a hearing request for redress or reopening a hearing shall submitted electronically within one hour after racing has been abandoned ashore or on the water. This changes RRS 61.2(b) and RRS 63.7(b).

16 SCORING

- 16.1** One race is required to be completed to constitute a series.
- 16.2** When fewer than six races have been completed, a boat's series score will be the total of her race scores. When six or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

17 SUPPORT PERSONS AND BOATS

IC37 Class Rule H.4 applies.

18 PRIZES

- 18.1** Overall series trophies will be awarded to the top five (5) finishers.
- 18.2** The IC37 Corinthian Trophy will be awarded to the top finishing all-Corinthian boat.
- 18.3** Other trophies may be awarded at the discretion of the Organizing Authority.

19 MEDIA WAIVER AND DISCLAIMER OF LIABILITY

- 19.1** As a condition of entry, each owner, skipper and individual participating crew member shall submit an online Waiver and Release of Liability Form. The fully executed Liability and Media Waiver form shall be submitted prior to racing. The link to the waiver can be found on the regatta [website](#).

19.2 Media Waiver – Competitors and crew members on the competing boats grant, at no cost, the New York Yacht Club Regatta Association, Inc., New York Yacht Club, and any official sponsors of the regatta, the absolute right and permission to use their name, voice, image, likeness, biographical material as well as representations of the boats in any media worldwide (being television, print and internet media), including video footage, for the sole purposes of advertising, promoting, reporting and disseminating information regarding the IC37 National Championship and the participants in the IC37 National Championship.

19.3 Competitors participate in the regatta entirely at their own risk. All skippers and crew should familiarize themselves with RRS 3, Decision to Race. The Organizing Authority and all its Committee members will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

20 SAFETY REGULATIONS

20.1 Restricted Channels: Competitors are reminded that Narragansett Bay and its approaches are considered restricted channels for commercial traffic and other vessels restricted in their ability to maneuver. Competitors must comply with the government right-of-way rules when in proximity to commercial or privileged marine traffic.

20.2 Newport Security Zone: In the event there is racing in Narragansett Bay, competitors should be aware of heightened security around the Navy base in Newport just to the north of the Newport Jamestown Bridge. The area may be defined by a series of white buoys marking the Newport Security Zone along the coast of the Naval Facilities from Coasters Harbor to the breakwater at the north end of Coddington Cove and the line defined by the buoys shall rank as an obstruction. Yachts shall not enter this area. A Navy patrol boat monitors the area and vessels navigating in the Exclusionary Zone may face action by Coast Guard and Naval authorities.

