



# **SAILING INSTRUCTIONS**

## ***PEQUOT INVITATIONAL REGATTA***

*for the*

### **J109 CLASS**

**June 6 & 7, 2026**



#### **ORGANIZING AUTHORITY**

**Pequot Yacht Club**

#### **1. RULES**

- a) The rules as defined in the Racing Rules of Sailing and the J109 Class Rules.
- b) The Minimum Equipment Recommendations of the YRALIS and the US Coast Guard Regulations for Connecticut, Part Four, Safety Equipment are strongly recommended.
- c) The US Sailing Prescriptions to rule 63.1(b) shall not apply.
- d) In the event of a conflict between the rules in the Notice of Race and the Sailing Instructions, the Sailing Instructions shall prevail. This changes rule 63.5.
- e) Class Rule 2.3 is replaced such that ISAF Group 3 competitors are not permitted unless they are a 100% owner of the boat.
- f) RRS 40 is replaced by: "It shall be the individual responsibility of each competitor to wear personal flotation devices when they or their skipper determines that conditions warrant the same. US Sailing promotes compliance with applicable government regulations regarding life-saving equipment."

#### **2. SKIPPER'S MEETING, NOTICES TO COMPETITORS, EVENT WEBSITE and VHF CHANNELS USED**

- a) There will be an optional Skipper's Meeting at 11:30 on Saturday on the dock prior which is also optional but skippers and crew are highly encouraged to attend.
- b) Notices to competitors will be posted on the official notice board located on the Event Website at <https://yachtscoring.com/emenu/50697>. The Race Committee may also make courtesy broadcasts on the VHF channel 71 at 10:30 on race days.
- c) Copies of notices posted on the Official Notice Board may be distributed to competitors via email and/or text messages. Competitors are reminded to ensure their contact details are inputted correctly on the event website. This functionality is a courtesy only and failure to send or receive any notices shall not be grounds for redress. This changes rule 61.4(b)(1).
- d) VHF Channel 71 shall be used by the Race Committee to communicate with the competitors.

#### **3. CHANGES TO SAILING INSTRUCTIONS**

Changes to the Sailing Instructions will be posted on the event website and Official Notice Board before 20:00 on the day before they will take effect. Oral changes may be given on the water and will be communicated over VHF radio on channel 71.

#### **4. SIGNALS MADE ASHORE**

- a) Signals made ashore will be displayed on the Pequot JR. Yacht Club flagpole and announced on VHF Channel 71.
- b) When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in the race signal AP.

#### **5. SCHEDULE OF RACES**

- a) The scheduled time of the warning signal for Saturday June 6<sup>th</sup> is 12:55; and Sunday June 7<sup>th</sup> is 11:55.
- b) More than one race may be held on any day at the sole discretion of the race committee.
- c) If the race committee intends to start another race on the same day, it will display the second substitute (with no sound) while boats are finishing.
- d) No warning signal will be made after 15:00 on Sunday.

#### **6. RACING AREAS**

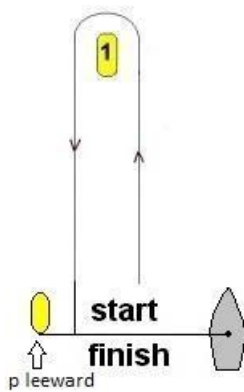
Races will be sailed in the waters off Southport Harbor.

## 7. THE COURSES

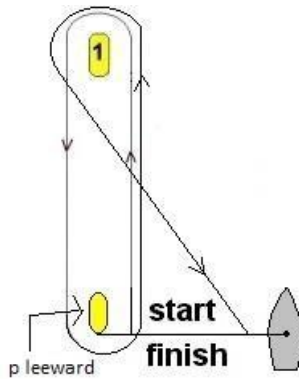
- The course for each race will be a Windward-Leeward (“WL”) with an even number of legs.
- The race committee signal boat will display the approximate magnetic bearing and range, in nautical miles and tenths, from the signal boat to the windward mark. The signal boat will also display the number of legs using even numbers 2-6. This information may be announced on VHF channel 71 as a courtesy.
- The windward mark, known as mark 1, shall be rounded to port. The starting mark shall “double” as the leeward mark, shall be rounded to port, and will be known as p/leeward.
- For course 2, the course is as follows: start, 1, finish.
- For course 4, the course is as follows: start, 1, p/leeward, 1, finish.
- For course 6, the course is as follows: start, 1, p/leeward, 1, p/leeward, 1, finish.

