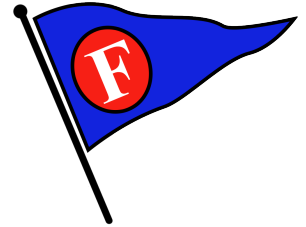


Sail Park City Regatta

Sailing Instructions

July 18th, 2026



Organized by Black Rock YC and Fayerweather YC. Black Rock, Connecticut

1. Rules

- 1.1 The races will be governed by the *rules* as defined in ***The Racing Rules of Sailing (RRS) 2025-2028***, and the current PHRF Regulations as adopted and amended by the YRA of LIS.
- 1.2 Each boat should have valid **2025 or 2026 YRALIS, or ECSA PHRF** certification. A Boat without a YRALIS or ESCA PHRF will be assigned one by the Race Committee based on the **YRALIS 2026** base ratings.
- 1.3 Crew Weight limits and the crew weight credits indicated on a boat's PHRF certificate, will not apply.
- 1.4 Boats 24ft and over are eligible for Divisions 1 and 2. Boats 22' and over are eligible for the Navigator Division. The courses will be 12 NM or more except for the Navigator Division which will sail a shorter course.
- 1.5 It is the responsibility of each boats owner or owner's representative to maintain and have aboard proper safety equipment. All Children under 18 years of age must wear USCG-approved life jackets at all times while on the boat.

2 Check-in and Retirement

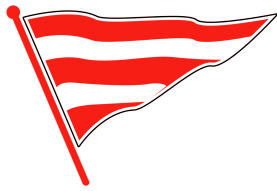
- 2.1 A boat intending to start a race shall approach the race committee signal boat with their main up and on starboard tack and hail her division and sail number before the warning signal. Boats arriving late to the starting area or boats whose class is not in the starting sequence shall stay clear of the starting area.
- 2.2 A boat retiring from a race must inform the race committee as soon as possible. The race committee monitors VHF channel 68.

3 Notices to Competitors

- 3.1 Notices to competitors and scratch sheets will be posted on Yachtscoring.com for the series.
- 3.2 Any change to the sailing instructions will be communicated before 1730 on the day before the race.

4 Signals Made Ashore

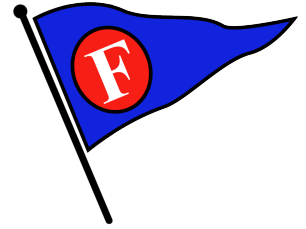
- 4.1 Signals made from a race committee boat, either on a mooring in Black Rock Harbor, or docked at FYC, will be considered as signals made ashore.



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4.2 When flag AP is displayed ashore, “1 minute” is replaced with “not less than 45 minutes” in the race signal AP.

5 Schedule

- 1030 hours Skippers Meeting in the Penfield Room
- 1100 hours Harbor Start
- 1200 hours First Warning for the Spinnaker Division with rolling starts for other divisions
- 1530 hours There will be no warning signal after this time

6 Divisions

6.1 Boats shall sail within one of the divisions described below. Boats shall not change divisions without the consent of the organizing authority.

- Div 1: Spinnaker Boats
- Div 2: Non-Spinnaker boats
- Div 3: Navigator

6.2 Division flags will be the numeral pennant corresponding to the division number.

7 Courses and Signals

7.1 Courses, the marks to be used are shown on the attached page titled “Black Rock Harbor Racecourse Marks” page 6 to 13. The course to be sailed will be signaled by posting the letters that correspond to the marks that are to be rounded. They will be posted on the course board in the order in which they are to be rounded and shall include the finish mark. All rounding marks are to be left to the same side as the starting mark. Letters that correspond to rounding marks that are to be left to the opposite side shall be circled on the course board. A number following the list of marks to be rounded may be used to indicate the number of times around the course.

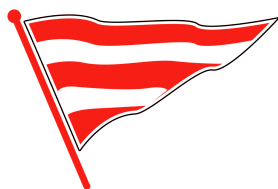
7.2 Division 1 will sail windward leeward courses, Division 2 and Navigator Division will sail random leg courses.

