

SAILING INSTRUCTIONS



Centennial Distance Regatta

Saturday, July 11, 2026

1. RULES Racing will be governed by:

- 1.1 The current Racing Rules of Sailing (RRS), except as modified herein, by the Notice of Race, the prescriptions of US Sailing, and the PHRF regulations of the Yacht Racing Association of Long Island Sound.
- 1.2 Boats must comply with the Safety Equipment Requirements (USSER) for Coastal events; these requirements are available at <https://www.ussailing.org/wp-content/uploads/2024/12/SER-2025.0-Monohull-Coastal.pdf>
- 1.3 Between the hours of sunset and sunrise, the rules of Part 2 are replaced with the International Regulations for Preventing Collisions at Sea (IRPCAS).
- 1.4 Boats sailing Double-handed may use autopilots. This modifies RRS 52.
- 1.5 Boats sailing Double-handed may communicate amongst themselves by VHF Radio.
- 1.6 RRS Appendix T Alternative Penalties applies to this event.

2. COMMUNICATIONS

- 2.1 Notices to competitors will be posted on the event notice board on Yachtscoring.com at <https://www.yachtscoring.com/>
- 2.2 Amendments to these Sailing Instructions and other notices to competitors will be posted on Yachtscoring.com and on the Regatta Notice Board located on the clubhouse deck of Black Rock Yacht Club. Postings will be made prior to 1500 hrs on July 11.
- 2.3 At 1530 hrs on July 11, the Race Committee (RC) will advise the fleet on VHF Channel 68 if there have been any amendments or special announcements.
- 2.4 Signals made ashore will be displayed at the launch house of Black Rock Yacht Club.
- 2.5 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 1 hour". Race Signals are changed.
- 2.6 Each boat shall carry a VHF radio capable of receiving and transmitting on Channels 1001 (01A), 1005 (05A), 13, 16 and 68.

- 2.7 Each boat shall carry a mobile phone, the number of which shall be on file with the RC (mobile phone contact information to be submitted via the event entry form). It shall be kept on and charged during the race for both voice and text communications and shall remain on for 2 hours after finishing.
- 2.8 The RC will monitor VHF Channels 16 and 68. Each competitor shall monitor VHF Channel 68 until two minutes after the start of their class and then should monitor VHF Channel 16 for the duration of the race.

3. CLASSES AND SCHEDULE

- 3.1 Boats will be assigned classes and class flags which will be listed on the Scratch Sheet posted on Yachtscoring.com. Classes will be started in the order they are listed on the Scratch Sheet.
- 3.2 Competitors shall be required to display from their permanent backstay, the code flag corresponding to her class.
- 3.3 The first warning signal is scheduled for 1555 hrs.

4. COURSES

- 4.1 The starting area shall be in the vicinity of RN "2A" in the vicinity of Black Rock Harbor.
- 4.2 Courses and course letters are listed in Appendix A. These Sailing Instructions may be amended to add courses until 2100 hrs on July 10, the day before the race.
- 4.3 For each class, the RC will post the class number with its Course Letter underneath on a chalk board. The RC may but is not required to announce the courses for each class on VHF Channel 68.
- 4.4 Course images that appeared in an early version of the Sailing Instructions were for visual reference only and have been deleted from this document to avoid any confusion. The written course descriptions remain accurate.

5. THE START

- 5.1 The starting line will be between a white flag on the RC Boat and an inflatable buoy.
- 5.2 Individual recalls will be signaled by displaying Code Flag "X" and one audible sound. RC will attempt to notify OCS boats on VHF Channel 68. This modifies RRS 29.1. Failure of a boat to hear a recall, or the timing and order of recalls shall not be grounds for redress.

6. FINISH

- 6.1 When a boat is finishing and is 1 mile from RN "2A" in Black Rock harbor, the boat will notify the RC on VHF Channel 68.
- 6.2 The finish line will be between the RC Boat and RN "2A" if the RC is on station at the finish.

6.3 If the RC is not on station at the finish, boats will “self-finish” by self-reporting their own GPS-based finish time when they are within 100 Feet of RN “2A” and RN “2A” bears 000 degrees (North). Boats shall inform the RC on VHF Channel 68 that she is arriving to finish. The boat shall report her GPS-based finish time, her position, and the sail numbers of any nearby boats to the RC via VHF/Phone/Email within 30 minutes of finishing. If no report is received within 30 minutes of finishing, the boat will be scored DNF.

7. PROTESTS

7.1 A boat intending to protest or request redress shall notify the RC within 1 hour of finishing.

7.2 Protests and redress requests shall be completed and submitted online through Yachtscoring.com/General Race Forms/For Competitors. The Protest Committee will contact the parties involved and a hearing will be scheduled as soon as possible.

8. SCORING AND AWARDS

8.1 A boat's finishing place will be determined by using the YRA of LIS PHRF handicap rating and time on time scoring.

8.2 Awards will be presented per class at 1600 on Sunday on the deck at BRYC. 1st, 2nd and 3rd place trophies shall be awarded for each class. All boat crews are invited to attend. Food and beverages will be served.

9. INSURANCE; RISK STATEMENT; and DISCLAIMER OF LIABILITY

9.1. Each participating boat shall be insured with valid third-party liability insurance sufficient to cover liability for loss, damage, personal injury, or death.

9.2 RISK STATEMENT

The responsibility for a boat's decision to participate in a race or to continue to race is hers alone. See RRS 3, Decision to Race. By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.

9.2 DISCLAIMER OF LIABILITY

Competitors participate in the event entirely at their own risk. It is the sole responsibility of the Skipper/Owner of each boat to see that she is seaworthy in all respects and that she is manned by a competent crew. The Skipper/Owner and all the members of the crew of each boat, by participating in this Race, agree to do so at their own risk, and waive any claim against and hold harmless the Black Rock Yacht Club, its officers, directors, committees, members, employees, sponsors, and agents against any claims arising in any way out of the participation in the BRYC

Centennial Distance Regatta and related activities of such boat, her Skipper/Owner and crew. Assistance, if any, from the RC or other Black Rock Yacht Club vessels, or patrol boats or from any personnel manning them, is at the risk of each participant.

APPENDIX A: COURSES

Course “A” - 69 nm

- Start to Kimberly Reef “Lighted Bell Buoy Kr” RGRFL (2+1) R 6S Bell
- To “Stratford Shoal Middle Ground” R “2” FL R 4S (Starboard -hand lateral buoy)
- To Charles Island R16 FL R 4S
- To R 18 FL R 4S
- To Finish “Special A”
- **** All marks left to STARBOARD except for “Charles Island R16 FL R 4S” which will be left to PORT**

Course “B” – is Course “A” Reversed

Course “C” – 43 nm

- Start to New Haven Harbor Lighted Whistle Buoy “NH” RWMO (A) W 8S 4M WHIS
- To Port Jefferson Approach Lighted Whistle Buoy “PJ” RWMO (A) W 8S Whistle
- To To Finish “Special A”
- **All markets left to STARBOARD**

Course “D” – is Course “C” Reversed

Course “E” - 35nm

- Start to New Haven Harbor Lighted Whistle Buoy “NH” RWMO (A) W 8S 4M WHIS
- To “Stratford Shoal Middle Ground” R “2” FL R 4S (Starboard -hand lateral buoy)
- To Finish “Special A”
- **All markets left to STARBOARD**

Course “F” – is Course “E” Reversed