



IDA LEWIS DISTANCE RACE SAILING INSTRUCTIONS

AUGUST 14–15, 2026

Organizing Authority: Ida Lewis Yacht Club

Rev. 7 – August 14, 2026 (Incorporates Amendment No. 1 and Amendment No. 2 to the Sailing Instructions)

Addendum 1 - Courses, as modified by Amendment No. 1 to the Sailing Instructions, is incorporated into and forms part of these Sailing Instructions.

ABBREVIATIONS

The following abbreviations apply to the Sailing Instructions:

PC: Protest Committee or International Jury

OA: Organizing Authority

[NP]: A competitor may not protest as per SI 1.9

RC: Race Committee

[DP]: A penalty for breaking this rule may be less than disqualification as per SI 1.10

1.0 RULES

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing.
- 1.2 All boats shall minimally comply with the U.S. Sailing Safety Equipment Requirements (SER) for U.S. Coastal Racing. A boat may not be protested for failing to comply with these Requirements except by the RC or PCs.
- 1.3 The current ORC Rules shall apply.
 - 1.3.1 ORC Rule 200.1 is changed as follows:
 - i. One additional crew under the age of 16 is permitted and shall not count against the crew or weight limit.
 - ii. Weighing in is not required. However, the skipper of a boat that is later protested for exceeding the maximum crew weights cited on the boat's certificate shall make all crew weights available prior to the protest hearing and will be required to certify the accuracy of the data.
- 1.4 For PHRF divisions - the current PHRF Regulations of the Narragansett Bay PHRF Association.
- 1.5 Rules 41(c), 44.3(c), 60.1, 60.5(b)(c), 63.1, 61.4(b), A5, A5.2 and Race Signals are changed.
- 1.6 The US Sailing Prescription to RRS 63.1 is deleted.
- 1.7 The OA has adopted *World Sailing Test Rule DR21-01* as described in the NOR.

- 1.8 The Cox Ledge wind farm has been designated an Obstruction. See Appendix A.
- 1.9 The notation '[NP]' in a rule of the Notice of Race or Sailing Instructions means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1.
- 1.10 The notation '[DP]' in a rule of the Notice of Race or Sailing Instructions means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.

2.0 COMMUNICATION

- 2.1 Notices to competitors will be posted on the online Official Notice Board on the Yacht Scoring Event Web Site.
- 2.2 The RC shall make announcements concerning postponements, courses, etc., on VHF Ch 79A. Failure of competitors to receive or hear such announcements will not be grounds for a boat to request redress. This changes RRS 61.4(b).
- 2.3 VHF CH 69 is for Check in and communicating with RC before your start when not in your starting sequence. All other RC communication will be on VHF Ch 79A
- 2.4 The Official ILDR Telephone number is 401-439-5942.
- 2.5 RRS 41(c) is replaced by: A boat shall not receive help from any outside source, except (c) help in the form of information, which is available on a public domain, free or by paid subscription. This shall include navigational, weather, tide or current information from any source which is readily available to all boats whether or not by payment of a fee or subscription, but shall not include information gathered or the subject of interpretation by, or any advice received from, any direct human input not on board the boat and which is specific to the boat and her situation. By way of an example and interpretation, any publicly offered Internet weather data, forecasts, or cloud routing service available to all competitors, whether on a subscription or free basis, is permitted. Permissible Internet-sourced weather data, forecasts, or cloud routing services accessed by a yacht while racing must be computer-generated and free from any direct human input from off the boat.

3.0 CHANGES TO THE SAILING INSTRUCTIONS

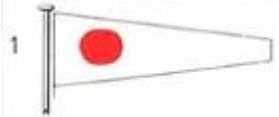
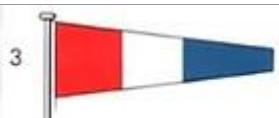
- 3.1 Any changes to the Sailing Instructions will be posted before 0800 hours on Friday, August 14, 2026.

4.0 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be flown from the yardarm of the flagpole at Ida Lewis Yacht Club.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced 'not less than one (1) hour' in Race Signals AP.