7.3 Aids to navigation not used as turning marks may be disregarded with the following exceptions. No yacht shall pass:

- between 100ft west of LC and Penfield Light
- between Penfield Light and Lantern point
- between Flasher 2A and Fayerweather Light

8 The Start

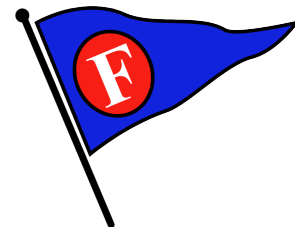
8.1 The Starting Line will be between a flag on the race committee boat and the starting mark.



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8.2 Races will be started using rule 26, with no changes:

<u>Signal</u>	<u>Flag</u>	<u>Sound</u>	<u>Min</u>
Warning	Class flag displayed	1 sound	5
Preparatory	P, I, Z, Z with I, or black	1 sound	4
One-Minute	Preparatory flag removed	1 long sound	1
Starting	Class flag removed	1 sound	0

8.3 A series of short sound signals or hails may be made before the starting sequence begins in order to attract attention. Neither failure to make this signal nor failure of a boat to hear it will be grounds for redress.

8.4 Starts will normally be rolling. At the start signal the Division Pennant will be removed and replaced by the next division's Pennant, which will be their warning signal.

8.5 Divisions will start as follows:

- Division 1 will start first, followed by Division 2 then Division 3 - Navigator

8.6 Individual Recalls will be signaled by displaying the code flag "X" and one sound. An "over early" boat will be hailed to restart by her name or sail number and an attempt may be made to notify her over VHF Channel 68. Neither failure to hail nor failure of a boat to hear their hail will be grounds for redress.

8.7 General Recalls will be signaled with code flag "First Substitute" (FS) and two sounds. A new warning signal for the recalled division will be made one minute after lowering "FS" and one sound. Succeeding divisions shall follow the order of the new start.

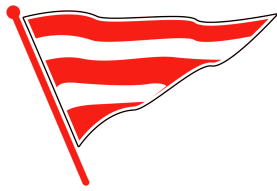
9 Change of Course after the Start.

9.1 A change of course will be signaled by a race committee boat making sound signals, displaying flag "C", and displaying the remaining marks to be passed, including the finishing mark. A change of course will also be announced on Channel 68. This changes rule 33.

9.2 After the starting signal, the RC may shorten the course (*display flag "S" with two sounds*) or abandon the race (*display flag "N", "N" over "H" or "N" over "A", with three sounds*).

- because of foul weather
- because of insufficient wind making it unlikely that any boat will finish within the race time limit
- because a mark is missing or out of position
- for any other reason directly affecting the safety or fairness of the competition

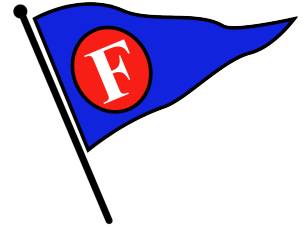
9.3 If the RC signals a shorten course (*display flag "S" with two sounds*), the finish line shall be,



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- At a rounding mark, between the mark and a staff displaying flag “S”.
- A line the course requires boats to cross.
- At a gate, between the gate marks

The shorten course shall be signaled before the first boat crosses the finish line.

10 Starting Area

10.1 The starting area is around Red 2A or within 0.5NM East/Southeast of Red 2A.

11 The Finish

11.1 The Finish Line is between a flag on a race committee boat and the finish mark and shall be crossed in the direction of the course from the last mark.

11.2 If no boat has passed the first Mark within 60 minutes, the race may be abandoned, at the RC's discretion. This rule is dependent on the course chosen, for longer distance courses this rule may be changed at the discretion of the RC.

12 Penalty System

12.1 A boat breaking a rule described in RRS Part 2 ("When Boats Meet") may take a penalty by promptly making one turn including one tack and one gybe. This modifies the “two turns rule”.

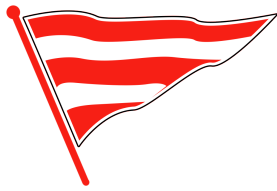
13 Scoring

13.1 PHRF rating issued by YRALIS will be used for scoring. A valid ECSA certificate will be adjusted to the YRALIS standard. Time on time (ToT) scoring will be used $TCF = (650/550 + PHRF)$.

14 Protests

14.1 In addition to the requirements of rule 61, the protestor must also inform the race committee as soon as possible after finishing or retiring of the intent to protest. The completed US Sailing protest form must be delivered to the Race Committee within 30 minutes after the race committee signal boat docks. The protest committee shall extend the time limit if there is good reason to do so.

