

94th Annual Manhasset Bay Yacht Club Women's Annual Race

8/12/2026 – 8/16/2026

Manhasset Bay Yacht Club

Manhasset Bay, NY

SAILING INSTRUCTIONS

1. RULES

1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* as well as the Ideal 18 Class rules.

1.2 For “Non-Spinnaker Class”: Rule 9.4 of the Ideal 18 Class Rules is changed to read: “The following sails may be used in ICA regattas: Mainsail and Jib”. This marks this class as a non-spinnaker class.

1.2.1 For “Spinnaker Class”: The class rules shall remain unchanged.

1.3 [DP][NP] Boats shall keep clear of commercial shipping as required by the IRLCAS or other government right-of-way rules. The penalty for breaking this rule may be disqualification, which also may be nonexcludable, from one or more races or from the series.

1.4 Appendix V1, Penalty at the Time of an Incident, shall apply.

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board(s) located at https://www.yachtscoring.com/notice_board_summary/50689.

3. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 1400 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

4. SIGNALS MADE ASHORE

4.1 Signals made ashore will be displayed at The Manhasset Bay Junior Yacht Club flag pole.

4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 20 minutes' in the race signal AP.

5. SCHEDULE OF RACES

5.1 Dates of racing:

Date	First Signal	Last Signal
Wed Aug 12	1600	1900

Number of races:

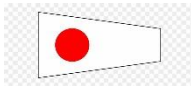
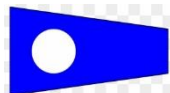
Class	Maximum number of races	Target number of races
Spinnaker	8	4
Non-Spinnaker	8	4

One extra race per day may be sailed, provided that no class becomes more than one race ahead of schedule and the change is made according to instruction 3.

5.2 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.

6. CLASS FLAGS

Class flags will be:

Class	Flag	Flag Image
Spinnaker	Pennant 1	
Non-Spinnaker	Pennant 2	

7. RACING AREAS

Attachment A shows the location of racing areas.

8. THE COURSES

8.1 The diagrams in Attachment B show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

8.2 No later than the warning signal, the race committee signal boat will display the approximate compass bearing of the first leg.

9. MARKS

9.1 Marks will be a combination of emplaced CBRA racing marks (which are yellow cylinders of 2.5ft height by 8 in diameter), and inflatables of all approximately 5ft height (Tomato and Tetrahedron shapes exclusively) the colours of which shall be announced prior to the warning signal of the starting class.

9.2 The starting and finishing marks: The start line will be bounded by a yellow buoy of 2.5ft diameter and an orange/yellow flag. The finish line will be bounded by a blue flag and a green buoy of 2.5ft diameter.

10. AREAS THAT ARE OBSTRUCTIONS

10.1 The following areas are designated as obstructions: The area surrounding tom's point, bounded by the moorings to its west shall so be designated as an obstruction

11. THE START

11.1 Races will be started by using rule 26 with the warning signal made 5 minutes before the starting signal.

11.2 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

11.3 A boat starting later than 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes rule A4.

11.4 If flag U has been displayed as the preparatory signal, no part of a boat's hull, crew, or equipment shall be in the triangle formed by the ends of the starting line and the first mark during the last minute before her starting signal. If a boat breaks this rule and is identified, she shall be disqualified without a hearing but not if the race is restarted or resailed or postponed or abandoned before the starting signal. This changes rule 26.

11.5 If any part of a boat's hull, crew or equipment is on the course side of the starting line during the two minutes before her starting signal and she is identified, the race committee will attempt to broadcast her sail number on VHF channel 69. Failure to

make a broadcast or to time it accurately will not be grounds for a request for redress. This changes rule 62.1(a).

12. CHANGE OF THE NEXT LEG OF THE COURSE

12.1 To change the next leg of the course, the race committee will move the original mark (or the finishing line) to a new position.

13. THE FINISH

13.1 The finishing line will be between a staff displaying a blue flag and a green finishing mark.

14. PENALTY SYSTEM

14.1 The Scoring Penalty, rule 44.3, will apply. The penalty will be 2 places.

14.2 Appendix V1, Penalty at the Time of an Incident, shall apply.

14.3 For ALL classes rule 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

14.4 Appendix T, Arbitration, will apply as changed. At the end of T4, Arbitration Meeting Outcomes, add: (c) The following sentence is added to RRS 63.1(a)(4) "If arbitration has been conducted, a representative of each party to the hearing and the Arbitrator have the right to be present throughout the hearing of all the evidence."

15. TIME LIMITS AND TARGET TIMES

15.1 Time limits and target times are as follows:

<i>Class</i>	<i>Time limit</i>	<i>Mark 1</i>	<i>Target</i>
<i>Spinnaker</i>	<i>45 mins</i>	<i>10 mins</i>	<i>20 mins</i>
<i>Non-Spinnaker</i>	<i>45 mins</i>	<i>10 mins</i>	<i>20 mins</i>

15.2 If no boat has passed Mark 1 within the Mark 1 time limit the race will be abandoned. Failure to meet the target time will not be grounds for redress. This changes rule 62.1(a).

15.3 Boats failing to finish within 15 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes rules 35, A4 and A5.

16. PROTESTS AND REQUESTS FOR REDRESS

16.1 Protest forms are available at the race office, located at the front desk of MBYC. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

16.2 For each class, the protest time limit is 90 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is later.

16.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located within the trophy room at MBYC, beginning at the time posted.

16.4 Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b).

16.5 On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes rule 62.2.

17. SCORING

17.1 1 race is required to be completed to constitute a series.