Sample course board and configurations:

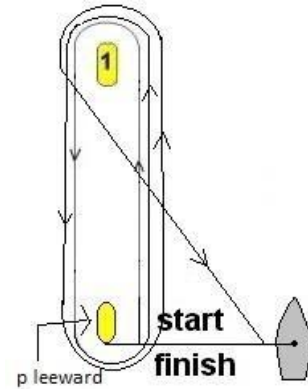
Bearing “B”	Range “R”	Course “C”
2	1	4
3	5	
0		



Course 2



Course 4



Course 6

Please note these course illustrations are provided only as a courtesy.

## 8. MARKS

- Marks are described as follows:

<u>Original Marks</u>	<u>Starting Mark</u>	<u>Finish Mark</u>	<u>Change Marks</u>
Orange tetrahedron inflatable	Orange Tetrahedron inflatable, fixed racing mark, or staff with a with flag on a float	Orange Tetrahedron inflatable, fixed racing mark, or staff with a with flag on a float	Orange tetrahedron inflatable with a black band

## 9. THE START

- a) The starting line will be between a staff displaying a yellow flag on the Race Committee Signal Boat at the starboard end and the course side of the port-end Starting Mark.
- b) Races will be started by using rule 26 and amended as follows: Approximately one minute before the daily first warning signal, a series of horns will be sounded.
- c) A boat that starts later than 10 minutes after her starting signal will be scored DNS without a hearing. This changes rules 63.1, A4 and A5.

## 10. RECALLS

The race committee will attempt to identify OCS boats and to broadcast their sail numbers on the race course VHF channel. Failure of a boat to see or hear her recall notification, and the timing and order of such hail, shall not be cause for redress. This changes rule 61.4(b)(1).

## 11. CHANGE OF COURSE

To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When, in a subsequent change during the same race, a new mark is replaced, it will be replaced by an original mark.

## 12. THE FINISH

- a) The finishing line will be between a staff displaying a yellow flag on the Race Committee Signal Boat and the course side of the Finish Mark.
- b) The race committee may assign a finish position to a boat if doing so will enable another race to be started as quickly as possible. This changes rule A5.

## 13. PENALTY SYSTEM

- a) The US Sailing Prescription Appendix V1 shall apply.
- b) The Protest Committee shall score any boat disqualified due to contact as DSQ and shall add additional penalty points equal to the number of entries to any such disqualified boat's series score. This changes rule A4.2 and 90.

## 14. TIME LIMIT

The time limit for the first boat to sail the course and finish in each class will be 1.5 hours from the starting time. Boats failing to finish within 30 minutes after the first boat sails the course and finishes shall, without a hearing, be scored Time Limit Expired (TLE) by the Race Committee and be assigned points equal to the number of boats that have sailed the course and finished within the time limit, plus two. This changes rules 35, A4, and A5.

## 15. PROTESTS AND REQUESTS FOR REDRESS

- a) Rule 60.2(a) is changed to require that the red flag must be flown from the backstay.
- b) Rule 60.2(a) is changed to include the following notice and procedures: At any time after the incident, up to and including as soon as possible after finishing, a protesting boat shall notify the race committee over VHF channel 71 of its intent to lodge a protest and the identity of the boat it intends to protest. Failure to do so may be grounds for deciding the protest invalid. This modifies RRS 60.4(a)(1). The race committee will identify all protests for that race received by the Committee by broadcast over VHF channel 71. Broadcasts will commence approximately 5 minutes after the first boat has finished and will be repeated at approximate 15-minute intervals until the last boat has finished. These broadcasts are made only as a courtesy to competitors. Failure of the race committee to make such broadcasts or a competitor to hear such broadcasts shall not be grounds for redress. This changes rule 61.4(b)(1).
- c) At the first reasonable opportunity during, or immediately after, the race, a boat that accepted a One-Turns Penalty shall report that fact to the race committee on VHF channel 71 and identify the other boat(s) involved in the incident. This changes rule 44.2.
- d) Competitors are requested to use the standard US Sailing protest form for filing protests and requests for redress. Protest forms are available in the Sailing Center of Pequot Yacht Club and on the Event Website.
- e) Written protests shall be delivered to the Front Desk located in the Pequot Yacht Club Clubhouse within 30 minutes after the race committee signal boat docks. The time limit will be posted on the physical Official Notice Board on the first floor of the Senior Clubhouse. A list of protests, and the order in which they will be heard, will be posted on the physical Official Notice Board, no later than 15 minutes after the protest time limit expires.

