



## SAILING INSTRUCTIONS

### 49th AROUND LONG ISLAND REGATTA

#### July 23 – July 26, 2026

The notation “[NP]” in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1 The notation “[DP]” in a rule means that the penalty for a breach of the rule may be less than DSQ at the discretion of the protest committee. This modifies RRS 60.5(c).

### MANAGEMENT

The Around Long Island Regatta (“ALIR”) is managed and hosted by Sea Cliff Yacht Club as the Organizing Authority (“OA”). The ALIR Race Committee shall have the authority to interpret the rules and conditions of the race. The YRA of LIS Technical Committee will be utilized in the event a technical committee is required. The YRA of LIS Technical Committee can be reached at [techcomm@yralis.org](mailto:techcomm@yralis.org).

### RULES

The race will be governed by the “Racing Rules of Sailing (RRS)” and the prescriptions of the US Sailing Association (US Sailing).

Appendix T, “Arbitration” will apply. RRS 51, “Movable Ballast,” will have the words “A canting keel may be used” added and RRS 52, “Manual Power” will have the words “The mechanism to cant the keel may be powered by other than manual power” added.

The current US Sailing Safety Equipment Requirements (SER) for Coastal races will apply (see Equipment).

**For PHRF boats**, the Performance Handicap Racing Fleet (PHRF) Regulations of the Yacht Racing Association of Long Island Sound (YRA of LIS [yralis.org](http://yralis.org)) shall apply.

**For Multihulls**, the New England Multihull Association (NEMA) Race Rules 2025 ([nemasail.org](http://nemasail.org)) shall apply except as any of these are altered by this Notice of Race or the Sailing Instructions.

**For non-spinnaker boats**, the PHRF Regulations are supplemented by the YRA of LIS Non-Spinnaker Regulations (see YRA of LIS “Handicap Racing Program” and/or [yralis.org](http://yralis.org)).

**All boats will be provided a YB Tracking transponder device that shall be mounted according to the instructions provided (see “Race Tracking & AIS”)**

For boats in the double-handed divisions, the following will apply:

- Only monohull boats are eligible. They will use PHRF – Time on Distance and score as part of the PHRF Spinnaker Fleet
- Each boat will hold a valid YRA of LIS Double-Handed Rating Certificate.
- Crew is limited to 2 persons; one person must be at least 18 years old.
- Double-handed division boats are NOT eligible for the Youth Challenge Cup.
- Wind vanes and/or autopilots may be used without penalty – this changes RRS 52.
- Double-handed division boats are permitted to utilize radio communication among vessels in the division while racing.

For boats wishing to be scored for the YRA Youth Challenge Cup, the following will apply:

- The boat shall comply with the rules for PHRF Events as stated in the YRA of LIS requirements for the Youth Challenge Cup (YCC) in the YRA LIS yearbook or on the YRA LIS website [yralis.org](http://yralis.org).
- Owners shall add the initials "YCC" after the boat's name on the entry form.
- Owners must provide to the Race Committee, when requested, the crew roster and birthdates of each crew member
- No greater than 25% of the crew (rounded to the nearest whole number) shall have attained the age of 18 years of age at any time during 2025.

## **EQUIPMENT**

[NP][DP] Boats shall have self-righting hulls (except multihulls), shall be properly rigged and ballasted, shall be fully seaworthy and shall comply with the current SER for Coastal Races at [US Sailing Safety Information](http://US Sailing Safety Information) . The SER include a working AIS Transponder.

## **ELIGIBILITY**

The race is open to monohull and multihull boats that are at least 24 feet in overall length and have either an ORC rating or a PHRF rating of 150 or faster. Each monohull boat shall hold a valid ORC or YRA of LIS PHRF rating certificate. Boats without a valid ORC or YRA of LIS PHRF rating certificate can join the YRA of LIS to obtain one. Multihull boats must hold a valid NEMA rating certificate. Double-handed boats shall hold a valid YRA of LIS Double-Handed PHRF Certificate. Racing certificates can be obtained at [yralis.org](http://yralis.org) or [nemasail.org](http://nemasail.org).

For Youth Challenge Cup boats, see "Rules".

## **NOTICES TO COMPETITORS**

Notices to Competitors and changes to the Sailing Instructions will be posted to the Documents page at [YachtScoring](http://YachtScoring).

## **SKIPPER & CREW MEETING**

There will be a Skippers & Crew Meeting at the Liberty House Restaurant, Jersey City, NJ on Wednesday, July 22, 2026, commencing at 2000 hours. The doors will open at 1900 hours. Light hors d'oeuvres will be served. ALIR Committee members will make a short presentation and will be available to answer questions about sailing the ALIR.

