



Ida Lewis Distance Race

AUGUST 14–15, 2026

NOTICE OF RACE

Ida Lewis Yacht Club is the Organizing Authority

Revision 3 – July 31, 2026 (Including Amendment No. 1, Items 1–11)

The Officers and Members of the Ida Lewis Yacht Club (“ILYC”) invite you to participate in the twenty first Ida Lewis Distance Race starting Friday, August 14, 2026.

The General Format

The 21st Ida Lewis Distance Race shall consist of offshore distance races of approximately 24 hours in length for ORC, PHRF, and PHRF Double Handed classes.

The start for the offshore races will be in the East Passage of Narragansett Bay on Friday, August 14, 2026, with the first Warning Signal scheduled for 1100 hours.

Race headquarters will be located at the Ida Lewis Yacht Club, Wellington Avenue, Newport, RI, and operational throughout the duration of the race. The phone number for the ILYC dock office is (401) 846-1969.

1. Rules

1.1 The race will be governed by The Racing Rules of Sailing (RRS), as defined therein.

1.2 Rule 60.4(a)(2) is changed as follows: “(2) if it alleges a breach of a rule of Part 2 or rule 31 and is from a boat that was not involved in, and did not see, the incident, or”

1.3 The following documents will apply:

- This Notice of Race (NOR)
- The Sailing Instructions (SI)
- Any amendments thereto

1.4 The U.S. Sailing Safety Equipment Requirements (SER) for U.S. Coastal Racing shall apply.

1.5 ORC Boats: The current ORC Rules shall apply.

1.6 PHRF Boats: The current PHRF Regulations of PHRF Narragansett Bay shall apply.

1.7 World Sailing Test Rule DR21-01 (Starting Rule)

The OA has adopted World Sailing Test Rule DR21-01 for this event.

(a) The definition of Start is changed as follows:

Start: A boat starts when, her hull having been entirely on the pre-start side of the starting line and having complied with RRS 30.1 if it applies, any part of her hull crosses the starting line from the pre-start side to the course side either:

- At or after her starting signal, or
- During the last one (1) minute before her starting signal.

(b) When a boat starts in accordance with (a)(2):

- She shall not return to the pre-start side and shall have 300 seconds added to her corrected time.
- The Race Committee will not make a visual or sound signal nor hail the boat on VHF.
- This changes RRS 29.1.

(c) A boat that crosses the line earlier than one (1) minute before her starting signal and does not return and properly start shall be scored DNS without a hearing.

1.8 Restrictions Between Sunset and Sunrise

(a) Between sunset and sunrise, RRS Part 2 is replaced by the International Regulations for Preventing Collisions at Sea (IRPCAS).

(b) From sunset until sunrise, boats approaching or departing a turning mark shall exhibit:

- Sidelights
- A stern light

1.9 Communications

Each boat shall carry:

- An operating VHF radio capable of transmitting and receiving on Channels 69, 79A, 13, and 16
- A cell phone, the number of which shall be on file with the Race Committee

1.10 Advertising

(a) Advertising shall comply with World Sailing Regulation 20.2.1.

(b) Boats may be required to display sponsor-provided flags or hull graphics supplied by the OA.

(c) Advertising that conflicts with event sponsors is prohibited without written OA approval.

1.11 Stored Energy

Stored energy devices may be used for running rigging while racing. This changes RRS 52. For ORC boats, all stored energy systems shall be declared and listed on the boat's ORC rating certificate.

2. Sailing Instructions

The Sailing Instructions will be available no later than 1900 hours on Thursday, August 13, 2026, via the registration link on the page at <https://www.ilyc.org/distancerace>.

3. Communications

3.1 Race Headquarters will be located at Ida Lewis Yacht Club, Wellington Avenue, Newport, RI, and will be operational throughout the race.

3.2 ILYC Dock Office Phone: (401) 846-1969

4. Eligibility and Entry

4.1 The race is open to monohull boats that meet the requirements of this NOR.

4.2 Safety at Sea Training

At least 30% of the crew, but not fewer than two (2) crew members on each boat, shall have completed a US Sailing Sanctioned Safety at Sea Course within five (5) years of the race start. Courses offered by Storm Trysail, Oakcliff Sailing, and the Cruising Club of America (CCA) meet this standard. A current list of sanctioned courses is available at <https://www.ussailing.org/education/adult/safety-at-sea-courses-2022>.