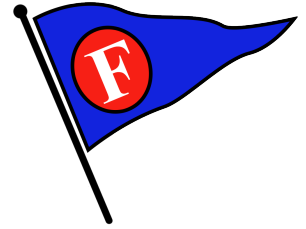
14.2 The Organizing authority shall select a three-member Protest Committee as soon as possible. One member shall be appointed Protest Committee Chairman. The three-member Protest Committee must not be comprised of any interested party. Club members who are US Sailing Certified Race Officers and/or US Sailing Certified Judges may also be selected to serve on the three-member Protest Committee and shall be given preference in selection. The Protest



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Committee Chairman will schedule the date to hear the protest.

15 Liability

- 15.1** Competitors participate in the racing at their own risk. See RRS rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury, or death sustained in conjunction with or prior to, during, or after the racing.

16 Radio Communication

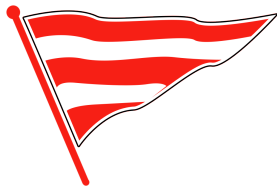
- 16.1** The race committee will monitor and utilize VHF Channel 68 once “on station.”
- 16.2** It is the responsibility of each competitor to observe the race committee’s visual signals, failure to hear courtesy broadcasts and errors or omissions on the part of the designated observer will not be considered as grounds for granting redress.
- 16.3** The race committee may designate an unofficial observer to transmit courtesy broadcasts such as course changes, postponements or abandon races, for the safety of boats out of hailing distance or sight of the R/C boat.

17 Trophies

- 17.1** Awards for first, second and third place boats for each division will be given at Fayerweather Yacht Club during the Regatta Party after the race.
- 17.2** A perpetual trophy, “The Tom Bobbin Award” will be given at the RC’s discretion to the boat and crew with the best and kindest attitude. This trophy will have the boats name inscribed and be on display in the FYC trophy case. (Tom Bobbin award was donated by Black Rock Boat Works).

18 Contacts

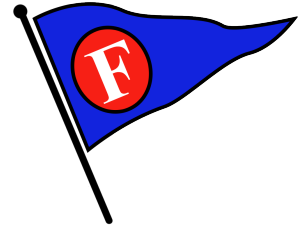
FYC: Roger Wetherall Sailing@FYCCT.org



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A – Special Starting Mark – either Yellow or Orange tetrahedron

B – Special Mark “B” (41° 08’ 3.3” / 73° 13’ 51”) (Dec 41.13425N / -73.2308W)

E – Special Mark “E” (41° 07’ 28” / 73° 11’ 49”) (DEC 41.12453N / -73.19705W)

F – Special Mark “F” (41° 09’ 4” / 73° 11’ 58.3”) (DEC 41.1511N / -73.1995W)

G – Green Can “1” Bridgeport Entrance Channel

(41° 08’ 31” / 73° 11’ 3”) (DEC 41.14181 / -73.18407)

J - Green Can “3” Bridgeport Entrance Channel

(41° 08’ 55” / 73° 10’ 55”) (DEC 41.14857 / -73.18195)

K - Special mark leeward (yellow tetrahedron)

R – Red Bell “18” 2 nautical miles South of Point no Point – Stratford

S – Red Bell “22” 3/4 nautical mile South of S. Pine Creek Point – Southport

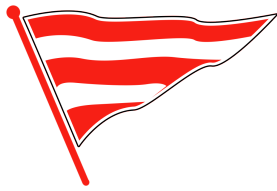
T – Green Gong “LC” off Penfield Reef

W – Green Can “1” at Stony Brook

X – Red “2A” Black Rock Harbor Entrance Channel

Y – Green Gong “11A” 1.5 nm NNW Port Jefferson Entrance

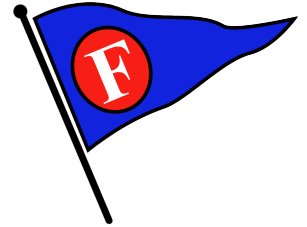
Z – RW “PJ” 1.5 nm N Port Jefferson Entrance



