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INTERCOLLEGIATE OFFSHORE REGATTA

SAILING INSTRUCTIONS

Organized by The Storm Trysail Club; hosted by Larchmont Yacht Club
Financially supported by the Storm Trysail Foundation

OCTOBER 10, 11, and 12, 2025
LARCHMONT YACHT CLUB, LARCHMONT, NY.

The notation [NP] in a rule means that a boat may not protest another boat for breaking that rule. This modifies rule 60.1

1. RULES

- 1.1. The regatta will be governed by the rules as defined in The Racing Rules of Sailing (2025-2028), except as may be modified by the Notice of Race or the Sailing Instructions.
- 1.2. Appendix V, Alternative Penalties, Rule V2 will apply.
- 1.3. Appendix T, Arbitration will apply as changed. At the end of T4, Arbitration Meeting Outcomes, add (c) If a protest is not withdrawn after arbitration, the arbitrator will not be a member of the jury that hears the protest but will be permitted to observe the testimony presented and offer evidence. This modifies RRS 63.4(b).
- 1.4. Class rules do not apply in this regatta. However, sprits should only be extended in anticipation of setting the spinnaker and should be retracted as soon as possible after rounding the leeward mark. RRS 87 is deleted in this instance.
- 1.5. RRS 40.1 "Personal Flotation Devices" shall be worn at all times while racing.
- 1.6. RRS 90.3(e) shall apply, except that "24 hours" is replaced with "72 hours."
- 1.7. RRS 60.4(a)(2) is changed as follows: "if it alleges a breach of a rule of Part 2 or rule 31 and is from a boat that was not involved in, and did not see, the incident, or"

2. COMMUNICATIONS WITH COMPETITORS

- 2.1. Notices to competitors will be posted on the official bulletin board on [Yacht Scoring](#). Courtesy copies may also be posted on the Veranda at the Larchmont Yacht Club.
- 2.2. The regatta VHF channel will be racing circle dependent and will be confirmed at the skippers meeting at 0900 on Saturday, October 11. Boats shall monitor their channel at all times while on the water. A hand-held VHF radio as a back-up is recommended.
- 2.3. Signals made ashore will be displayed on the main flagpole at Larchmont Yacht Club.
- 2.4. In the event of a postponement (flag AP), "1 Minute" is replaced with "not less than 60 minutes" in race signal AP.

3. CHANGES TO THE SAILING INSTRUCTIONS

- 3.1. Any change to the sailing instructions will be posted on the official bulletin board by 0800 on the day it will take effect, except that any change in the schedule of races will be posted by 2000 on the day before it will take effect.

4. SCHEDULE OF EVENTS/RACES

- 4.1. It is the intention of the Race Committee to conduct as many races as practical in the prevailing conditions up to a maximum of seven races.
- 4.2. Flag A displayed with no sound while boats are finishing means "No more racing today." The Race Committee will also announce this on the assigned circle VHF channel.
- 4.3. The completion of one race will constitute the series.
- 4.4. Unless provided in advance with an exemption by the Race Committee, crews shall participate in a practice session and on-board safety briefing on Friday afternoon, from 1200 to 1700.
- 4.5. The schedule of events/racing is as follows:

Friday, October 10	Saturday, October 11	Sunday, October 12
1130: Practice begins	0700: Registration	0930: First Warning

1700: Registration opens 0900: Skippers' Meeting 1400: No Warning after this time
1830: Registration closes 1100: First Signal

5. CLASS FLAG

- 5.1. Class flags will be the numeral pennant for the class number indicated on the scratch sheet.
- 5.2. (NP) Each boat shall fly its class flag from the backstay.

6. RACING AREA

- 6.1. The racing areas will be in Western Long Island Sound southeasterly of Larchmont Harbor. A chart of the area will be provided.
- 6.2. It is the intention of the Race Committee to run two separate 'circles', i.e., two separate racing areas that will be defined in the scratch sheet on [Yacht Scoring](#)

7. THE COURSES

- 7.1. The courses will be windward/leeward with an offset mark per the Course Diagrams in Appendix A
- 7.2. The Race Committee will display the course for each class and the bearing and range to the windward mark. It will also announce this information on the assigned circle VHF channel.
- 7.3. The Race Committee may set a gate for the leeward mark for courses 1, 2 and 3. If no gate is set, leave the leeward mark to port.
- 7.4. In the event of a course change, the Race Committee will endeavor to reset the Offset Mark. Should no offset be set, yachts shall continue directly from the windward mark to the leeward mark.

8. MARKS

- 8.1. The start mark at the port end, the windward mark, and the finish mark will be tetrahedrons.
- 8.2. The leeward mark/gate will be a different color tetrahedron from the Start/finish marks
- 8.3. In the event of a course change, the new mark will be a different color inflatable mark. In the event of a subsequent course change, an original mark will be used.
- 8.4. The offset mark will be an orange ball set approximately 50 yards from the weather mark.
- 8.5. The Race Committee may drop a "keep-away" mark off the stern of the Committee Boat. This mark should be considered part of the Committee Boat for the purpose of Rule 31.

9. CHECK-IN

- 9.1. (NP) Prior to the first scheduled Warning Signal each day, boats shall sail on starboard tack, or motor by, the stern of the signal boat and check in by hailing their sail number and the number of souls aboard, until they receive acknowledgement from the race committee. Boats with mainsail numbers that do not match their sail numbers on the scratch sheet shall bring this to the attention of the signal boat at check-in. Sail numbers must be easily visible. To allow official announcements to proceed on schedule, there will be no check-in by VHF.