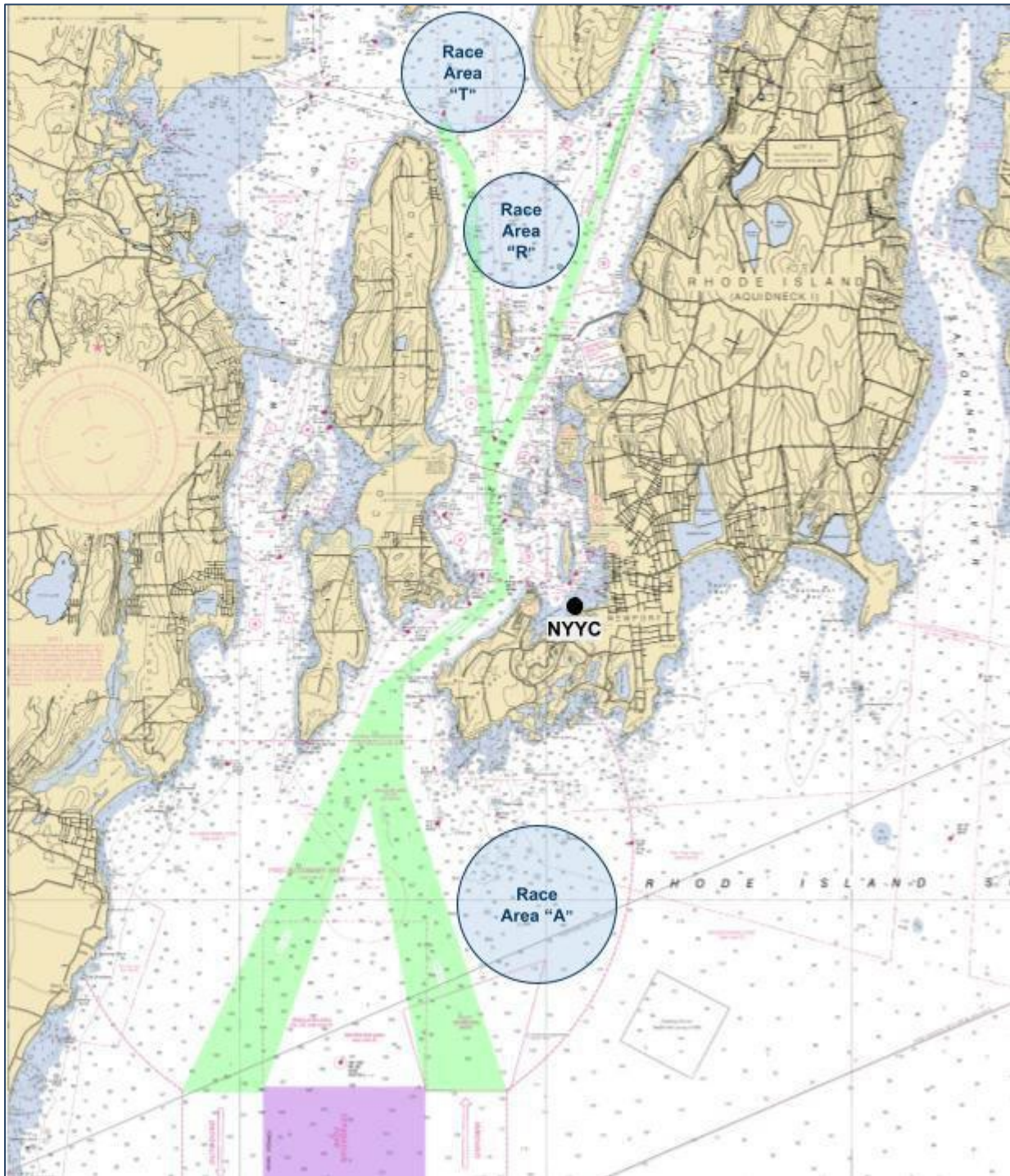
20.3 Additional Restricted Areas: There may be additional restricted areas due to Navy activity, shipping or fishing operations that may be described in an amendment to the sailing instructions.

21 NOTES

21.1 The event website can be found at <https://nyyc.org/2025-ic37-nationals>.

21.2 For further information please contact:
New York Yacht Club, Harbour Court
5 Halidon Avenue, Newport, RI 02840
Tel: 401-845-9633 || Fax: 401-846-3303
Email: sailingoffice@nyyc.org

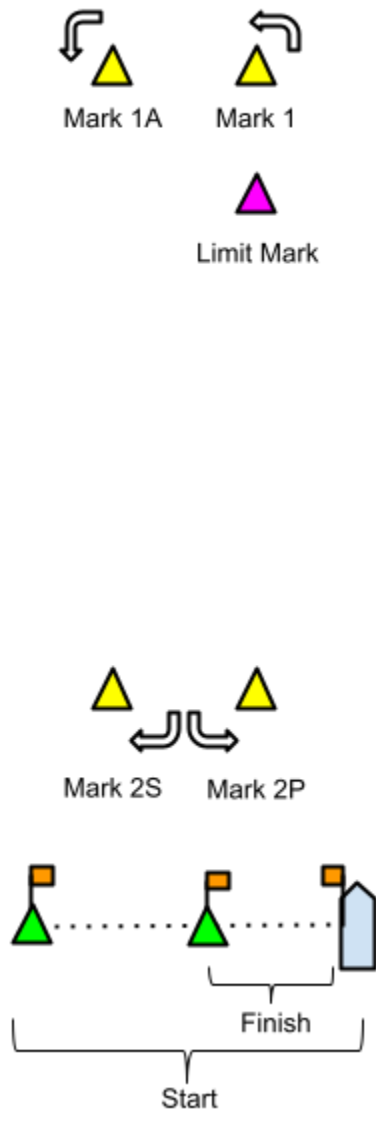
SI ADDENDUM A – PRIMARY RACE AREAS



SI ADDENDUM B – COURSE DIAGRAMS

Course 4	Start – 1p – 1Ap – 2 – 1p – 1Ap – Finish (downwind)
Course 5	Start – 1p – 1Ap – 2 – 1p – 1Ap – 2 – Finish (upwind)

COURSE 4



COURSE 5

