



LONG POINT RACE WEEK

SAILING INSTRUCTIONS

AUGUST 22-24, 2025



1 RULES

- 1.1. The regatta shall be governed by the *rules* as defined by the Racing Rules of Sailing (RRS), including US Sailing Prescriptions, and the United States Safety Equipment Requirements (USSER) for a Nearshore race, as modified by the OA and outlined in Addendum A of the Notice of Race.
- 1.2. Breaches of instructions which are annotated [NP] will not be grounds for a protest by a boat. This changes rule 60.1(a). If the jury concludes that a boat has broken one of these rules, or rule 55, it may impose a penalty other than disqualification. In these cases, the discretionary penalty, if less than disqualification, will be represented by the scoring abbreviation "DPI". The penalty imposed by the jury in such case constitutes the "other penalty" in the first sentence of rule 64.1.
- 1.3. ALTERATIONS OF THE RULES
 - 1.3.1. RRS 44.1 and 44.2 is modified so that only one turn, including one tack and one gybe, is required.
 - 1.3.2. RRS 51, Movable Ballast is modified to allow the movement of sails not in use while racing; however any sails not being flown must remain within a boat's lifelines.
 - 1.3.3. RRS 51, Movable Ballast, and RRS 52 Manual Power are modified to allow the positioning of movable ballast by power on boats as designed and as rated by the RA. All movable ballast systems shall be capable of manual operation if powered systems are inoperable.
 - 1.3.4. RRS 52 is modified to allow power and stored energy for sail hoisting, trimming, and adjustment of running rigging for boats rated with those systems by RA.
 - 1.3.5. With respect to RRS 41 – Outside Help, attention is drawn to USSA Question 93 from the US Sailing Appeals Committee. This interpretation clarifies the application of RRS 41 and governs competitor's actions during the race.
 - 1.3.6. RRS 56.2 is changed. Appendix TS, Version 1, Section A applies to the following TSS Los Angeles Long Beach Southern Approach and Los Angeles Long Beach Precautionary Area. Appendix TSS is available on the Notice Board. Boats shall monitor VHF channel 14 while they are transiting the TSS and respond promptly when hailed.
 - 1.3.7. For the purposes of RRS 47 - Trash Disposal, there will be no penalty for losing biodegradable sail stops overboard used to set sails in a safe and controlled manner.
 - 1.3.8. US Sailing prescriptions to RRS 63.2 and 63.4 are deleted.

2. NOTICES TO COMPETITORS

- 2.1. No competitors' meeting is scheduled. Questions regarding the sailing instructions can be submitted in writing via email to sailing@balboayachtclub.com and jess.gerry@nhycstaff.org by Thursday, August 21 at 1700.

- 2.2. The official notice board will be located at:
 Online at www.balboayachtclub.com & www.nhyc.org

Physical (Duplicate) Notice Board

Whites Cove, Catalina Island	Friday (8/22/25) 1600hrs – Saturday (8/23/25) 1300hrs
Moonstone Cove, Catalina Island	Saturday (8/23/25) 1600hrs – Sunday (8/24/25) 1300hrs

- 2.3. The race committee will notify competitors of the starting areas for Race 2 on VHF channel 69 on Saturday August 23rd at 1100.

3. CHANGES IN THE SAILING INSTRUCTIONS

Any change in the sailing instructions will be posted on the official notice board before 0930 on the day it will take effect; except that any change in the schedule of races will be posted by 2000 on the day before it will take effect.

4. SCHEDULE OF RACES

Race No.	Day	Date	Race Name	1 st Warning Signal
1	Friday	August 22, 2025	Newport Beach to Long Point	1300
2	Saturday	August 23, 2025	Ship Rock Race	1300
3	Sunday	August 24, 2025	Long Point to Newport Beach	1300

5. COURSES

- Line 1: Santa Ana River Jetty (approximately, N 33°37.3' W 117°58.5')
- Line 2: White's Cove (approximately, N 33° 23.9' W 118° 21.7')
- Line 3: Empire Landing (approximately, N 33° 25.9' W 118° 26.6')
- Line 4: Long Point at approximately ½ nm East of Long Point (approximately, N 33° 24.4' W 118° 21.4')
- Line 5 Newport Pier (approximately, N 33° 36.4' W 117° 56.1')

Race No.	Course
1	Santa Ana River Jetty (Line 1) - to Finish White's Cove (Line 2)
2	Empire Landing (Line 3) or Long Point (Line 4), take Ship Rock to port, Finish Long Point (Line 4)
3	Start White's Cove (Line 2) or Long Point (Line 4) at Race Committee's discretion - to Finish Newport Pier (Line 5).

NOTE

Races 1 & 3 transit a Traffic Separation Scheme. The race committee calls special attention to the RRS Preamble to Part 2 and RRS 56.2, as changed herein. The IRPCAS rule 10 referenced in RRS 56.2 can be found at: <https://www.navcen.uscg.gov/?pageName=NavRulesAmalgamated#rule10>. Additional information regarding the San Pedro VTC can be found at: <https://mxsocal.org/assets/pdf/vts-user-manual-210331.pdf>.

