



2026 EYC OPEN  
2026 LYRA RACE WEEK  
NORTH AMERICAN DRAGON CHAMPIONSHIP

The Organizing Authority is the Etobicoke Yacht Club in conjunction with  
Lake Yacht Racing Association (LYRA)

Friday, August 28 – Sunday, August 30, 2026

Etobicoke Yacht Club  
Etobicoke, Ontario, Canada

## Course Racing Sailing Instructions

*The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1.*

### 1. Rules

- 1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing (RRS)*.

### 2. Changes to Sailing Instructions

- 2.1 Any change to the sailing instructions will be posted by 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 1900 on the day before it will take effect.
- 2.2 It is the responsibility of each boat to check the official notice board prior to each day of racing. Failure to do so shall not be grounds for redress. This changes RRS 61.4(b)(1).

### 3. Communication with Competitors

- 3.1 Notices to competitors will be posted on the Official Notice Board located online at [2026 EYC Open - LYRA Race Week - Course Racing](#).
- 3.2 See the applicable attachment for the VHF channel to be used for each course.

### 4. Signals Made Ashore

- 4.1 Signals made ashore will be displayed on the flagpole located on the lawn to the west of the EYC clubhouse.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP.

### 5. Schedule

#### 5.1

|  | Date | Time |  |
|--|------|------|--|
|--|------|------|--|

|                                        |                     |                     |                                                                                           |
|----------------------------------------|---------------------|---------------------|-------------------------------------------------------------------------------------------|
| One Design, PHRF and ORC Course Racing | Saturday, August 29 | 0800<br>1055<br>TBD | Continental breakfast in EYC clubhouse.<br>Warning signal for first race<br>Dinner at EYC |
| One Design, PHRF and ORC Course Racing | Sunday, August 30   | 0800<br>1055<br>TBD | Continental breakfast in EYC clubhouse.<br>Warning signal for first race<br>Awards        |

- 5.3 One Design and PHRF Course Races: A maximum of 4 races are scheduled on Saturday and a maximum of 3 races are scheduled on Sunday. For the 8 Metre class, a maximum of 3 races are scheduled for Saturday and a maximum of 2 races are scheduled on Sunday.
- 5.3 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.
- 5.4 On the last scheduled day of racing, no warning signal will be made after 1530 hours.

## 6. Attachments, Class Flags and Course Assignments

### 6.1

| Class    | Alpha Course<br>(PCYC Heron)<br><i>Attachment A</i> | BVI Pain Killer Race Course<br>(Bravo Course)<br>(EYC McKeon)<br><i>Attachment B</i> |
|----------|-----------------------------------------------------|--------------------------------------------------------------------------------------|
| Fast 30+ | Fast 30+ insignia on plain background               |                                                                                      |
| PHRF I   | Numeral Pennant 1                                   |                                                                                      |
| PHRF II  | Numeral Pennant 2                                   |                                                                                      |
| PHRF III | Numeral Pennant 3                                   |                                                                                      |
| PHRF NFS | Numeral Pennant 4                                   |                                                                                      |
| 8 Metre  |                                                     | 8 Metre insignia on plain background                                                 |
| J 105    |                                                     | Numeral Pennant 1                                                                    |
| J 80     |                                                     | Numeral Pennant 2                                                                    |
| Dragon   |                                                     | Numeral Pennant 3                                                                    |

## 7. Racing Area

- 7.1 The centre point of the ALPHA racing area will be located approximately 2 nautical miles, bearing 180 degrees magnetic from the lighthouse on the point to the east of the entrance to EYC basin.
- 7.2 The centre point of the BVI Painkiller Race Course (BRAVO) racing area will be located approximately 1.8 nautical miles, bearing 100 degrees magnetic from the lighthouse on the point to the east of the entrance to EYC basin.
- 7.3 The signal vessel for each course will be identified by the appropriate code flag (A or B). This signal may be removed just prior to the first race of each day.

## 8. Courses and Marks

- 8.1 See appropriate attachments for courses, mark descriptions, approximate angles between legs, the order in which the marks are to be rounded.

- 8.2 Some of the marks are autonomous; these marks will go back to their original position if they are dragged or otherwise moved off station. Routine movement of autonomous marks will not be grounds for redress. This includes minor readjustments and marks returning after having been pushed or dragged away by a competitor. This changes RRS 61.4(b).
- 8.3 The leeward gate may be replaced by a single mark; in this case the mark shall be left to port.

## 9. The Start

- 9.1 The starting line is between a staff displaying an orange flag of the signal vessel and the course side of the starting mark.
- 9.2 Boats whose starting signal has not been made shall avoid the starting area during the starting sequence for other races.
- 9.3 [DP][NP] A boat that does not start within 4 minutes of her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.
- 9.4 If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to hail her sail number or boat name. Failure to make an announcement, failure to hear the announcement or the order in which boats are announced shall not be grounds for redress. This changes RRS 61.4(b)(1).

## 10. Change of the Next Leg of the Course

- 10.1 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable.
- 10.2 When Mark 1/Mark 2 have been changed, Mark 1a/Mark 2a are no longer marks of the course. Mark 1a/2a will be removed as soon as practicable. This changes RRS 33.