5.0 CLASSES AND CLASS FLAGS

5.1 The classes and their class flags are as follows:

CLASS NAME	CLASS NUMBER	CLASS FLAG DESCRIPTION	CLASS FLAG
ORC 1	ONE	Numeral Pennant One	
ORC 2	TWO	Numeral Pennant Two	
PHRF DH	THREE	Numeral Pennant Three	
ALOHA	FOUR	Numeral Pennant Four	
CORONET	FIVE	Numeral Pennant Five	
BAGHEERA	SIX	Numeral Pennant Six	

5.2 Each boat shall race and start in the class to which it is assigned.

5.3 [NP]: While racing, each boat shall display the numeral pennant for her respective class from her backstay approximately six (6) feet above the deck.

6.0 CHECK IN AND RETIREMENT

6.1 [NP]: Prior to the first warning signal, all boats shall check in with the RC by hailing the RC on VHF Ch. 69 with their sail numbers and number of souls on board. The RC shall affirmatively respond to confirm the check-in.

6.2 Boats retiring shall inform, at their earliest convenience, the RC by phoning 401-439-5942 as soon as possible.

7.0 COURSES: See Addendum 1 Courses

8.0 THE START

- 8.0 Classes will be started according to RRS 26.
- 8.1 The Warning for the first class will be at 1100, August 14, 2026.
- 8.2 The Class starting order:
1. ORC 1
 2. ORC 2
 3. PHRF DH
 4. Aloha
 5. Coronet
 6. Bagheera
- 8.3 There will be approximately a five (5) minute interval between Class starting sequences.
- 8.4 The starting line will be between a staff flying an orange flag on the RC Signal Boat anchored south of Rose Island in the East Passage of Narragansett Bay and the nearby race mark.
- 8.5 The starting race mark will be an orange tetrahedron or a Mark Set Bot (a self-propelled robotic buoy).
- 8.6 [NP] Boats whose warning signal has not been made shall keep clear of the starting area from the time of the course signals for the first start in the sequence until the warning signal for their class.
- 8.7 Any boat not starting within 10 minutes of their starting signal shall be scored DNS without a hearing. This changes RRS A5.
- 8.8 Advertising buoys may be anchored in the vicinity of the start and finish lines. These buoys are not considered marks of the course.

9.0 Recalls

- 9.1 Under World Sailing Test Rule DR21-01, the definition of *Start* is changed as follows:
Start: A boat *starts* when her hull having been entirely on the pre-start side of the starting line, and having complied with rule 30.1 if it applies, any part of her hull crosses the starting line from the pre-start side to the course side either
- a) *at or after her starting signal, or*
 - b) *during the last 60 seconds before her starting signal.*
- 9.2 When a boat starts in accordance with 9.1(b) of the definition of *Start*, she shall not return to the pre-start side of the line, and the starting penalty shall be 600 seconds added to her corrected time.
- 9.3 A boat that does not start in accordance with 9.1(a) or 9.1(b) has not started and shall be scored DNS without a hearing. The Race Committee will not notify such a boat by a recall flag, sound signal, or hailing on VHF.