6. ON THE WATER CHECK-IN

- 6.1. The Race Committee intends to be on station beginning at 1215.
- 6.2. A boat will be required to check in via radio no later than fifteen (15) minutes before her scheduled warning signal and be in the starting area.

6.3. Boats shall check in via **VHF Channel 63**. A boat must announce her name, sail number and number of crew on board and be acknowledged by the RC. Boats who fail to check in will be scored DNS without a hearing. This changes RRS A5.

7. MARKS

7.1. The starting marks for Race 1 and finishing *marks* for Race 3 will be red inflatable cones.

7.2. The finishing marks for Race 1, starting and finishing marks for Race 2 and starting marks for Race 3 will be either autonomous MarkSetBots or red inflatable cones. See also SI 13.4.

7.3. The RC signal boat will be the BYC owned Defiant, a white Grand Banks 36, for the start of Race 1 and the finish of Race 3. The RC signal boat for the finish of Race 1 and start and finish of Race 2 will be NHYC owned *Albert Soiland*, a white Wesmac 42. The RC Signal boat for the start of Race 3 will either be *Albert Soiland* or *Grace a Grand Banks* 46.

8. THE START

8.1. Races will be started using RRS 26.

8.2. The starting line will be between a *mark* or an orange flag near or attached to the RC signal boat on one end of the line and the course side of the nearby starting *mark* at the other end of the line.

Division	Class Flag	Time of Warning
PHRF E	Code Flag 5	1300
PHRF D	Code Flag 4	1305
PHRF C	Code Flag 3	1310
PHRF B	Code Flag 2	1315
PHRF A	Code Flag 1	1320

9. INDIVIDUAL RECALL

As a courtesy, the RC will attempt to hail OCS boats on **VHF Channel 69**. Failure to execute this hail or failure to receive it shall not relieve a boat of her sole obligation to start properly, nor shall it constitute an improper action or omission of RC under RRS 62.1(a).

10. THE FINISH

The finishing line will be between a *mark* or a blue flag near or attached to the RC signal boat on one end of the line and the course side of the nearby finishing *mark* at the other end of the line.

11. TIME LIMIT

11.1. The time limit for the first boat for all races will be 1900 hours on the same day as the start of a that race.

11.2. Boats failing to finish any race by 1930 hours on a particular race day will be scored Did Not Finish (DNF). This changes rules 35 and A4.

12. RETIREMENT

A boat that retires from a race is asked to notify a Race Committee boat before leaving the race area. The RC will monitor **VHF Channel 69**. If that is impossible, then immediately after arriving ashore, the competitor shall notify BYC at 949-673-3515 x 133 or a regatta representative in Catalina.

13. PROTESTS

13.1. All protests must be submitted in writing to the protest desk adjacent to the official notice board (see SI 2). Protest forms must be submitted no later than sixty (60) minutes after the RC signal boat returns to her mooring in Catalina or dock on the mainland. That time will be posted.

13.2. All hearings will be held Sunday afternoon (8/24) at BYC.

- 13.3 It is the responsibility of each boat involved to have its representative and witnesses available sixty (60) minutes after the RC signal boat returns to her dock on the mainland.(this was suggested to emphasize the PC won't wait for a boat to dock at Cabrillo and then drive to CdM)..
- 13.4 Routine movement of autonomous marks will not be grounds for redress. This includes minor readjustments, marks returning to station after having been pushed away by a competitor, and collisions with marks that are not actively marks of the course presuming these collisions do not cause damage. This changes RRS and NOR.

14. SCORING

- 14.1. One race is required to be completed to constitute a series.
- 14.2. A boat's series score will be the total of her races' scores.

Race No.	Rating (BASE)	TCF
1	RLC	$=575/(575+Rating)$
2	RLC or OWC	$=565/(565+Rating)$
3	OWC	$=525/(525+Rating)$

- 14.3. For ORR entrants, a boat's corrected time will be calculated using the time on time scoring method. The TCFs for each race will be calculated the morning of each race by the US Sailing Offshore Office using Expedition routing software, each boat's ORR rated polar performance data and weather data from HRRR grid weather forecast files. TCFs will be emailed to ORR entrants by 1100 each day and posted on the online notice board. For Race 2, different TCF's will be calculated for use if the start is at Long Point or Empire Landing.
- 14.4.

15. TROPHIES

The principal trophy for the overall PHRF class will be the Long Point Perpetual Trophy. Daily first trophies for each PHRF division and the ORR class will be recognized Friday and Saturday ashore after racing at 1930 hours. Trophies for the top three (3) boats in PHRF divisions A, B, C & D, the top two (2) boats in PHRF division E, and the top three (3) boats in the ORR class will be awarded, approximately 90 minutes after the last boat finishes race 3, at Balboa Yacht Club.

16. DISCLAIMER

Sailing is an activity that has an inherent risk of damage and injury. Competitors in this race participate entirely at their own risk. See RRS 3, Decision to Race. The race organizers (OA, Ratings Authority, Race Committee, Protest Committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this race. By participating in this race, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

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