## 11. The Finish

- 11.1 The finishing line is between the staff displaying the blue flag on the signal vessel and the course side of the finishing mark.

## 12. Time Limits and Target Times

- 12.1 The Mark 1 Time Limit, Race Time Limit (see RRS 35) and the Finishing Window are shown in the table below.

|                   | 8 Metre     | All other boats |
|-------------------|-------------|-----------------|
| Mark 1 Time Limit | 35 minutes  | 30 minutes      |
| Race Time Limit   | 100 minutes | 90 minutes      |
| Finishing Window  | 20 minutes  | 20 minutes      |
| Target Time       | 75 minutes  | 60 minutes      |

- 12.2 If no boat has passed the first mark within the Mark 1 Time Limit, the race shall be abandoned.
- 12.3 The Finishing Window is the time limit for boats to finish after the first boat in their class sails the course. Boats failing to finish within the Finishing Window, and not subsequently retiring, penalized or given redress, will be scored Did Not Finish (DNF) without a hearing. This changes RRS 35, A5.1 and A5.2.
- 12.4 Failure to meet the Target Time will not be grounds for redress. This changes RRS 61.4(b)(1).

## 13. Hearing Requests

- 13.1 For each class, the protest time limit is 60 minutes after the last boat finishes the last race of the day on their course or the race committee signals no more racing today, whichever is later. The time will be posted on the official notice board.
- 13.2 Hearing request forms are available on line at [https://www.yachtscoring.com/race\\_forms/50584](https://www.yachtscoring.com/race_forms/50584) or from the race office at the EYC clubhouse.
- 13.3 Notices will be posted on the official notice board online at [https://www.yachtscoring.com/notice\\_board/50584](https://www.yachtscoring.com/notice_board/50584) no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Arbitration and protest hearings will be held as soon as possible after being posted. Hearings may be held on line using video conferencing or in-person in the protest room at the EYC clubhouse.

## Attachment A - ALPHA COURSE

### 1. Radio Communications

1.1 The applicable VHF channel for this course is 69.

### 2. Marks

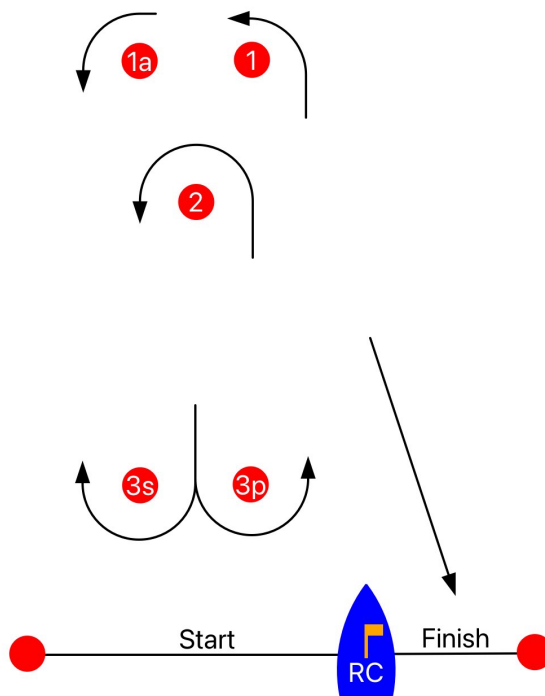
2.1

|                            | Mark Description  |
|----------------------------|-------------------|
| Start                      | Green inflatable  |
| Mark 1 and 1a              | Yellow inflatable |
| Mark 2                     | Orange inflatable |
| Gate (Mark 3s/3p)          | Yellow inflatable |
| Finish                     | Red inflatable    |
| Change Mark – Short course | Green inflatable  |
| Change Mark – Long course  | Red inflatable    |

### 3. Courses

3.1

| Class                     | Course to be Sailed                     |
|---------------------------|-----------------------------------------|
| Fast 30+, PHRF I, PHRF II | Start – 1 – 1a – 3p/3s – 1 -1a - Finish |
| PHRF III                  | Start – 2 - 3p/3s – 2 - Finish          |
| PHRF NFS                  | Start – 2 - Finish                      |



## Attachment B – BVI PAINKILLER RACE COURSE (BRAVO COURSE)

### 1. Radio Communications

1.1 The applicable VHF channel for this course is 08.

### 2. Marks

2.1

|                          | Mark Description  |
|--------------------------|-------------------|
| Start                    | Orange inflatable |
| Mark 1                   | Orange inflatable |
| Mark 2, 2a               | Yellow inflatable |
| Gate (Mark 3s/3p)        | Orange inflatable |
| Finish                   | Red inflatable    |
| Change Mark Long Course  | Green inflatable  |
| Change Mark Short Course | Red inflatable    |



### 3. Courses

| Class             | Course to be Sailed                                                            |
|-------------------|--------------------------------------------------------------------------------|
| 8 Metre           | Start – 1 - 3p/3s – 1 - Finish<br>Note: Boats shall not sail between 2 and 2a. |
| J105, J80, Dragon | Start – 2 - 2a - 3p/3s – 2 - 2a - Finish                                       |

