



RACE TO KINGSTON

August 14 - 17, 2026
Mimico to Kingston

Sailing Instructions (SIs)

Version 1.00_21July2026

The Race to Kingston Organizing Committee, with Chair Bruce Pierce, shall represent Mimico Cruising Club (MCC) - www.MimicoCruisingClub.com - as the Organizing Authority (OA) of the Race to Kingston (R2K) 2026 Race.

The Registration & Race Document Web Site is:

<https://www.yachtscoring.com/emenu/50625>

The Official Notice Board is:

https://www.yachtscoring.com/notice_board/50625

SAILING INSTRUCTIONS

The notation '[DP]' in a rule in the Notice of Race (NoR), Sailing Instructions (SIs) or other additional document that is a rule means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.

The notation '[NP]' in a rule in the Notice of Race (NoR), Sailing Instructions (SIs) or other additional document that is a rule means that the penalty for a breach of that rule will not be grounds for a protest by a sailboat.

The Racing Rules of Sailing (RRS) 2025-2028 state that items, Rules and the Notice of Race do not have to be repeated in Sailing Instructions. Both the NoR and SIs describe the conduct of the event and need to be used jointly during the event.

1. RULES

- 1.1. See Notice of Race (NoR)

2. CHANGES TO SAILING INSTRUCTIONS

- 2.1. Any change to the Sailing Instructions will be posted on the Official Notice Board before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect. Further, the Race Committee may make changes to the SIs on the water. Such changes will be broadcast over VHF Channel 71

3. COMMUNICATIONS WITH COMPETITORS

- 3.1. Notices to competitors will be posted on the official notice board located at https://www.yachtscoring.com/notice_board/50625
- 3.2. The race office is located at the Race Office email and phone number:
 - 3.2.1. Email: R2K@mimicocruisingclub.com
 - 3.2.2. Phone Number: (416) 727-7259 (up to the start of the race)
- 3.3. [DP] Radio Communications
 - 3.3.1. Marine Channel 71 Canadian shall be used by the Race Committee for radio communication during the race
 - 3.3.2. Each sailboat shall monitor VHF Channel 71 from 30 minutes before her warning signal until one hour after her start, and from approximately one hour before finishing or 5NM from the Finish, whichever occurs later, until 30 minutes after finishing
 - 3.3.3. Sailboats are encouraged to talk to other sailboats in the race on Marine Channel 71 throughout the race
 - 3.3.4. Sailboats should monitor Marine Channel 16 at all times
 - 3.3.5. The Race Committee may make oral changes to the SIs on the water by the Race Committee broadcasting to competitors on VHF Channel 71

4. CODE OF CONDUCT

- 4.1. [DP] Competitors and support persons shall comply with reasonable requests from race officials
- 4.2. [DP] Competitors and support persons shall handle any equipment or place advertising provided by the Organizing Authority with care and seamanship, in

accordance with any instructions for its use and without interfering with its functionality

5. SIGNALS MADE ASHORE

- 5.1. Signals made ashore will be displayed on the main flagpole of the MCC
- 5.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in Race Signals AP

6. SCHEDULE OF RACES

- 6.1. The Attention signal will be at 0959 EDT, followed by the first Warning signal at 1000 Saturday, August 15, 2026
- 6.2. Classes, division, fleet splits and starting sequences (including class flags) for RRS 26, shall be made available no later than 2359 on Saturday, August 8, 2026, on the Official Notice Board. They may be published earlier. The assignment of participants to a division, fleet or class is subject to change

7. CLASS FLAGS

- 7.1. See 6.2 for class flags for RRS 26

8. RACING AREA

- 8.1. The event will occur on Lake Ontario

9. THE COURSE

- 9.1. **START:** The start will be using the MCC/EYC fixed marks (see MCC Mark Network posted under Documents and Forms)
- 9.2. **FINISH:** Between a **Blue** flag on the Race Committee Shore Station (located at the flagpole on the KYC Breakwall) and KYC fixed mark V (yellow club mark at: 44°13.220' N, 76°29.100' W)
- 9.3. The approximate distance is 145 NM

10. MARKS OF THE COURSE

- 10.1. None to mention

11. OBSTRUCTIONS & EXCLUSION ZONES

- 11.1. None to mention

12. THE START

- 12.1. Races will be started by using rule 26, with an interval of no more than five (5) minutes between a starting signal and the warning signal for the next start
- 12.2. The starting line will be between an MCC Course Mark and the halyard carrying an **ORANGE** flag on the Race Committee signal vessel
- 12.3. After the first warning signal and prior to her warning signal, a sailboat shall keep clear of the starting area that extends one-quarter of the length of the starting line ahead of and behind the starting line. It shall also extend one-quarter of the length of the starting line past each end of the starting line
- 12.4. Before the Attention Signal, all boats should report to the Race Committee on the course. This should be done by crossing past the transom of the Committee Boat, on starboard tack and having the Committee Boat, indicating an intention to race (eg: "O2 checking in..."). After the Attention Signal has sounded no boats shall enter the starting area for the purpose of checking in. The Race Committee will log your boat in during your division's start sequence. Check-in by VHF radio or cell phone will not be accepted.