10. THE START

- 10.1. Races will be started in accordance with RRS 26. The Race Committee may elect to run rolling starts and will notify the competitors prior to the warning signal.
- 10.2. Classes will start in the order in which their class flags are displayed which MAY NOT be in numerical order. The Race Committee will announce the order of the starts on the assigned circle VHF channel.
- 10.3. The starting line will be between the course side of the starting mark and a staff displaying an orange flag on the signal boat.
- 10.4. Windward mark position will be displayed on the signal boat prior to the preparatory warning and will include: the course, the degrees magnetic of and distance to, the windward mark.
- 10.5. Boats whose warning signal has not been made shall keep clear of the starting line and boats starting.
- 10.6. In the event of a wind shift during the starting sequence, the Race Committee may, after a postponement and before starting another sequence, hoist Flag "C" with a series of short horn blasts. This will indicate a change in the direction of the first windward leg which will be posted on the signal boat. Classes starting after Flag "C" is flown will sail to a change mark (see SI 8.3) as their windward mark. The Race Committee will announce this change on the assigned circle VHF channel.

11. RECALLS

- 11.1. The Race Committee will endeavor to hail boats observed to be OCS at the start over the VHF channel.
- 11.2. Failure to hail, the timing or order of any such hails will not be grounds for a boat to request redress. This modifies RRS 61.1(a) and RRS 61.4(b)(1)

12. THE FINISH

- 12.1. The finish line for course 2 will be between the course side of the finish mark and a staff displaying a blue flag on the starboard side of the signal boat.
- 12.2. For courses 1 and 3, the finish line will be between the course side of the windward mark and a staff displaying a blue flag on a nearby official boat.

13. TIME LIMIT

- 13.1. The time limit for the first boat in a class to sail the course and finish will be 90 minutes. Boats that do not finish within 30 minutes after the first boat in their class will be scored TLE. This modifies RRS 35 and Appendix A.

14. SCORING

- 14.1. Each boat's series score will be the total of her race scores. This modifies RRS Appendix A2.1
- 14.2. Boats scored TLE (Time Limit Expired) will receive points equal to the number of boats that finished within the time limit plus two (2), but in no case will a boat be scored worse than DNF.
- 14.3. The overall series winner, across all fleets, will be determined by calculating the lowest winning percentage value of the class winners. Lowest winning percentage is calculated by dividing a boat's low point score (the sum of all races finishing position) by the total number of boats in the fleet minus 1 summed over all races, multiplied by 100. In the case where two boats have the same low point percentage value, the tie will be awarded based on a comparison of individual race results in accordance with RRS A8.
- 14.4. PHRF classes will be scored "time on time" using PHRF W/L ratings. In the event that Flag "K" is flown, the Race Committee will use the boat's non-spin W/L rating for that race. The OA may adjust the PHRF ratings as it deems appropriate and equitable.
- 14.5. One race will constitute the series. In the event that only one race is completed, the overall trophies will not be awarded.

15. PENALTY SYSTEM

- 15.1. The Scoring Penalty, Rule 44.3 will apply.
- 15.2. Boats taking a scoring penalty shall notify the Race Committee on the assigned circle VHF channel at the completion of the race.

16. PROTESTS

- 16.1. Boats intending to file a protest shall notify the Race Committee on the assigned circle VHF channel at the completion of the race and provide the sail number of the protested boat(s).
- 16.2. Protest forms are available at the LYC front desk. Completed protest forms shall be delivered to the protest desk located on the second floor of the Clubhouse within the protest time limit, which is 90 minutes after the last boat in its circle finishes. This time limit and a list of protests will be posted on the official bulletin board. Protests will be heard as soon as possible in the approximate order in which they are received. Protest results will be posted on the official bulletin board and [Yacht Scoring](#).
- 16.3. On the last day of the regatta, the time limit for reopening a hearing or requesting redress is one hour after the decision is announced or the protest time limit, whichever is later. This modifies RRS 61.2(b) and RRS 63.7(b).

17. SAFETY REGULATIONS

- 17.1. A yacht that retires from a race shall immediately notify the Race Committee on the assigned circle VHF channel.

18. CREW

- 18.1. The number of crew for a boat will be the same throughout the regatta unless a change is authorized by the Race Committee.
- 18.2. No crew substitutions are allowed unless approved by the OA by emailing no later than 0800 of the day of racing to matt@stormtrysail.org.
- 18.3. All crew members and Coaches must sign a Waiver of Liability.

19. SAIL SELECTION

- Sail selection will normally be left up to the sailors (with the advice of the owner or owner's representative). However:
- 19.1. In the event of sustained winds over 15 knots or gusts over 20 knots the Race Committee shall, at their discretion, inform the fleet that no spinnakers will be used over the assigned circle VHF channel and by flying code flag "K" from the main flagpole at Larchmont Yacht Club and/or the signal boat. If flown from the flagpole at Larchmont Yacht Club, it will also be displayed by the signal boat(s) before they leave the dock. No yacht shall set a spinnaker while Flag K is displayed, even while she is not racing. This adds to Race Signals.
 - 19.2. Flag J may be displayed from the signal boat. If so, a working Jib of 110% LP or less shall be used and the use of spinnakers shall be prohibited, even when a yacht is not racing. This adds to Race Signals.

20. COMMERCIAL TRAFFIC

20.1. Boats are cautioned to be on the lookout for and yield the right of way to commercial vessels, particularly those with limited ability to maneuver such as tugs and barges.

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Appendix A

Course Diagrams