## **DIVISIONS**

Each boat will be assigned to an appropriate division. Monohull (spinnaker and non-spinnaker) and multihull boats will be assigned their own divisions. Division assignments, ratings and time allowances will be established in the Scratch Sheet. Scratch Sheets will only be available online at [YachtScoring](http://YachtScoring) no later than Tuesday, July 21, 2025, at 1700 hours.

## **TEAMS**

A team is made up of three boats. A boat may only be entered as a member of only one (1) team. A team shall be registered on the Team Entry Form. The entry fee for team participation is \$75 and can be purchased via [YachtScoring](http://YachtScoring) at Purchase Tickets and Other Items. Team Entry Forms are available on the web at [YachtScoring](http://YachtScoring). Team Entry Forms must be submitted by email to [alir@seacliffyc.org](mailto:alir@seacliffyc.org) with Team Entry in the Subject prior to 1100 hours on Thursday, July 23, 2026.

## **COURSES**

**Around Long Island Course:** This course is from the Start heading south out New York Harbor under the Verrazano Bridge, leaving Ambrose Channel Red Bell Q R "14" (40° 31' 41" N / 74° 00' 34" W) to port, east to Montauk Point, northwest to Long Island Sound, west to the finish off the Glen Cove Breakwater in Hempstead Harbor. All government marks and station buoys except Ambrose Channel Red Bell Q R "14" may be disregarded at the discretion of each boat. This course will be considered 207 nm for scoring purposes.

**Around The Islands Course:** This course is from the Start heading south out New York Harbor under the Verrazano Bridge, leaving Ambrose Channel Red Bell Q R “14” (40° 31’ 41” N / 74° 00’ 34” W) to port, east toward Block Island, north keeping Block Island and Block Island North Reef Lighted Bell “1 Bi” (41° 15’ 26” N / 71° 34’ 33” W) to port, west leaving Execution Rock Shoal Buoy North End Green Can “1” (“Can One” - 40° 53’ 28” N / 73° 44’ 9” W) to port, southeast to the finish off the Glen Cove Breakwater in Hempstead Harbor. All government marks and station buoys except Ambrose Channel Red Bell Q R “14”, “1 BI” off Block Island and Execution Rock Can “1”, may be disregarded at the discretion of each boat. This course will be considered 242 nm for scoring purposes.

## **CHECK-IN**

[NP][DP] All boats shall Check-In by providing their Boat Name, Sail Number and Division beginning 1100 hours on July 23, 2026 either by texting 516-945-9209 or messaging the [ALIR 2026 Regatta Desk](#) WhatsApp group, Depending on the number of boats checking in at the same time, there may be no reply confirmation so please message only once. If you are not starting, please indicate DNS in the message. There will be no VHF check-in.

## **COMMUNICATIONS**

All vessels must be equipped with an operating VHF radio. Announcements at the start will be on Channel 71. The Regatta Desk and the finish line vessel will monitor Channel 69. The Regatta Desk will monitor phone & texting at 516-945-9209 and the [ALIR 2026 Regatta Desk](#) WhatsApp group.

The OA has created two (2) WhatsApp groups for competitors’ use during the Regatta.

- Racers may post messages and photos, which automatically will be entered into competition for the ALIR On-Board Report (“OBR”) Trophy (best onboard photo taken during the race) to the [ALIR 2026 Competitors](#) WhatsApp group. Further details regarding the OBR Trophy can be found below under Prizes.
- Racers may communicate with the Regatta Desk after the start by calling or texting 516-945-9209 or messaging the [ALIR 2026 Regatta Desk](#) WhatsApp group.
- Both WhatsApp group channels are open to all competitors. Accordingly, any message communicated by one competitor is visible to all other competitors that have joined the group. To the extent you wish to share any private communications with the Regatta Desk, do so by calling or texting 516-945-9209. To prevent being notified on your mobile device each time another competitor sends a message in the WhatsApp group channels, you may follow the instructions below to **mute notifications**. This functionality can be implemented for one or both of the above-referenced WhatsApp groups:
  - On your mobile device, swipe left on the group you wish to mute, revealing the “More” option (indicated by 3 dots).
  - Select “More.”
  - Select “Mute.”

Any boat that withdraws from the race after the start shall notify the Race Committee by calling or texting 516-945-9209 or messaging the [ALIR 2026 Regatta Desk](#) WhatsApp group. For communication while rounding Montauk Point Lighthouse and Block Island, please see “Eastern Points Rounding.”