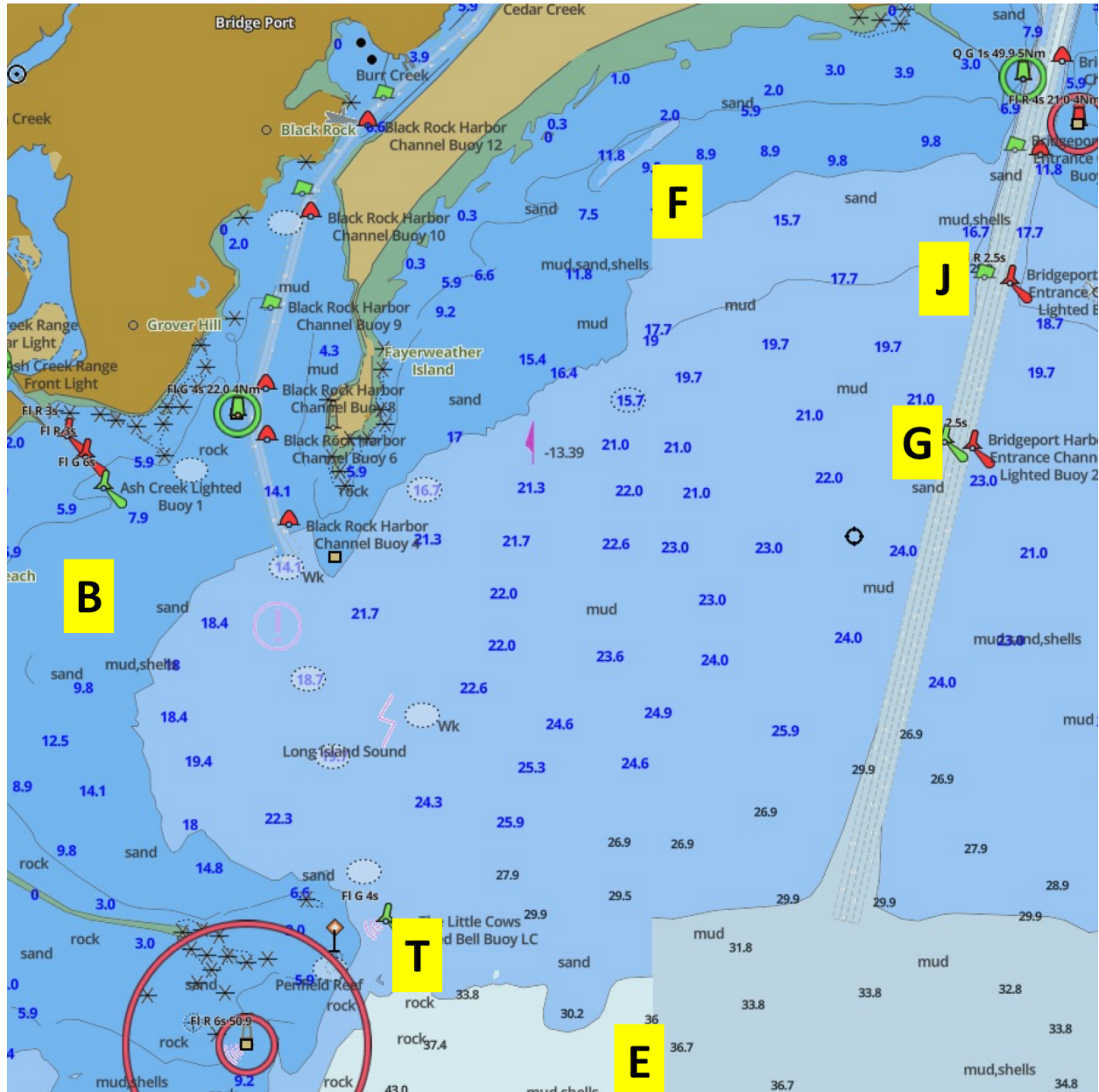
Sail Park City Regatta

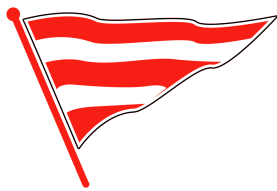
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Course Marks in Black Rock Area

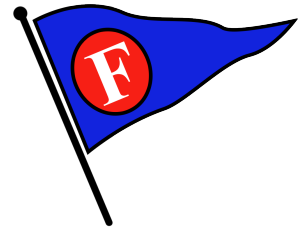




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Route 1 (13.5 NM)

