



NextGen Under 25 & LAKE SUNAPEE OPEN Sailing Instructions 2026



The Organizing Authority is the International Star
Class Yacht Racing Association's 12th District in conjunction with
the Lake Sunapee Yacht Club
July 31-August 2, 2026
34 Stone End Road
Sunapee, New Hampshire, USA

SAILING INSTRUCTIONS

1. RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing (RRS)*.
- 1.2 The following US Sailing prescriptions will apply: 60.3, 61.4, 76.1, and Appendix R.
- 1.3 RRS Appendix P will apply. RRS P2.2 and P2.3 will not apply. RRS P2.1 is changed so that it will apply to the first and subsequent penalties.
- 1.4 STCR 34.3.1 changes RRS 32 to provide that courses will not be shortened.
- 1.5 Per STCR 34.3.1, RRS 33b will apply; leg length may be changed within the parameters of the Format being sailed.
- 1.6 STCR 34.6.3 changes RRS 35, RRS A5, and RRS A10 to provide that boats not finishing within the stated time in the STCR after the first boat sails the course and finishes within the time limit will be scored "TLE" as defined therein.
- 1.7 STCR 35.5 changes RRS 44.1 and RRS P2.1 so that the Two-Turns Penalty is replaced by a One Turn Penalty.
- 1.8 If there is a conflict between the Notice of Race and the Sailing Instructions, the Sailing Instructions take precedence
- 1.9 If there is a conflict between languages the English text will take precedence.

2. CHANGES TO THE SAILING INSTRUCTIONS

- 2.1 Any change to the SIs will be approved by the Race Committee and will be posted by 0900 on the day it will take effect, except that any change in the schedule of races will be posted by 2000 on the day before it takes effect. Failure to post notices on the regatta website will not be ground for redress. This changes RRS 62.1.
- 2.2 Any change to the SI will be posted on the Official Notice Board (ONB) located at the head of the front stairs at the LSYC Clubhouse and/or communicated electronically to all competitors via email

3. COMMUNICATION WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the Official Notice Board (ONB).
- 3.2 On the water, the Race Committee intends to monitor and communicate with competitors and Support Persons via VHF radio on channel 72.
- 3.4 Failure of any information to be given or received shall not be grounds for redress. Information gathered on any VHF channel or RC communication channel shall not be grounds for redress, except when a request for redress under this instruction is initiated by the RC or the Protest Committee. These changes are added to RRS 62.1.

4. CODE OF CONDUCT

- 4.1 Competitors and Support Persons shall comply with reasonable requests from Race Officials.

5. TEAM WEIGHT

- 5.1 There will be no weigh-in for the Next Gen Under 25 event nor the 2026 Lake Sunapee Open. 12th District competitors must comply with NOR Paragraph 7.3.

6. SIGNALS MADE ASHORE

- 6.1 Signals made ashore will be displayed from the flagpole at the LSYC.
6.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 60 minutes" in Race Signals AP.

7. SCHEDULING AND NUMBER OF RACES

Note: Racing Schedule is weather dependent and may vary based on conditions. Competitors are advised to closely follow signals on the committee boat or ONB and to be familiar with all code flags. No more than 3 races per day.

Friday July 31, 2026: NextGen Under 25 Regatta- 3 Races Scheduled

11:00 am Next Gen Regatta registration begins inside LSYC (see separate NOR for **Next Gen Regatta**)

1:00 pm Start of 1st Race for **Next Gen Regatta**; subsequent races to follow completion of Race #1

3:00 pm Sunapee Open Registration begins inside LSYC

4:00 pm (Approx.) NextGen Regatta Awards at LSYC

6:30 pm LSYC Tavern Night- Sailors are welcome; additional registration/cost required for meal

Saturday August 1, 2026: Lake Sunapee Open/12th District Championship- 3 Races Scheduled

8:30 am Registration, launch and breakfast

9:30 am Sailors' meeting on the LSYC terrace

10:55 am First warning signal

11:00 am Start Race #1 Subsequent races immediately following the completion of Race #1

6:00 pm Cocktail reception in LSYC bar

7:00 pm Sailors' Dinner at LSYC

Sunday August 2, 2026: Lake Sunapee Open/12th District Championship- 3 Races Scheduled

8:30 am Registration, launch and breakfast

9:00 am Sailors' meeting on the LSYC terrace

10:25 am First warning signal

10:30 am Start Race #1 (Day 2), subsequent races to follow completion of Race #1

2:30 pm No Warning Signal after this time

3:00 pm (Approx.) Lunch and Awards in the LSYC clubhouse

8. CLASS FLAG

- 8.1 The Class Flag will be a white flag with a red star.

9. VENUE

- 9.1 The location of the racing areas will be on the waters of Lake Sunapee generally north of Great Island and south of Herrick Cove Light.

10. THE COURSES

- 10.1 The courses to be sailed will be in accordance with STCR 34.3. Next Gen courses will be STCR Course 4 (W-2) or a modified Course 4 with one lap (W-1).
- 10.2 STCR 34.3.9 is modified in that legs may be less than 1 n.m.

11. MARKS

- 11.1 Marks will be Orange. The offset mark may be yellow.
- 11.2 The starting marks will be the RC signal vessel at the starboard end, and port end RC vessel or inflatable buoy.
- 11.3 The finishing marks will be an RC vessel at the starboard end, and a port pin end RC vessel or inflatable buoy.
- 11.4 In the event that only one buoy is set as a leeward Mark 3, that Mark shall be left to port.
- 11.5 If employed, a "leeward gate" will consist of a pair of marks in similar shape and color

12. OBSTRUCTIONS

- 12.1 The area between the yellow Weather Buoy east of Loon Island light and Russell Point (south of LSYC) is to be considered an obstruction.

