

10th RUNNING OF THE AROUND THE ISLAND RACE

A Circumnavigation of Prince Edward Island

July 30 – August 2, 2026

**Organizing Authority – Prince Edward Island Boating Festival in
partnership with the Charlottetown Yacht Club**

SAILING INSTRUCTIONS

1. RULES

- 1.1 Subject to the exemptions provided herein and the Notice of Race, the race will be governed by the rules as defined in *The Racing Rules of Sailing* 2025-2026 (RRS), the prescriptions of Sail Canada and the 2024-2025 World Sailing Offshore Special Regulations.
- 1.2 If there is a conflict between the Sailing Instructions (SI) and the Notice of Race (NOR), the SI will take precedence.
- 1.3 PHRF entries shall compete with the equipment that is in compliance with their current PHRF certificate.

2. NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the official notice board(s) located online on the Yacht Score event page and the Charlottetown Yacht Club (CYC).

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the sailing instructions will be posted before 0700 on the day it will take effect.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed at the CYC.

5. SCHEDULE OF RACE

- 5.1 Date of racing: Thursday July 30, 2026 – 0855 hrs – Warning signal Charlottetown Harbour.

6. RACING AREA

- 6.1 Charlottetown Harbour, Hillsborough Bay, Northumberland Strait and Gulf of St. Lawrence.

7. THE COURSE

7.1 The course will be posted by the RC within 48 hours of the first warning (or as soon as it may be practicable) and shall be one of the following two courses:

CLOCKWISE COURSE

- (a) **START:** Between the **YELLOW** pin mark south of CYC to the signal flag post at the CYC.
- (b) Honour all **RED** harbour bouys leaving the Charlottetown Harbour being **RED C14**, **RED C12**, and **RED C8**.
- (c) **Blockhouse GREEN C7** to Starboard [Flashing 4sec, Green Pillar].
- (d) **Spithead GREEN C5** to Starboard [Quick Flashing 1sec, Green Pillar].
- (e) **St. Peters Island SOUTH CARDINAL CJA** to Starboard [Quick (3) Flashing 10sec interval, Yellow-Black Cardinal Pillar]
- (f) **Tryon Shoals RED N14** to Starboard [Flashing 4sec interval, Red Spar].
- (g) **West Point Reef RED D8** to Starboard [Flashing 4sec interval, Whistle buoy, Red Pillar].
- (h) **North Cape NORTH CARDINAL DS** to Starboard [Quick Flashing 1sec interval, Black-Yellow Cardinal Pillar].
- (i) **East Point EAST CARDINAL NDN** to Starboard [Quick (3) Flashing 10sec interval, Black-Yellow-Black Cardinal Pillar].
Note: The impact of the convergence of tides at East point cannot be overstated. It is ill advised to underestimate this portion of the course.
- (j) **Cape Bear EAST CARDINAL NN** to Starboard [Quick (3) Flashing 10sec interval, Black-Yellow-Black Cardinal Pillar].
- (k) **South of Indian Rocks Shoal** [unlit, unmarked] located SW of Wood Islands Harbour (boats must not pass the shoal to the north). Take caution as the Indian Rocks shoal is dry at low tide. The RED N8 does not form part of the course.
- (l) **Point Prim RED C2** to Starboard [Quick Flashing 1sec interval, Red Pillar, Groaner buoy].
- (m) **Fitzroy Rock RED C4** to Starboard [Flashing 4sec interval, Red Pillar, Bell buoy].
- (n) **Spithead GREEN C5** to Port [Quick Flashing 1sec interval].
- (o) **Blockhouse GREEN C7** to Port [Flashing 4 sec interval].
- (p) Honour all **RED** harbour bouys entering the Charlottetown Harbour being **RED C8**, **RED C12**, and **RED C14**.
- (q) **FINISH:** Between the **YELLOW** pin mark south of CYC to the signal flag post at the CYC.