**Boats not finishing by 1200 hours on Sunday, July 27, 2025, shall call or text 516-945-9209 or message the [ALIR 2026 Regatta Desk](#) WhatsApp group with their boat name, division and current location.**

**FAILURE TO COMPLY WITH THIS REQUIREMENT MAY CAUSE NEEDLESS SEARCH AND RESCUE OPERATIONS AND MAY BE GROUNDS FOR REJECTING THE OFFENDING BOAT’S MASTER FROM FUTURE ALIRs AND/OR OTHER SANCTIONED REGATTAS. THE VESSEL’S MASTER/OWNER MAY ALSO BE SUBJECT TO SIGNIFICANT FEDERAL AND LOCAL PENALTIES AND FEES.**

## INSPECTION

It is the responsibility of the owner and/or Master of each boat to see that his/her boat is seaworthy in all respects and that she is manned by a competent crew. The Race Committee reserves the right to inspect any boat before or after the race and to reject the entry or disqualify any boat violating the letter or spirit of this requirement.

## SAIL NUMBERS & IDENTIFICATION

[NP][DP] All boats must have sail numbers. Temporary tape numbers are acceptable; however they must be applied to all sails as defined in Appendix G of the RRS. In addition to the required sail numbers, each boat shall fly from her backstay the International Numeral Code Flag(s) (1, 2, 3 etc.) corresponding to the division the boat is assigned.

## CREW

All boats shall carry a crew of a minimum of four (4) persons, except participants in the double handed division shall have a crew of exactly two. Skippers are asked to register their crews at Crew List at [YachtScoring](#).

## RACE TRACKING & AIS

### **Trackers:**

This race will be using the YB tracking system, which will be used to provide periodic position reports by means of an automatic transponder supplied by the OA. Each boat shall mount the OA-supplied YB transponder in a location on deck such that the transponder is visible to the sky (such as on a pushpit or davit). The OA will send an email to all registrants no later than July , 2026, with instructions regarding transponder pickup. Registrants should make every effort to pick up their transponder at the Skippers' Meeting on the evening of Wednesday, July 22, 2026. Alternative pickup options will be available for those who cannot attend the Skippers' Meeting.

Transponders must be returned to the Sea Cliff Yacht Club no later than July 31, 2026, so that they can be returned to YB Tracking. Registrants who do not return their transponder by this date will be required to pay the replacement cost as authorized by the YB Tracking Transponder Contract and Conditions of Use that registrants must sign before picking up their transponder.

### **AIS:**

[NP][DP] AIS is required by the SER. Boats shall ensure that their AIS transmits the boat's name as provided during entry and not an MMSI number or a former name for the boat. If the AIS cannot broadcast the boat's entered name, the boat shall text 516-945-9209 or message [ALIR 2026 Regatta Desk](#) WhatsApp group its transmitted name, entered name, and sail number to the before the start of the race.

## THE START

The race will be started using the starting system described below with multiple divisions starting as a group. Divisions and starting groups will be established on the Scratch Sheet.

Starts will be 10 minutes apart. The International Numeral Code Flag(s) for the divisions starting as a group (i.e. divisions 1, 2, 3, etc.) will be hoisted at the warning signal for the group. The warning signal for the first starting group is scheduled for 1300 hours, the warning signal for the second starting group is scheduled for 1310 hours, the third starting group at 1320 hours etc. **This modifies RRS 26.**

|         |                                                                                                         |
|---------|---------------------------------------------------------------------------------------------------------|
| Warning | Division flags (1, 2, 3 etc. hoisted simultaneously) raised, 1 sound signal 5 minutes before the start. |
|---------|---------------------------------------------------------------------------------------------------------|

|             |                                                                                                 |
|-------------|-------------------------------------------------------------------------------------------------|
| Preparatory | "P" flag raised (removed 1 minute before the start), 1 sound signal 4 minutes before the start. |
|-------------|-------------------------------------------------------------------------------------------------|

|                         |                                            |
|-------------------------|--------------------------------------------|
| One Minute Before Start | "P" flag removed with 1 long sound signal. |
|-------------------------|--------------------------------------------|

|       |                                                      |
|-------|------------------------------------------------------|
| Start | Division flags removed, 1 sound signal at the start. |
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There will be five minutes between the start of one group and the Warning signal of the next.