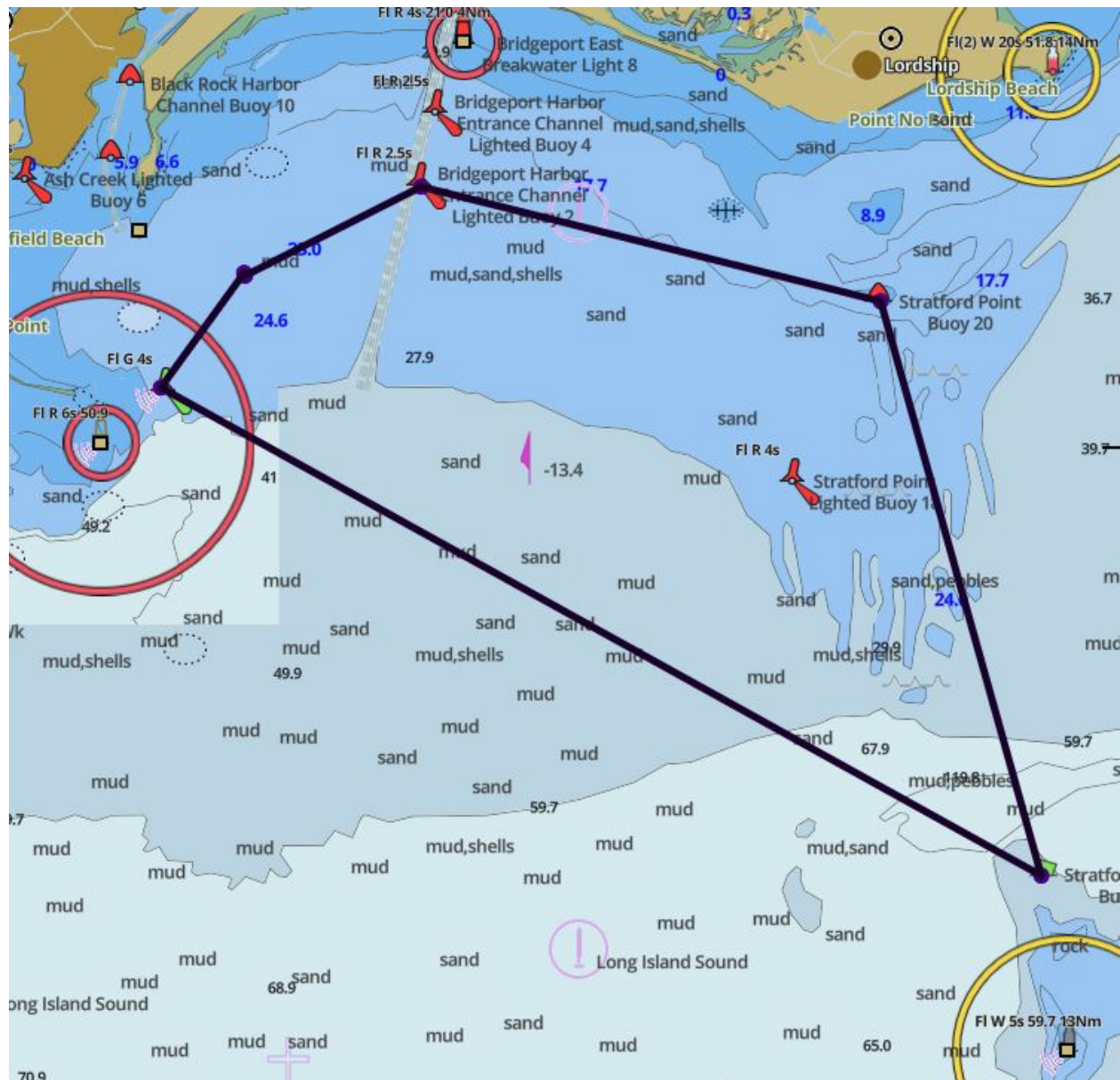
“LC” Mark “T”

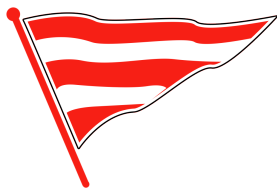
Stratford Shoal Buoy “3”

Stratford Point Buoy “20”

BP Harbor Lighted buoy “1” Mark “G”

