



*ILCA District 7 Regatta
Duck Island Yacht Club
Westbrook, CT
Saturday, October 3, 2026*



Notice of Race (NOR)

The ILCA North American District 7 and the Duck Island Yacht Club (DIYC) are the Organizing Authorities (OA) for this event.

1. RULES

- 1.1 The event is governed by the rules as defined in the Racing Rules of Sailing (RRS).
- 1.2 This event will serve as the final District 7 Grand Prix event.
- 1.3 Boats may be sailed with non-class sails as long as the sailmaker's certification that the sails do comply with Laser Class dimensions and cloth weights is made available. This changes ILCA class rules.

2. SAILING INSTRUCTIONS

The SIs will be available at the skippers meeting and on the Yachtscoring event page.

3. COMMUNICATION

The official notice board is located online at <https://yachtscoring.com/emenu.cfm?eID=50710>.

4. ELIGIBILITY AND ENTRY

- 4.1 The event is open to boats of the ILCA 7 class, sailed by members of District 7 or DIYC One Design Sailing.
- 4.2 Eligible boats must enter and pay online by registering at the Yachtscoring event webpage above.
- 4.3 To be considered an entry in the event, a boat shall complete all registration requirements and pay all fees.

5. FEES

Entry fee is \$60 until September 12, 2026. A late fee of \$5 will apply to any entry received after September 12, 2026.

6. SCHEDULE

October 3, 2026

Check In, Late Registration	1000
Close of Entries	1030
Skippers Meeting	1030
First Warning	1200
Beverages and Dinner	1700
Awards	1730

7. VENUE

Racing will take place in the waters of Duck Island Roads.

8. COURSES

The courses to be sailed will be Windward/Leeward or Triangle courses using drop marks.

9. PENALTY SYSTEM

US Prescription V1 – PENALTY AT THE TIME OF AN INCIDENT will apply.

10. SCORING

10.1 When fewer than 5 races have been completed, a boats score shall be the total of her race scores.

10.2 One race shall constitute a regatta.

11 RISK STATEMENT

11.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**

11.2 The OA will not accept any liability for material damage or personal injury or death sustained in conjunction with, or prior to, during, or after the regatta

12. PRIZES

Prizes will be awarded to the top three overall finishers.

13. FURTHER INFORMATION

For further information, contact diyc.fleetcaptain@gmail.com

Duck Island Yacht Club

34 Hammock Rd S

PO Box 593, Westbrook, CT 06498

www.diyc.com

14. DIRECTIONS

From I-95 North: Take exit 64. At the stop sign turn right, at the next stop sign turn right. After about ¼ mile take a left onto Grove Beach Rd. At the light take a left onto Route 1. Take the first right after the bridge and Atlantic Outboard onto Hammock Rd. South. The street sign also has a "Town Dock" sign on top of it. The entrance to DIYC is on the left at the top of the hill.

From I-95 South: Take exit 65. At the end of the exit take a left. Follow signs to Route 1. At the town green bear right onto Route 1. Go over the bridge past Bill's Seafood and take a left onto Hammock Rd. South. The entrance to DIYC is on the left at the top of the hill.