- f) Protest hearings will be held at Pequot Yacht Club as soon as possible after each day of racing. A protest against a boat whose representative is not present may be heard without representation from the protested boat as provided in rule 63.3(b). Protest hearings may be open to all at the discretion of the protest committee.
- g) It is the responsibility of the parties to ensure that their witnesses are available when called to testify.

#### **16. SCORING**

- a) One race constitutes a series.
- b) A boat's series score will be the total of her race scores including any penalties from SI 13b. This changes rules A2 and 90.
- c) A boat scored DNF will receive points equal to the number of boats that started the race plus one point. This changes rules A4.1, A4.2, and A5.
- d) Rule A8.1 shall apply to break a series tie.

#### **17. CHECK-IN AND WITHDRAWAL/RETIREMENT**

- a) Check in on Water: Prior to their course signal each day, each boat shall check in with the Race Committee Signal Boat by sailing or motoring by the stern of the signal boat and announcing her sail number.
- b) A boat withdrawing before the start or retiring from a race for any reason shall notify the race committee at the earliest possible opportunity on VHF channel 71 or by telephone to Pequot Yacht Club marine office at (203) 255-5740.

#### **18. ELECTRONIC COMMUNICATION**

- a) Each boat shall carry a radio capable of transmitting and receiving VHF channels 16, 69, and 71.
- b) Except in an emergency or to report a protest or withdrawal, or as otherwise provided herein, a boat shall neither make radio or internet transmissions while racing nor receive radio or internet communications not available to all boats. This restriction includes mobile telephones and other electronic communication.
- c) The race committee may make courtesy communications and may announce changes to the starting line or the course on VHF channel 71. Failure to hear such broadcasts shall not be grounds for redress. This changes rule 61.4(b)(1).

#### **19. PRIZES**

Prizes will be awarded at Pequot Yacht Club as soon as possible after the final race and protest hearings to the first, second and third place boats.

#### **20. DISCLAIMER OF LIABILITY / RESPONSIBILITY FOR SAFETY**

By participating in this event and any related activity sponsored or undertaken by Pequot Yacht Club, the owner, helmsman and each crew member agree: that they understand that sailing is an activity that has an inherent risk of serious bodily injury (including permanent disability, paralysis and death by drowning or otherwise), property damage and other economic loss; that the safety of the boat and her crew and the decision whether or not to start or continue to race is solely their responsibility and at their own risk, see RRS 3 "Decision to Race"; that Pequot Yacht Club and its officers, trustees, members, committees, employees, agents and sponsors will not be responsible for damage to any boat or other property, or to any participant, including injury or death; and that each of them releases and waives all claims which he or she, or any heir, representative, successor or assignee, may have against Pequot Yacht Club and its officers, trustees, members, committees, employees, agents and/or sponsors, arising out of or in any way connected with participation in such race or activity. Assistance, if any, from the race committee or other Pequot Yacht Club vessels, or patrol boats, from any personnel manning them, is at the risk of the participant.

#### **21. OTHER DOCUMENTS**

Forms, documents, scratch sheets, and results related to this event are located at

<https://www.yachtscoring.com/emenu/50088>

Competitors may consult the physical Official Notice Board for additional information.

#### **22. CONTACT INFORMATION:**

Pequot Yacht Club, 669 Harbor Road, Southport CT (203) 255-5740

Regatta Chair  
Principal Race Officer

Dan Nash  
Sarah Stephan

Race Committee Chair  
Protest Committee Chair

Campbell Houston  
Philip Hood

Pequot Yacht Club cordially extends the privileges of the Clubhouse and harbor to participants during the regatta.

**Requests from the organizer:** *Competitors, including those sailing on member's boats, are requested to park on the street.*