13. THE START

- 13.1 Prior to the first warning signal of the first race of the day, boats shall sail on Starboard Tack by the stern of the RC starboard-end vessel, displaying flag L, until acknowledged by RC personnel.
- 13.2 The starting line will be between a staff displaying an orange flag on the starboard side of RC vessel and a staff displaying an orange flag on the port end RC vessel or the Course side of a Starting Mark buoy.
- 13.3 In the event of an individual recall, the sail numbers or other identification of any boat or boats that are identified as OCS **may** be announced on VHF Channel 72. Failure of a boat to see or hear her recall notification, and the timing and order of such hails, or the length of time it takes to make a notification on the VHF will not be grounds for redress. This changes RRS 29.1 and 60.1(b) and NOR 3.2.
- 13.4 A boat not starting within ten (10) minutes after the starting signal will be scored "Did Not Start"(DNS), without a hearing. This changes RRS 63.1. and A5.
- 13.5 A RC service/mark vessel displaying code flag G may pass to windward of the fleet in the event of an abandonment, postponement or general recall which means, "The RC has signaled an abandonment, postponement or general recall. Boats shall return to the starting area immediately."
- 13.6 A RC service/mark vessel positioned near Mark 1 will attempt to notify any OCS, UFD, or BFD boats by displaying flag X and displaying or hailing their bow/sail numbers. Boats so notified shall leave the racecourse immediately.

14. CHANGING THE NEXT LEG OF THE COURSE

- 14.1 To change the next leg of the course, the RC will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. The new mark will be a yellow cylinder. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 14.2 If Mark 2 is not reset, it is not a Mark of the Course for the remainder of that race.

15. THE FINISH

- 15.1 The finishing line will be between a staff displaying an orange flag on the starboard end RC vessel and a staff displaying an orange flag on a port end RC vessel or the course side of a nearby finishing buoy. This changes Race Signals – blue flag.

16. TIME LIMITS

16.1 The time limits will be as specified in 34.6.3 for Format C.

17. PENALTY SYSTEM

STCR 35.5 shall apply.

18. HEARING REQUESTS

18.1 Protest forms are available on the Event Website and at the protest committee office.

Protests shall be delivered there within the protest time limit.

18.2 As the RC signal vessel docks the RC will indicate the docking time with one sound ashore.

Protest time limit is 30 minutes after the RC docking time.

18.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearing in which they are parties or named as witnesses. Hearings will be held in the protest committee room, located at the LSYC office. Protests referred to the protest committee from the arbitrators will be added to the list of scheduled protests as they become available from arbitration.

18.4 Notices of protest by the RC or protest committee will be posted to inform boats under RRS 61.1(b).

18.5 The scoring abbreviation for a discretionary penalty imposed by the jury will be DPI. 18.6 If the RC posts a list of boats scored OCS, UFD, or BFD on the official notice board before the protest time limit, a request for redress based on such a posted score shall be made no later than one hour after the protest time limit. This changes RRS 62.2.

19. REPLACEMENT OF CREW OR EQUIPMENT

19.1 Any request for a change of crew shall be submitted to the RC in writing prior to 0900 on the day of the race for which the change is to be made. If the RC grants permission, it will do so in writing and post such notice on the official notice board.

19.2 A change of helmsman will not be permitted.

19.3 Substitution of damaged or lost equipment will not be allowed unless authorized by the Race Committee.

20. OFFICIAL BOATS

20.1 Official boats will be described at the Competitor's Meeting.

21. SUPPORT BOATS

21.1 Coach boats, support boats and private spectator boats are expected to monitor VHF channel 72 and to render assistance to a boat in danger when requested by the boat, or at the request of the RC or Jury. See RRS 37.

21.2 Coach boats, support boats and private spectator boats shall stay 100 meters outside areas where boats are racing from the time of the warning signal until all boats have finished racing, except as required in an emergency.

21.3 Per STCR 31.1.4, a boat shall receive no outside assistance from coach boats, support boats or private spectator boats once she has left the dock for the day until the finish of the last race of the day, except in the case of emergency and/or towing supplied by the OA and available to all participants.

21.4 Coach and support boats associated with a competitor shall register in the RO. Identification flags will be issued to each boat, and all such boats should monitor VHF channel 72.

22. SCORING

22.1 The scoring system is based on STRC Rule 34.6.1.

22.2 3 races are required to be completed to constitute a series. Next Gen requires 2 races to constitute a series.

22.3 When fewer than 5 races are completed, a boat's series score is the total of her race scores.

22.4 If 5 or more races are completed, a boat's series score is the total of her race scores excluding her worst score

23. DIVING EQUIPMENT AND PLASTIC POOLS

23.1 Underwater breathing apparatus and plastic pools or their equivalent shall not be used around boats between the preparatory signal of the first race and the end of the event.

24. LIABILITY AND SAFETY

24.1 Competitors participate in the regatta entirely at their own risk, see RRS 3, Decision to Race.

Neither the Organizing Authority, nor any regatta officials, volunteers, or staff, will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, of after the regatta/

24.2 The safety of a boat and her entire management, including insurance, shall be the sole and inescapable responsibility of the owner and/or entrant.

24.3 Competitors leaving the racecourse before the end of a race shall inform the RC or the Race Office as soon as possible.

24.4 Competitors not leaving the dock on a race day shall inform the RC.

25. RISK STATEMENT

25.1 RRS 3 states: The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**

26. INSURANCE

26.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$300,000 per incident or the equivalent.