Finish RC

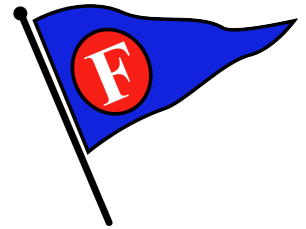




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Route 2 (9.3NM)

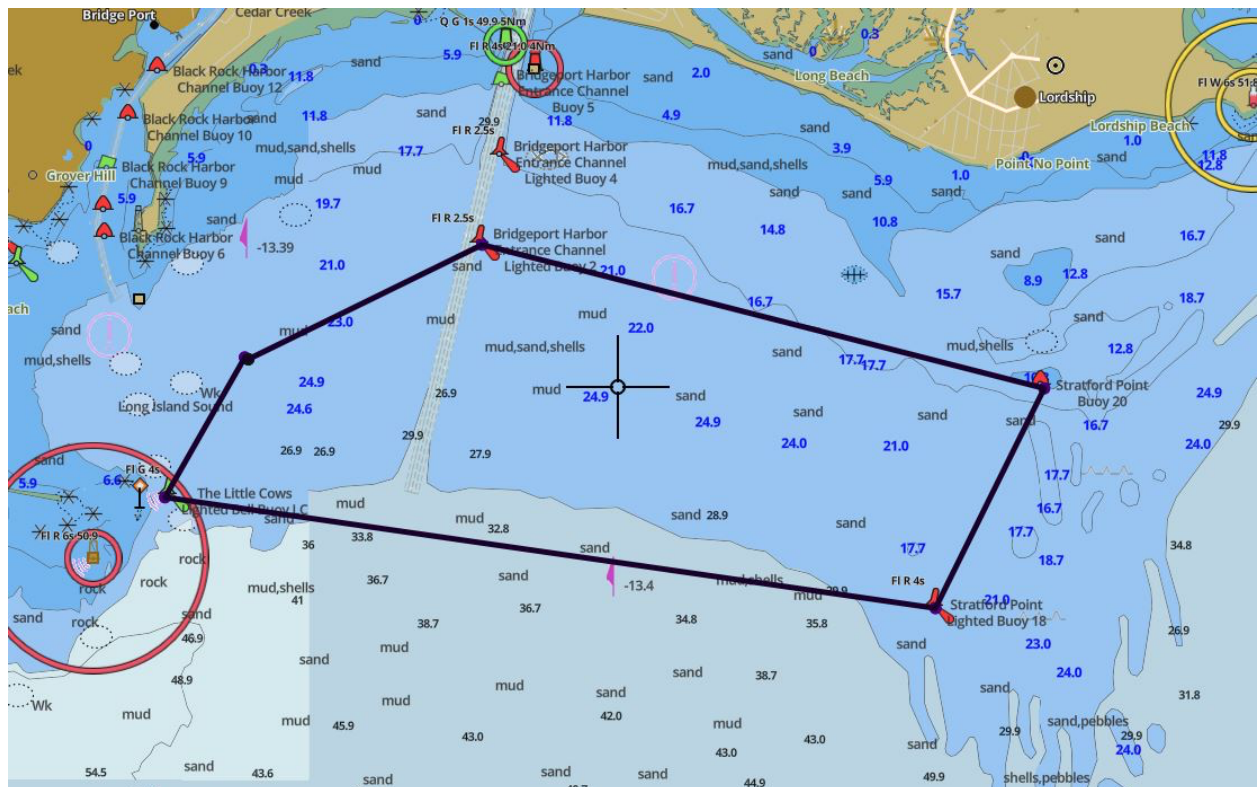
“LC” Mark “T”

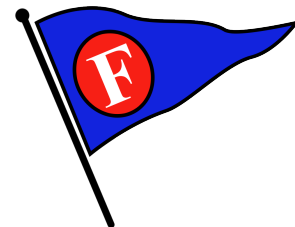
Stratford Point Buoy “18”

Stratford Point Buoy “20”

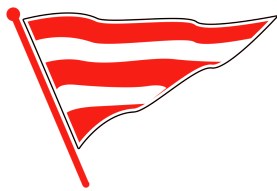
BP Harbor Lighted buoy “1” Mark “G”

Finish RC





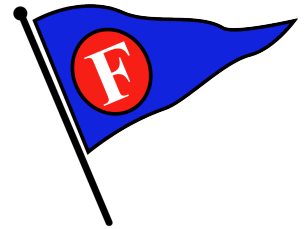
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Route 4 (6 NM)

