

2026 Freeman Cup Race

Sailing Instructions

AUGUST 28, 2026

Organizing Authority (OA) – Etobicoke Yacht Club, Toronto, Canada

In conjunction with Lake Yacht Racing Association (LYRA)

RACING



Amendment #1 (August 25, 2026)

The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1 .

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.

2 CHANGES TO THE SAILING INSTRUCTIONS

- 2.1 Any changes to the sailing instructions shall be posted before 0800 on the day it will take effect, except that any change to the schedule of the race will be posted by 2000 on the day before it will take effect.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors shall be posted on the official notice board at [2026 EYC Open - LYRA Race Week - Freeman Cup Race - Notice Board](#)
- 3.2 On the water the race committee intends to monitor and communicate with competitors via radio on VHF 08.
- 3.3 On race day, the race committee will broadcast on VHF channel 08 at 0830, 0900 and 0915, one of the following messages:
- (a) This is the Freeman Cup race committee. Today's race will start at "Mark ID"; or
- (b) This is the Freeman Cup race committee. Today's race is postponed. We will advise further at [time reference]; or
- (c) This is the Freeman Cup race committee. Today's race is cancelled.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the flagpole located on the lawn to the west of the EYC clubhouse.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP.

5 SCHEDULE

5.1

	Date	Time	
Freeman Cup Race	Friday, August 28	1000	Warning signal for first race

6 CLASS FLAGS

6.1

Class	
Fast 30+	Fast 30+ insignia on plain background
PHRF I	Numeral Pennant 1
PHRF II	Numeral Pennant 2
PHRF NFS	Numeral Pennant 3

7 THE COURSE

- 7.1 No later than the warning signal, the race committee signal vessel shall designate the course to be sailed.

8 MARKS

- 8.1 The following is a description of the marks and their abbreviations from which a course will be selected:

RACE MARK COORDINATES – See Attachment A

D Dufferin 'T' Toronto West Entrance Fairway [No. 513]
G Gibraltar Point 'TE18' red spar [No. 511]

43° 37.24' N 79° 25.22' W
43° 36.32' N 79° 23.50' W

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0	NYC Racing Mark 0 [PRIV] – white spar	43° 36.28' N	79° 24.90' W
1	MCC Racing Mark 1 [PRIV] – yellow spar with FOGH logo	43° 36.46' N	79° 27.98' W
2	NYC Racing Mark 2 [PRIV] – white spar	43° 35.56' N	79° 24.38' W
3	TS&CC Racing Mark 3 [PRIV] – white spar	43° 36.68' N	79° 26.61' W
5	MCC Racing Mark 5 [PRIV] – yellow spar with FOGH logo	43° 35.06' N	79° 27.28' W
6	Dropped Inflatable mark Position announced by race committee		
7	Toronto Outer Harbour Approach – 'T1' – green spar [No. 508]	43° 36.64' N	79° 21.01' W
9	MCC Racing Mark 9 [PRV] – yellow spar with FOGH logo	43° 35.76' N	79° 27.63' W

- 8.2 Any mark may be replaced by a temporary inflatable mark.
- 8.3 The starting mark may be any mark, excluding Mark 7.
- 8.4 The finishing mark will be the last mark of the course.
- 8.5 When a mark of the course is missing, boats shall round that mark's GPS coordinates.

9 THE START

- 9.1 The starting line is between a staff displaying an orange flag on the signal vessel and the course side of the starting mark.
- 9.2 [DP] Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 9.3 If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to hail her sail number or boat name. Failure to make an announcement, failure to hear the announcement or the order in which boats are announced shall not be grounds for redress. This changes RRS 61.1(a).

10 CHANGE OF THE NEXT LEG OF THE COURSE

- 10.1 The course will not be changed. This changes RRS 33.

11 THE FINISH

- 11.1 The finishing line is between a staff displaying a blue flag on the race committee vessel and the course side of the finishing mark.

12 TIME LIMITS

- 12.1 If no boat in a class finishes by 1600, the race for that class shall be abandoned. This changes RRS 35, A4 and A5.
- 12.2 Boats that fail to finish by 1600 will be scored Did Not Finish (DNF) without a hearing. This changes RRS 35, A4 and A5.

13 HEARING REQUESTS

- 13.1 For each class, the protest time limit is 30 minutes after the signal vessel has docked. The time will be posted on the official notice board.
- 13.2 Hearing request forms are available from https://yachtscoring.com/race_forms/50585 or from the race office at the EYC clubhouse.
- 13.3 Notices will be posted on the official notice board (https://yachtscoring.com/notice_board/50585) no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Arbitration and protest hearings will be held as soon as possible after being posted. Hearings may be held on line using video conferencing or in-person in the protest room at the EYC clubhouse.

14 SCORING

- 14.1 The scoring system of RRS Appendix A3 will be applied

15 SAFETY REGULATIONS

- 15.1 [DP][NP] A boat that retires from the race, or has checked-in but intends not to start, shall notify the race committee as soon as possible, by hail or by VHF radio.

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ATTACHMENT A



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Organizing Authority (OA) – Etobicoke Yacht Club, Toronto, Canada**In conjunction with Lake Yacht Racing Association (LYRA)****RACING****LEG DISTANCES (nautical miles) and MAGNETIC BEARINGS**

LEG	Distance	Bearing	LEG	Distance	Bearing	LEG	Distance	Bearing
DG	1.6	136	1D	2.2	79	5D	2.6	44
D0	1.0	177	1G	3.3	102	5G	3.0	75
D1	2.2	259	10	2.2	104	50	2.1	64
D2	1.8	170	12	2.8	119	51	1.5	350
D3	1.1	253	13	1.0	85	52	2.2	87
D5	2.6	224	15	1.5	170	53	1.7	26
D7	3.4	136	17	5.1	102	57	4.8	81
D9	2.3	240	19	0.7	170	59	0.7	350
GD	1.6	316	2D	1.8	350	7D	3.4	316
G0	1.0	278	2G	1.0	50	7G	1.8	270
G1	3.3	282	20	0.8	342	70	2.9	278
G2	1.0	230	21	2.8	299	71	5.1	282
G3	2.3	290	23	2.0	316	72	2.7	256
G5	3.0	255	25	2.2	267	73	4.1	290
G7	1.8	90	27	2.7	76	75	4.8	261
G9	3.1	269	29	2.4	285	79	4.9	270
0D	1.0	357	3D	1.1	73	9D	2.3	60
0G	1.0	98	3G	2.3	110	9G	3.1	89
01	2.2	284	30	1.3	119	90	2.0	85
02	0.8	162	31	1.0	265	91	0.7	350
03	1.3	299	32	2.0	136	92	2.4	105
05	2.1	244	35	1.7	206	93	1.2	47
07	2.9	98	37	4.1	110	95	0.7	170
09	2.0	265	39	1.2	227	97	4.9	90