## **STARTING LINE AND STARTING**

The starting line will be at approximately one-quarter (.25 NM) nautical mile northeast of Ellis Island in New York Harbor (40° 42' 10" N / 74° 02' 12" W). The starting line will be between an orange flag on the Honorable Willie Wall (signal vessel) and an orange starting line flag on a pin-end vessel displaying a blue Race Committee flag. If necessary, the Race Committee may hoist Flag L and move the start to the south. In this case the former pin-end vessel displaying the blue Race Committee flag will become the signal vessel and an orange tetrahedron or another vessel displaying an orange starting line flag will become the pin end of the new starting line.

## **POSTPONEMENTS**

Any postponement of the start will be for five (5) minutes or multiples thereof and will be signaled by AP (the Answering Pennant) and two (2) sound signals. All starting groups not already started are postponed. The new Warning Signal will be made one (1) minute after removal of AP and one (1) sound signal. The starting order will remain the same after any postponement.

## **RECALLS**

After an individual recall, the Race Committee will promptly display Flag X, accompanied by one (1) sound signal. The Race Committee may attempt to hail recalled boats on VHF channel 71, but IT IS THE RESPONSIBILITY OF EACH BOAT TO MAKE A PROPER START.

A General Recall of a group will be signaled by the Flag First Substitute and two (2) sound signals. The new Warning Signal for the recalled group will be made one (1) minute after the lowering of the First Substitute with one (1) sound signal.

## **CANCELLATION AND ABANDONMENT**

If the race is canceled prior to the start, in addition to the standard signal, the Race Committee shall announce the cancellation on the [ALIR 2026 Regatta Desk](#) WhatsApp group, and on [YachtScoring](#). In addition, if the race is cancelled immediately prior to the start, the Race Committee shall announce the cancellation on VHF Channel 71.

If the race is abandoned after the start of any group, the Race Committee shall announce the abandonment the [ALIR 2026 Regatta Desk](#) WhatsApp group, and on VHF Channel 16. **This modifies RRS 32.**

## **EASTERN POINTS ROUNDING AND APPROACHING THE FINISH**

[NP][DP] For the Around Long Island course, as soon as possible after Montauk Point Light bears 270° magnetic, each boat is required to phone or text 516-945-9209 or message to the [ALIR 2026 Regatta Desk](#) WhatsApp group her name, sail number, division, and "rounding time".

[NP][DP] For the Around The Islands course, as soon as possible after leaving the government mark "1BI" to port, each boat is required to phone or text 516-945-9209 or message to the [ALIR 2026 Regatta Desk](#) WhatsApp group her name, sail number, division, and "rounding time".

Each boat is requested to report her approach to the finish by hailing the Finish Vessel on VHF channel 69.

## **FINISH LINE AND FINISHING**

The finish line will be between a blue flag on the finish vessel (approximately .075 NM due West of the light on the Glen Cove Breakwater (40° 51' 43" N / 73° 39' 37" W)) and the Glen Cove Breakwater. Please note that the Glen Cove Breakwater extends about 25 FEET WEST of the green flashing light near its end. The finish vessel shall display a Sea Cliff Yacht Club burgee and a blue Race Committee Flag.

When approaching the finish line in the dark, it is requested that a boat flash a light on her sail numbers to assure that the boat's identity has been properly established and hail the Finish Boat with her name, sail number and division on VHF Channel 69.

## **WITHDRAWAL**

Any boat withdrawing from the race shall notify the Race Committee by calling or texting 516-945-9209 or by messaging the [ALIR 2026 Regatta Desk](#) WhatsApp group as soon as possible. FAILURE TO COMPLY WITH THIS REQUIREMENT MAY CAUSE NEEDLESS SEARCH AND RESCUE OPERATIONS TO BE COMMENCED AND MAY BE GROUNDS FOR REJECTING THE ENTRY OF THE OFFENDING BOAT'S MASTER FROM FUTURE ALIR AND/OR OTHER SANCTIONED

## **PROTESTS**

Protests shall be delivered in person to the Regatta Desk at the Sea Cliff Yacht Club no later than two (2) hours after the finish time of the protesting boat. Protests shall be heard, if possible, at the Sea Cliff Yacht Club beginning at 1100 hours on Sunday, July 27, 2025. A list of protests received will be posted on the Official Notice Board and at [YachtScoring](#). This list of protests will constitute "Notification" as described in RRS 63.1.

In the event of a PHRF Rating Compliance issue, the YRA of LIS Technical Committee can be contacted at [techcomm@yralis.org](mailto:techcomm@yralis.org).

## **ALTERNATIVE PENALTIES**

**The Scoring Penalty, rule 44.3**, will apply. In the case of a protest involving the rules of (a) Part 2, (b) a boat that is OCS at her starting signal and (c) violations of Race Tracking & AIS section of the SI, the boat at fault, instead of being disqualified as a result of a hearing, may, at the option of the Protest Committee, have her elapsed time increased by two (2%) percent. This modifies RRS 60.5.