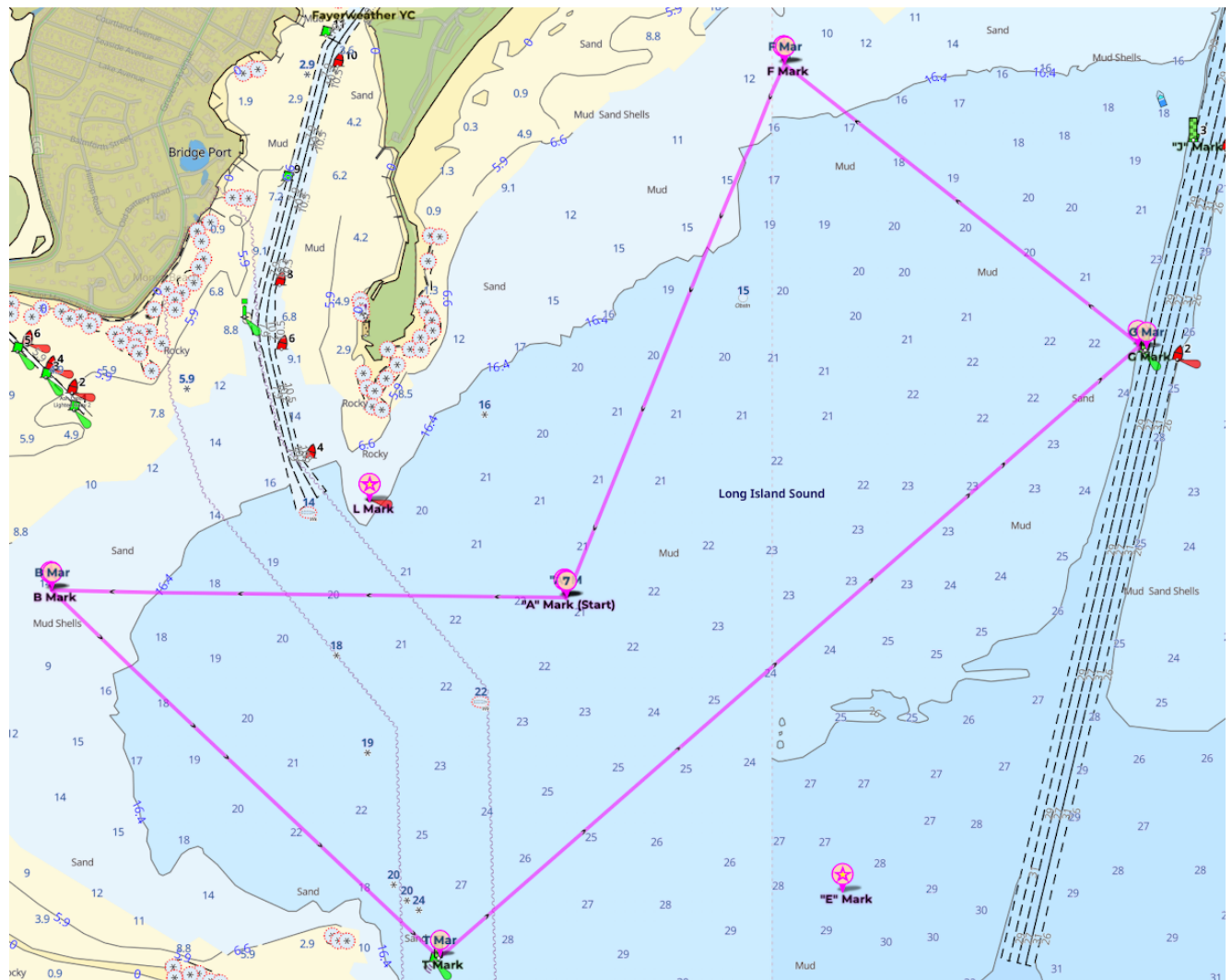
Race Mark "B"

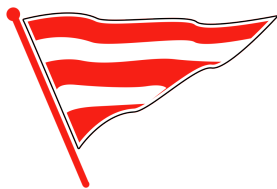
"LC" Mark "T"

BP Harbor Lighted buoy "1" Mark "G"

Race Mark "F"