17.2 11.2 (a) When fewer than 4 races have been completed, a boat's series score will be the total of her race scores.

18. REPLACEMENT OF CREW OR EQUIPMENT

18.1 Substitution of competitors will not be allowed without prior written approval of the race committee.

18.2 Substitution of damaged or lost equipment will not be allowed unless authorized by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

19. EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee equipment inspector or measurer to proceed immediately to a designated area for inspection.

20. OFFICIAL BOATS

Official boats will be marked as follows: All vessels will carry a red flag posted somewhere on the vessel to indicate its official status.

21. SUPPORT BOATS

21.1 Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.

22. TRASH DISPOSAL

Trash may be placed aboard support or official boats.

23. HAUL-OUT RESTRICTIONS

Keelboats shall not be hauled out during the regatta except with and according to the terms of prior written permission of the race committee.

24. DIVING EQUIPMENT AND PLASTIC POOLS

Underwater breathing apparatus and plastic pools or their equivalent shall not be used around keelboats between the preparatory signal of the first race and the end of the regatta.

25. RADIO COMMUNICATION

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

26. PRIZES

Prizes will be given as follows: Prizes shall be given for first second and third places. First place winner will also receive a perpetual trophy to be kept at MBYC in perpetuity. The grantee shall receive a "Keeper" and have their name as well as the name of the winning yacht engraved on the trophy.

27. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

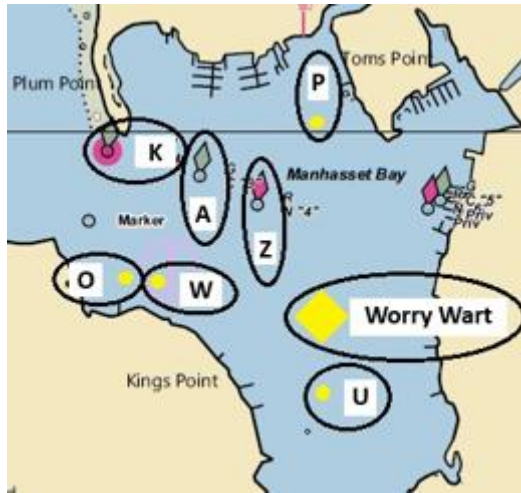
28. INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a sufficient amount of coverage for use during events of this type and nature.

Attachment A

The Course Area

Shown here is a map of the Manhasset Bay area in detail. All racing shall take place within the bounds of this map.



Attachment B

Course Diagrams

Shown here are diagrams of the possible courses that the race committee may utilize. Colores of marks are not represented and are subject to change.

Windward - Leeward

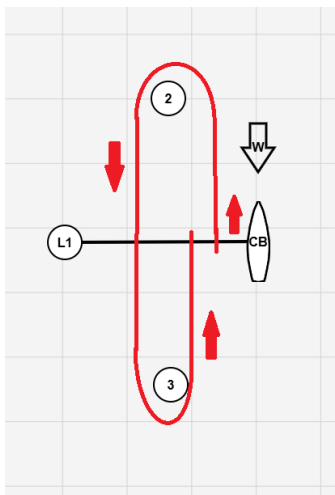
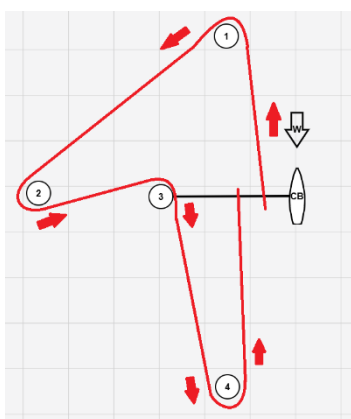
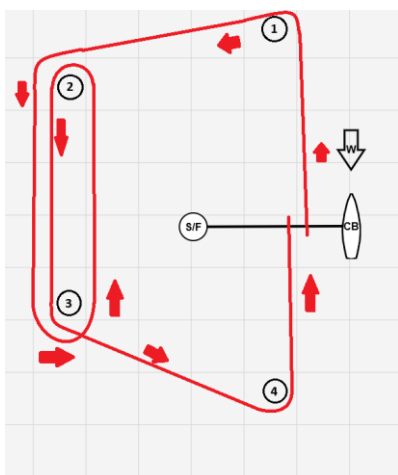


Figure – 4



Modified Trapezoid



ATTACHMENT C

BOATS PROVIDED BY THE ORGANIZING AUTHORITY

4 BOATS

- 4.1** Boats will be provided for all competitors, who shall not modify them or cause them to be modified in any way except that
- (a) a compass may be tied or taped to the hull or spars;
 - (b) wind indicators, including yarn or thread, may be tied or taped anywhere on the boat;
 - (c) hulls, centreboards and rudders may be cleaned, but only with water;
 - (d) adhesive tape may be used anywhere above the water line; and
 - (e) all fittings or equipment designed to be adjusted may be adjusted, provided that the class rules are complied with.
- 4.2** All equipment provided with the boat for sailing purposes shall be in the boat while afloat.
- 4.3** The penalty for not complying with one of the above instructions will be disqualification from all races sailed in which the instruction was broken.
- 4.4** Competitors shall report any damage or loss of equipment, however slight, to the organizing authority's representative immediately after securing the boat ashore. The penalty for breaking this instruction, unless the protest committee is satisfied that the competitor made a determined effort to comply, will be disqualification from the race most recently sailed.
- 4.5** Class rules requiring competitors to be members of the class association will not apply.