## **SCORING & TIME ALLOWANCES**

PHRF time allowances will be "time on distance" based on YRA of LIS "distance race" ratings and a distance of 207 nautical miles for the Around Long Island course and 230 nautical miles for the Around the Islands course.

## **PRIZES**

### **DIVISIONAL TROPHIES WILL BE AWARDED TO THE TOP THREE BOATS IN EACH DIVISION**

#### **Around Long Island Course:**

e-GAD Trophy (First to Start in Division 1)  
First To Finish (Monohull & Multihull)  
Wesley L. Bailey Trophy (Yacht Club with the most finishers)  
Geoffrey A. Baker Trophy (Best corrected time by a Sea Cliff YC boat)  
Our Lady Trophy (Best performance in her division by a Sea Cliff YC boat)  
Bohemia Trophy (Best performance by a first time ALIR participant)  
Classic Boats (Best corrected time by Spinnaker & Non-Spinnaker boats 25 years old and older)  
Youth Challenge Cup (Best performance by a Youth boat)  
Norvin & Martha Rieser Perseverance Trophy (Skipper who has sailed the most ALIR's but not won in previous 5 Regattas)  
Jack Sussi Academy Trophy (top Academy boat)  
Fleet Trophies (Spinnaker, Non-Spinnaker, Double-Handed, & Multihull)  
Jack Tar Trophy (Chief of the foredeck on ALIR Trophy winning boat)  
ALIR Trophy (Best performance by a Spinnaker / Double-Handed PHRF boat) –*ORC, Non-Spinnaker & Multihull are not eligible for this trophy*  
John B. Thompson, Jr. Trophy (Best performance by an ORC boat)

#### **Around The Islands Course:**

John B. Dawson, Jr. Around the Islands Trophy (Best performance by a PHRF Boat)



## **Both Courses:**

Norman H. Schulman Hero Trophy

ALIR On-Board Report ("OBR") Trophy (best onboard photo taken during the race and shared on Instagram and the [ALIR 2026 Competitors](#) WhatsApp group group.)

To be eligible for the OBR trophy, simply take a video or photo and share and post to Instagram, tagging ALIR ([@alir\\_seacliff](#)) and including the hashtag [#alir2026](#). Alternatively, you can share your video or photo for the OBR Trophy via WhatsApp to the [ALIR 2026 Competitors](#) WhatsApp group. By sharing your video or photo via WhatsApp, you give the ALIR a perpetual, fully paid-up, royalty-free license solely to re-post your video or photo to Instagram and otherwise use for promotional purposes in future ALIR regattas.

Photos and videos shared anytime between July 23, 2026 at 0600 and July 26, 2026 at 1100 will be considered for purposes of this trophy. There is no limit to the number of videos or photos that you can share. We encourage you to capture anything you believe is compelling — from crew work, to wildlife, to the offshore sunsets and sunrises, or anything else you believe tells your sailing story. And share as often you like. The winner will be decided at the discretion of the OA based on consideration of all videos and photos shared within the time period noted above.

## **AWARDS PRESENTATION & PARTY**

Awards will be presented at the Award Celebration Party on Sunday, July 26, 2026, at Sea Cliff Yacht Club. The party will begin at 1400 hrs. The awards presentation will begin at approximately 1700 hrs. Tickets are available in advance at the Regatta Desk or at the door.

## **WEB SITE & SOCIAL MEDIA**

The ALIR Committee will post information regarding the race (i.e. Notice of Race, Sailing Instructions, Notices to Competitors, Scratch Sheets, Results, etc.) on [YachtScoring](#).

Like us on Facebook [@aroundlongislandregatta](#). Follow us on Instagram [@alir\\_seacliff](#).

Commodore – Keith Maler  
Vice Commodore – Shana Spanier-Ciniski  
Rear Commodore – Eric Hamm  
Secretary – Michael Emmert  
Treasurer – Thomas Rudegeair  
ALIR Chairperson—Shana Spanier-Ciniski  
ALIR Principal Race Officer – Timothy C. O'Rourke

Sea Cliff Yacht Club  
42 The Boulevard, Sea Cliff, NY 11579  
Office: (516) 671-7374 · Fax: (516) 671-2509  
Regatta Desk: [ALIR Regatta Desk](#) WhatsApp group (Wednesday, July 26th – Sunday, July 30th, only)  
Website: <https://www.alir.org> · Email: [alir@seacliffyc.org](mailto:alir@seacliffyc.org)