Finish

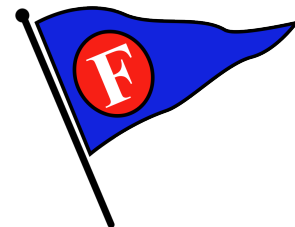




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Route 5 (22NM)

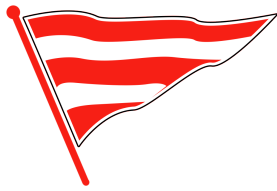
Port Jeff Gong Buoy “11A”

Stratford Shoal Buoy “1”

Stratford Point “18”

Finish

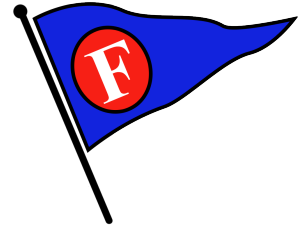




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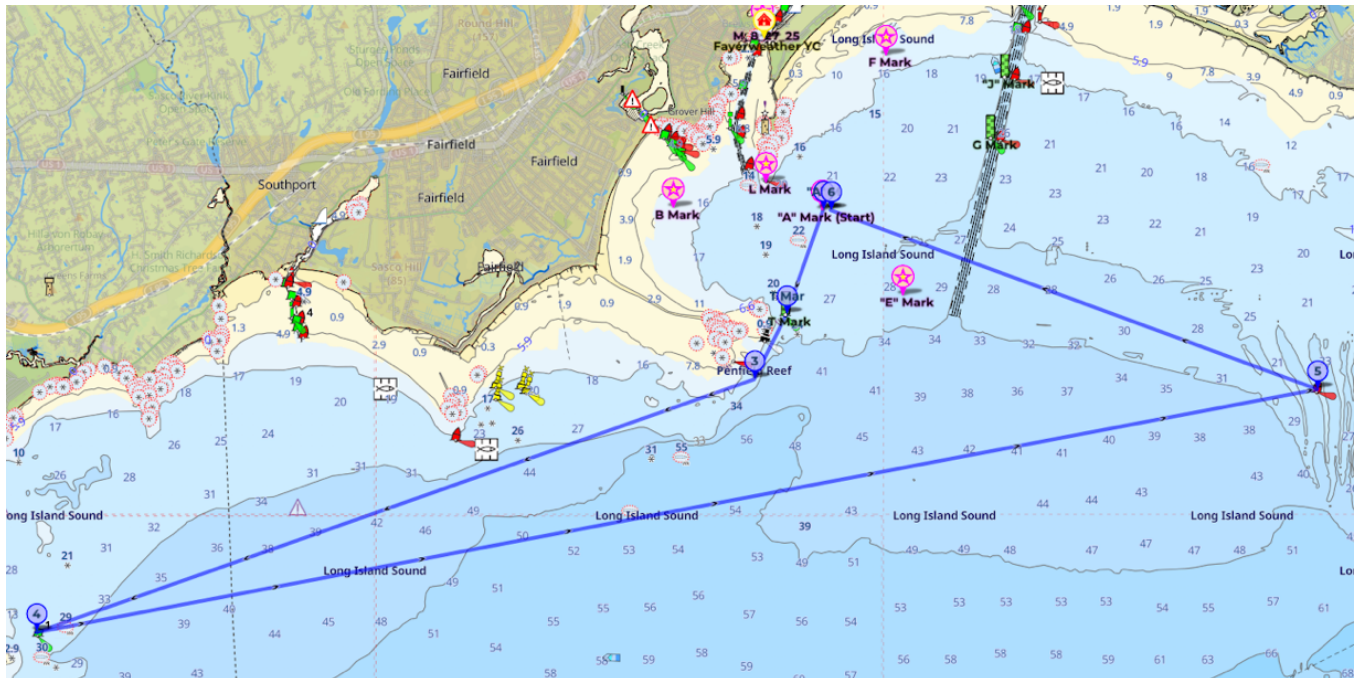
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Route 6 (18.5NM)

“LC” Mark “T” (on Starboard)
Penfield Light (on Starboard)
Georges Rock Buoy “1”
Stratford Point “18”
Finish



Georges Rock Lighted Buoy - at 238 Degrees and 288 Degrees, there are rocks approximately 0.20 NM from the mark.

Please be aware of your course towards this mark.