4.3 ORC and PHRF Monohulls

(a) Minimum LOA: 28 feet, with auxiliary power

(b) PHRF rating 128 or lower

(c) The OA may grant waivers for:

- LOA under 28 feet
- PHRF rating greater than 128 (boats will be scored at 128)

Waiver requests must be submitted in writing to: distanceracechair@ilyc.org

4.4 Double-Handed Division

(a) Boats shall sail under PHRF ratings

(b) Radar reflectors shall be displayed at all times

(c) For this division only, RRS 52 is changed to permit rudder operation by an autopilot

4.5 Youth Challenge

(a) Boats shall meet ORC or PHRF requirements

(b) Crew composition:

- Minimum two adults, one designated Captain
- More than 40% youth aged 14–19 prior to August 14, 2026

(c) Youth competitors shall have attended a US Sailing Sanctioned Junior Safety at Sea Seminar within 24 months

(d) At least one adult shall hold a valid US Sailing Sanctioned Safety at Sea certificate

(e) Attendance at the Skippers' Meeting is mandatory

4.6 Collegiate Challenge

(a) Boats shall meet ORC or PHRF requirements

(b) Crew composition:

- Minimum two adults, one designated Captain
- More than 40% under age 26 prior to August 15, 2026

(c) Teams are encouraged to register under a collegiate or sailing organization

5. Fees

Entry fees by LOA:

- Under 50 feet: \$385
- 50–69 feet: \$530
- Over 69 feet: \$765
- Double-Handed Division: \$355

6. Registration

6.1 Online entry is available at: www.ILYC.org/DistanceRace

6.2 Entry deadline: 1700 hours, August 10, 2026

6.3 All boats shall check in at Ida Lewis Yacht Club on Thursday, August 13, 2026, 1500–1800 hours

6.4 Trackers (if provided) shall be picked up at check-in. Credit card security is required.

7. Schedule

Thursday, August 13

- 1500–1800 — Check-In
- 1800 — Skippers' Meeting

Friday, August 14

- 1100 — Warning Signal, First Division
- Subsequent warnings at 10-minute intervals

Saturday, August 15

- 1900 — Time Limit
- 1930 — Awards Ceremony

8. Courses

Courses will be selected from government and other marks located in:

- Narragansett Bay
- Buzzards Bay
- Vineyard Sound
- Rhode Island Sound
- Long Island Sound
- Waters south of western Long Island

The goal is a 24-hour race for all classes.

9. Scoring

9.1 The Low Point Scoring System of RRS Appendix A shall apply.

10. Safety

10.1 The owner and master are solely responsible for the seaworthiness of their boat.

10.2 A signed Participant Waiver must be received by 1900 hours on August 13, 2026.

11. Prizes

11.1 Awards will be presented based on class size:

- 6 or more starters: 1st, 2nd, 3rd
- 4–5 starters: 1st, 2nd
- 3 or fewer starters: 1st only

11.2 Perpetual trophies and keepers will be awarded per the following criteria:

- 11.2.1 Commodore's Trophy — Awarded annually to the boat with the fastest corrected speed in the Ida Lewis Distance Race in the ORC Division
- 11.2.2 Russell L. Hoyt Memorial Trophy — Awarded annually to the boat with the fastest average speed in the Ida Lewis Distance Race in the ORC Division
- 11.2.3 Lime Rock Trophy — Awarded annually to the boat with the fastest corrected speed in the Ida Lewis Distance Race in the PHRF Division
- 11.2.4 Lois J. Muessel Trophy — Awarded annually to the boat with the fastest average speed in the Ida Lewis Distance Race in the PHRF Division
- 11.2.5 Arent H. Kits van Heynigan Trophy — Awarded annually to the youth boat with the fastest corrected speed in the Ida Lewis Distance Race
- 11.2.6 William E. Tuthill Trophy — Awarded annually to the collegiate boat with the fastest corrected speed in the Ida Lewis Distance Race

Additional Information

The Official ILDR Telephone number is 401-439-5942.

Mooring Information: Ida Lewis Yacht Club has six moorings that are available to rent. Please contact the Ida Lewis YC Dock Office at 401-846-1969 for rates and availability. Oldport Marine Services operates the commercial mooring field in Newport Harbor and can be reached at 401-847-9109. There are numerous marinas in Newport Harbor for slip rentals. Please visit www.NewportHarbourGuide.org for links and for comprehensive information on all facilities in Newport Harbor.

Event Organizers & Contacts

Ida Lewis Yacht Club (ILYC) — www.ILYC.org

Address: P.O. Box 479, Newport, RI 02840

Phone: (401) 846-1969

Fax: (401) 846-8234

ILDR Official Phone: 401-439-5942

ILYC Commodore

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Storm Trysail Club & Foundation

Email: info@stormtrysailfoundation.org

Phone: 914-834-8857

PHRF-NB

Email: PHRFAdmin@phrf-nb.org

Phone / Fax: (401) 253-0207 / (401) 369-9319

ORC Ratings

Contact: US Sailing Offshore Office – Offshore@USSailing.org

U.S. Sailing

Website: www.ussailing.org

Phone: 800-877-2451

Oakcliff Sailing

Website: www.Oakcliffsailing.org

Phone: 516-802-0368