- 12.5. [NP] Any sailboats starting within their time limit and if the Race Committee is no longer on station, shall radio the Race Committee on VHF Channel 71 when she is starting

13. THE FINISH

- 13.1. Between a Blue flag on the Race Committee Shore Station (located at the flagpole on the KYC Breakwall) and the KYC fixed mark V (yellow club mark at: 44°13.220' N, 76°29.100' W)
- 13.2. Each sailboat shall call/hail the Race Committee Shore Station approximately three (3) NM from the finish on VHF Channel 71. Sailboats are required to maintain radio contact with the shore station throughout the finish to ensure correct identification of the finishing sailboat, until 30 minutes after finishing, whether day or night. All boats shall record their finish time. When finishing between sunset and sunrise, all sailboats shall announce their sail numbers, immediately prior to finishing
- 13.3. [DP] Each sailboat shall, at time of finishing, take a photo of their chart plotter with the finishing time and location showing latitude and longitude.
- 13.4. After a sailboat has finished, the Race Committee may acknowledge the completion by providing the sailboat's finish time or other signal. This acknowledgement, the failure to make the acknowledgement or its order will not be grounds for a request for redress. This changes RRS 61.4 (b) (1)
- 13.5. The First to Finish boat needs to go immediately to the attenuator dock with the 3 flashing yellow lights on the West side of the club at KYC for a Line Honours flag presentation prior to mooring at Confederation Basin Marina.

14. PENALTY SYSTEM

- 14.1. The Scoring Penalty, RRS 44.3, applies

15. TIME LIMITS

- 15.1. The time limit will be 0900 EDT on Monday, August 17, 2026

16. HEARING REQUESTS

- 16.1. Protests shall be filed using the online submission feature available after logging into the Owner's Corner on the Race Document and Registration Website within one hour of a sailboat's finish
- 16.2. Notices of protests by the Race Committee or Protest Committee will be posted to inform boats under rule 60.2 (d) on the Official Notice Board
- 16.3. Protests will be heard no later than 1000 EDT, Monday, August 17, 2026 - either in person or virtually

17. SCORING

- 17.1. All PHRF boats will be scored with the PHRF-LO Time-on-Time scoring method, using P2P Ratings. This scoring system is a Low Point scoring system. Double Handed (DH) & Fully Crewed (FC) boats racing will be scored with boats in their own class based on the above

All ORC boats will be scored using ORC.

18. SAFETY REGULATIONS

- 18.1. [NP] Sailboats are encouraged to implement their own check-in process and with individuals ashore via phone, email or other mechanisms
- 18.2. A sailboat withdrawing from the race shall wear her ensign and keep clear of other competitors
- 18.3. [DP] The Race Committee shall be notified of a sailboat's withdrawal at the earliest possible opportunity on VHF Channel 71; then at the Race Office. email and phone number follow:
 - 18.3.1. Email: R2K@mimicocruisingclub.com
 - 18.3.2. Phone Number: (647) 376-7245 (during race weekend)
- 18.4. Sailboats may check in with the Race Committee at any time during the race to advise the Race Committee of their position at the Race Office using the above methods
- 18.5. Failure of a sailboat to make every reasonable effort, under the circumstances, to comply with SI 18.3 may result in protest by the Race Committee. The results of this hearing may be used by the Organizing Authority whether to accept future registrations by this sailboat or its owner
- 18.6. All sailboats racing shall be required to maintain a log of significant events, mark rounding, calls to the Coast Guard and engine on and off for charging only. This record must be submitted as per NoR
- 18.7. A competitor that expects not to finish by the stated time limit (0900 EDT on Monday, August 17) shall notify the Race Committee BEFORE 0900, of their location and status on VHF Channel 71, then at the Race Office
- 19. EQUIPMENT AND MEASUREMENT CHECKS**
 - 19.1. [NP] [DP] A sailboat may be inspected at any time from the Mandatory Participants Meeting until three hours after her finish. The Race Committee will conduct safety inspections on a percentage of boats once they are docked at Confederation Basin. A boat that fails to follow such directions, or that subsequently fails the inspection, may be protested by the Technical Committee.
 - 19.2. [DP] The sponsored R2K Back Stay Flag shall be flown from upon receipt at check-in, throughout the race and until after the Awards Ceremony
- 20. PRIZES**
 - 20.1. Prizes will be given as listed on the NoR
- 21. RISK STATEMENT**
 - 21.1. RR3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone'. By participating in this even each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in an increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes
- 22. INSURANCE**
 - 22.1. [DP] Each participating sailboat shall be insured with a valid third-party liability insurance policy with a minimum cover of \$2,000,000 CAD per event for

Canadian boats and an adequate level of third-party liability insurance applicable in Canadian and US waters for non-Canadian sailboats