10.0 THE FINISH

- 10.1 The finish shall be a line between G“3” Fl G 2.5 sec Bell South of Goat Island and a staff flying an orange flag (which will be illuminated at night) at the north end of the deck at Ida Lewis Yacht Club.
- 10.1.1 For ORC 1 boats, the finish line shall be between the staff flying an orange flag at the north end of the deck at Ida Lewis Yacht Club (as described in SI 10.1) and the western tower of the Claiborne Pell Newport Bridge, approximately 41° 30.3407' N, 071° 21.0930' W, bearing approximately 340° Magnetic from the flag staff.
- 10.2 A Mark of the course (yellow inflatable buoy) will be placed at approximately 41° 28.81 'N, 071° 19.61 'W (on the course side of the finish line).
- 10.2.1 This buoy, which shall be left to starboard, is a mark of the course, but NOT PART OF THE FINISH LINE.
- 10.2.2 If the RC observes that a boat has not left this mark on the correct side prior to crossing the finish line and does not correct the error, it shall score the boat NSC without a hearing; and the penalty shall be one hour added to the boat's corrected time. This changes RRS A5.2.
- 10.2.3 [DP]: If as a result of a valid protest hearing, the PC determines that a boat failed to honor this mark and sail the course correctly, the minimum penalty the PC shall assess is one hour added to the boat's corrected time. This changes RRS 60.5(c).
- 10.2.4 SI 10.2, including 10.2.1 through 10.2.3, does not apply to ORC 1 boats, which are not required to round this mark. This mark exists to keep boats clear of the harbor entrance; ORC 1 boats do not enter the harbor due to their size.
- 10.3 All boats, when they are abeam of Castle Hill Light approaching the finish, shall call the RC on VHF Ch 79A or via telephone 401-439-5942 and report their boat name, sail number and time. If reporting by telephone, information may be left on the race answering machine.
- 10.4 [NP]: At night, boats shall illuminate their sail numbers when approaching the finish line.
- 10.5 [NP]: Upon crossing and clearing the finish line, boats shall take their own finish time, and then continue along the East-West Fairway of Newport Harbor until they reach the ILDR Muster Area along the southern mooring field. See Appendix B. ILDR Muster Area will be designated by a large Orange Inflatable Mark. At that time, boats can safely reduce speed, sail and start auxiliary power, as necessary. Boats shall then hail RC mark boat(s) on VHF Ch. 79A, and direct them to come alongside in their preferred manner. [NP]: Boats will then deliver their completed, signed Declaration Sheet & Yellow Brick Transponder to that RC mark boat. Alternatively, boats may hail RC mark boat(s) on Ch. 79A to state the boat's name and declare their intention to deliver the completed, signed Declaration Sheet & Yellow Brick Transponder to the RC at the Finish Line Desk on the deck of the north side of the Ida Lewis Yacht Club within ONE (1) hour after finishing. Boats may then leave the Muster Area after verbal confirmation from the RC mark boat(s).
- 10.5.1 SI 10.5 applies to ORC 1 boats, except that ORC 1 boats are not required to proceed to the ILDR Muster Area. ORC 1 boats are still required to take their own finish time upon crossing and clearing their finish line, and shall hail the RC on VHF Ch. 79A to arrange delivery of their completed, signed Declaration Sheet and Yellow Brick Transponder to the RC at the Finish Line Desk on the deck of the north side of the Ida Lewis Yacht Club within one (1) hour after finishing.

- 10.6 Boats shall complete and sign a declaration that they have sailed the race in accordance with the Rules; and shall deliver it to the RC on the RC mark boat after finishing or to the RC at the Finish Line Desk on the deck on the north side of the Ida Lewis Yacht Club within ONE (1) hour after finishing.

11.0 PENALTY SYSTEM

- 11.1 RRS 44.3, Scoring Penalty, shall apply.
- 11.2 The penalty under RRS 44.3(c) is changed to 10 minutes of elapsed time added to the total elapsed time for each incident. This changes RRS 44.3(c). (This changes the penalty mechanism from a scoring penalty to a time penalty.)

12.0 TIME LIMIT

- 12.1 The time limit for any boat to sail the course and finish is 1900 hours on Saturday, August 15, 2026.

13.0 RENDERING ASSISTANCE

- 13.1 Attention is drawn to the responsibility imposed by good seamanship and RRS 1.1

14.0 PROTESTS

- 14.1 Boats intending to file a protest or a request for redress shall inform the RC immediately after finishing by radioing the RC on VHF Ch 79A or calling the race office at 401-439-5942 until acknowledged.
- 14.2 Protests must be submitted in writing to the RC at Ida Lewis Yacht Club within one (1) hour of finishing. Protest forms will be available at the RC Finish Line Staff Desk located on the deck on the north side of the Ida Lewis Yacht Club.
- 14.3 The PC anticipates that it will begin hearing protests at 1330 on Saturday, August 15, 2026 or as soon after the parties have finished as possible.
- 14.4 The PC may apply a penalty other than disqualification for breaking a Rule other than one of Part 2 of the RRS. This changes RRS 60.5(c).