COUNTER-CLOCKWISE COURSE

- (a) **START:** Between the **YELLOW** pin mark south of CYC to the signal flag post at the CYC.
- (b) Honour all **RED** harbour bouys leaving the Charlottetown Harbour being **RED C14**, **RED C12**, and **RED C8**.
- (c) **Blockhouse GREEN C7** to Starboard [Flashing 4sec, Green Pillar].
- (d) **Spithead GREEN C5** to Starboard [Quick Flashing 1sec, Green Pillar].
- (e) **Fitzroy Rock RED C4** to Port [Flashing 4sec interval, Red Pillar, Bell buoy].
- (f) **Point Prim RED C2** to Port [Quick Flashing 1sec interval, Red Pillar, Groaner buoy].
- (g) **South of Indian Rocks Shoal** [unlit, unmarked] located SW of Wood Islands Harbour (boats must **not** pass the shoal to the north). Take caution as the Indian Rocks shoal is dry at low tide. The RED N8 does **not** form part of the course.
- (h) **Cape Bear EAST CARDINAL NN** to Port [Quick (3) Flashing 10sec interval, Black-Yellow-Black Cardinal Pillar].
- (i) **East Point EAST CARDINAL NDN** to Port [Quick (3) Flashing 10sec interval, Black-Yellow-Black Cardinal Pillar].
Note: The impact of the convergence of tides at East point cannot be overstated. It is ill advised to underestimate this portion of the course.
- (j) **North Cape NORTH CARDINAL DS** to Port [Quick Flashing 1sec interval, Black-Yellow Cardinal Pillar].
- (k) **West Point Reef RED D8** to Port [Flashing 4sec interval, Whistle buoy, Red Pillar].
- (l) **Tryon Shoals RED N14** to Port [Flashing 4sec interval, Red Spar].
- (m) **St. Peters Island SOUTH CARDINAL CJA** to Port [Quick (3) Flashing 10sec interval, Yellow-Black Cardinal Pillar].
- (n) **Spithead GREEN C5** to Port [Quick Flashing 1sec interval].
- (o) **Blockhouse GREEN C7** to Port [Flashing 4 sec interval].
- (p) Honour all **RED** harbour bouys entering the Charlottetown Harbour being **RED C8**, **RED C12**, and **RED C14**.
- (q) **FINISH:** Between the **YELLOW** pin mark south of CYC to the signal flag post at the CYC.

8. AREAS THAT ARE OBSTRUCTIONS

8.1 The following areas are designated as obstructions:

- (a) Confederation Bridge pillars;
- (b) Indian Rocks Shoal; and
- (c) Set commercial fishing gear.

9. THE START

9.1 Monitor VHF 68 for starter's instructions. Audible signals may be augmented by flag signals at option of starter.

- (a) Three horn blasts to warn of less than one minute to start sequence.
- (b) One horn blast for the 5 minute warning signal.
- (c) One horn blast for the 4 minute preparatory signal.
- (d) One horn blast for the 1 minute signal.
- (e) One horn blast for the start signal.

9.2 One horn blast will signal individual recall. Two horn blasts will signal a general recall.

10. THE FINISH

10.1 The finishing line will be between the CYC signal flag and the yellow pin end mark located south of CYC. NOTE: The finishing line may, at the opinion of the Race Committee, be shortened should conditions necessitate.

10.2 If the race committee is absent when a boat finishes (monitoring 68), she should report her finishing time, and her position in relation to nearby boats, to the race committee at the first reasonable opportunity.

11. TIME LIMITS

11.1 There shall be no time limits although boats approaching the finish line after dusk are asked to hail the race committee on channel 68.

12. PROTESTS AND REQUESTS FOR REDRESS

12.1 Protest forms are available at the race office [located at CYC]. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

12.2 For each class, the protest time limit is 90 minutes after the last boat of that class has finished.

12.3 Notices will be posted as soon as reasonably practicable to inform competitors of hearings in which they are parties or named as witnesses.

12.4 Decisions of the protest committee will be final as provided in RRS 70.5.

13. RETIRING BOATS

13.1 A boat that retires from the race shall notify the race committee as soon as possible.

14. ENGINES

14.1 A boat shall not run its engine while racing with the exception of the following circumstances:

- (a) A boat may run its engine if it is absolutely necessary to generate electrical power in order to maintain navigation and communication systems. A boat in this circumstance shall note same in the boat's log and report to the race committee. An engine in this circumstance may only be operated in neutral.
- (b) A boat experiencing an emergency or assisting another boat with an emergency may use its engine if required to respond to, or address, the emergency. A boat in this circumstance shall note same in the boat's log and report to the race committee. A boat resuming racing shall return to the point at which it engaged its engine and, if possible, maintain records of same in its navigational system.

15. COMMUNICATIONS WHILE RACING

15.1 Boats are to communicate with Race Committee twice daily at or about 0900 and 2100 hrs advising general status of vessel and crew, weather conditions and location.

15.2 Race Committee will relay Government of Canada Marine Weather warnings via text as forecasted.

16. DISCLAIMER OF LIABILITY

16.1 Competitors participate in the race entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the race.

17. INSURANCE

17.1 Each participating boat shall be insured with valid third-party liability insurance with a **minimum** cover of \$1,000,000 per incident or the equivalent.

East Point Tidal Coverage Area