15.0 SCORING

- 15.1 ORC: Time allowances for ORC boats will be calculated using the boat's single number All Purpose Rating Model Time-on-Time (TOT) rating. Boats' ordinal rank will be based on the fastest corrected or elapsed time, depending on the terms of the specific award (TOT/NM or Elapsed Time/NM, where NM is the RC-specified distance of the race the boat sailed).
- 15.2 PHRF: Time allowances for PHRF boats will be calculated using Time-on-Time (TOT) with the handicaps as provided by PHRF-Narragansett Bay. Boats' ordinal rank will be based on the fastest corrected or elapsed time, depending on the terms of the specific award (TOT/NM or Elapsed Time/NM, where NM is the RC-specified distance of the race the boat sailed).
- 15.3 Collegiate and Youth winners are determined using fastest Corrected Speed, calculated using the corrected time based on the respective boat's handicap system divided by the RC-specified distance of the course the specific boat sailed. This could result in one boat using their ORC handicap being compared to another boat using their PHRF handicap.

16.0 GOVERNMENT BUOYS

- 16.1 Government buoys, when not specified as part of the course, have no required side except for safe navigation.

17.0 ADVERTISING

- 17.1 A boat and her crew shall comply with the World Sailing Advertising Code.
- 17.2 Competitors may be required to display sponsor flags or graphics on the side of their hulls; these graphics, if any, will be supplied by the OA.
- 17.3 Advertising for tobacco products is prohibited.
- 17.4 Advertising that conflicts with any race sponsor is prohibited unless permission is requested and authorized by the OA in writing.

18.0 PRIZES

- 18.1 Prizes will be awarded on Saturday, August 15 after 1945 hours at Ida Lewis Yacht Club.

19.0 NOTES

- 19.1 Competitors are reminded that Narragansett Bay and its approaches are considered restricted channels for commercial traffic and other vessels restricted in their ability to maneuver. Competitors must comply with the government right-of-way rules when in proximity to commercial or privileged marine traffic.
- 19.2 Skippers are reminded that there is shallow water on the northwest shore of Fort Adams.
- 19.3 Competitors are encouraged to review Appendix A which describes and defines the Cox Ledge Obstruction. Competitors shall not enter the Cox Ledge area designated as an *Obstruction* (RRS Definitions) in Appendix A while racing.
 - 19.3.1 [DP]: The PC may, at their discretion, assign a time penalty of less than one hour for boats which enter the Cox Ledge Exclusion Zone.
- 19.4 In an emergency, at the earliest convenience, the competitor is requested to contact 401-439-5942, if there is no one on duty competitors are requested to call (401) 486-5138.
- 19.5 All competing yachts shall carry, mount, and keep turned on while racing, a Yellow Brick transponder provided by the OA. Transponders shall be mounted on a stanchion in a location exposed to the sky and aft of the steering station. The transponder must be returned to the RC after finishing. A participant not returning the transponder by the end of the race time limit or two hours after finishing, whichever is later, may be scored DNF without a hearing and will be charged for the cost of this transponder. This changes RRS 60.5(b).
- 19.6 Protests alleging infringement of SI paragraphs 19.1 through 19.5 shall only be initiated by the RC or the OA. This changes RRS 60.1.
- 19.7 Appendix G of the Racing Rules of Sailing, specifically G1.2, will be enforced.

Ida Lewis Yacht Club Commodore

William O'Hanley

Ida Lewis Distance Race Chair

Anselm Richards

Principal Race Officer

Guy Sanchez

Race Committee Chair

Guy Sanchez

Chief Judge

John Mooney

ILDR Official Phone: 401-439-5942

Appendix A

Cox Ledge Obstruction

The Cox Ledge Obstruction is defined by the six virtual marks described below and the lines connecting the adjacent virtual marks and is designated as *Obstruction* pursuant to the *RRS Definition*. Boats may not enter the area designated as the Cox Ledge Obstruction while racing.

COX LEDGE OBSTRUCTION VIRTUAL BOUNDARY MARKS	
#1	#4
41° 09' 39.55" N	41° 08' 58.61" N
071° 16' 42.36" W	070° 49' 40.77" W
#2	#5
41° 04' 11.78" N	41° 14' 40.84" N
071° 11' 53.14" W	071° 03' 01.68" W
#3	#6
41° 04' 45.33" N	41° 14' 40.84" N
070° 49' 11.11" W	071° 11' 30.89" W



APPENDIX B

AFTER FINISHING MUSTER AREA

Location of Yellow Inflatable Mark and Muster Area Orange Mark are Approximate.

