



SAILING INSTRUCTIONS YOUTH OPTIMIST REGATTA REGATTA

August 6-7, 2026

ORGANIZING AUTHORITY (OA)

Nantucket Race Week, L.L.C.

Regatta website www.nantucketraceweek.org

HOSTS

The Nantucket Yacht Club (NYC), Great Harbor Yacht Club (GHYC), Nantucket Community Sailing (NCS), the Nantucket Race Week Committee (NRW) and the Nantucket IOD Fleet Association (NIODFA).

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SAILING INSTRUCTIONS

Youth Optimist Regatta

A Part of Nantucket Race Week

August 6-7, 2026

1. **RULES**

- 1.1. The Regatta will be governed by the rules as defined by The Racing Rules of Sailing (RRS).
- 1.2. US Sailing Prescriptions will apply.
- 1.3. RRS 60.4(a)(2) is changed as follows: “(2) if it alleges a breach of a rule of Part 2 or rule 31 and is from a boat that was not involved in, and did not see, the incident, or”.
- 1.4. Appendix V1, PENALTY AT THE TIME OF AN INCIDENT will apply.

2. **CHANGES TO THE SAILING INSTRUCTIONS**

- 2.1. Any changes to the Sailing Instructions will be posted at least 2 hours prior to the affected event on the [Official Notice Board](#) or verbally by the signal vessel prior to the warning signal.
- 2.2. The race committee may make changes on the water to the Sailing Instructions by hail to each boat before the warning signal in accordance with RRS 90.2(c).

3. **SCHEDULE**

- 3.1. The regatta will be sailed over two days: August 6 and 7, 2026.
- 3.2. There will be no competitors meeting. Coaches will verbally deliver instructions ahead of rigging at home clubs.
- 3.3. On Thursday, August 6, the first warning signal will be at 1300.
- 3.4. On Friday, August 7, the first warning signal will be at 1000.
- 3.5. No race will be started after 1530 on Thursday, August 6. No race will be started after 1430 on Friday, August 7.
- 3.6. Multiple races are planned each day.
- 3.7. Awards are scheduled at 1600 at Nantucket Yacht Club on Friday, August 7.

4. **CLASS FLAGS**

- 4.1. The class flag for the Championship Fleet will be a white flag with the Optimist logo.
- 4.2. The class flag for the Green Fleet will be a green flag with the Optimist logo.

5. **RACING AREAS**

All races will be sailed in Area 1 or Area 2 as shown in Addendum A.

6. **COURSES**

- 6.1. The courses to be sailed are shown in Addendum B, including the approximate angles between legs and the order in which marks are to be passed. The courses will be hailed from the signal vessel or displayed on a white board.
- 6.2. The Start/Finish line is “protected”. See SI 11, below.

7. **MARKS**

- 7.1. All marks for the will be red balls, except as provided in SI 7.2.
- 7.2. The race committee may set a course for the Green Fleet using a green windward mark. This will be communicated to each boat in the Green Fleet prior to their warning signal.

8. **THE START**

- 8.1. The class flag(s) will be displayed at least one minute before the starting sequence.
- 8.2. Repeated short sound signals will be made approximately ten seconds before the warning signal.
- 8.3. Races will use the Audible-Signal Racing System of Appendix U (3-minute dinghy starts).

- 8.4. The starting line will be between a staff displaying an orange flag on the signal vessel at the starboard end and the course side of the port end starting mark.
- 8.5. The two Divisions may be started separately or together.
- 8.6. Boats may not start more than 3 minutes after their starting signal.
- 8.7. If any part of a boat's hull is on the course side of the starting line the race committee will attempt to hail the sail numbers of those boats after the starting signal. The failure to hail her number, failure to hear such a hail, and the order and timing of such hails, will not be considered an improper action or omission by the race committee under RRS 61.4(b)(1).
- 8.8. Boats whose warning signal has not been made shall keep clear of the starting area.

9. CHANGE IN THE NEXT LEG OF THE COURSE

The course may be changed or shortened during racing without signaling at the previous mark. This changes RRS 33. The Race Committee will attempt to hail each boat.

10. THE FINISH

The finishing line will be between a staff displaying an orange flag on the signal vessel at the starboard end and the course side of the port end starting mark.

11. PENALTY SYSTEM

After starting and before finishing, the starting and finishing lines are obstructions, and boats are prohibited from sailing through them. Boats may not correct this error and will be disqualified without a hearing. This changes RRS 28 and A5.

12. TIME LIMIT

- 12.1. The time limit for the first boat to sail the course and finish will be 45 minutes.
- 12.2. Boats still racing more than 10 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.

13. SCORING

RRS A5.3 shall apply.

14. PROTESTS AND REDRESS

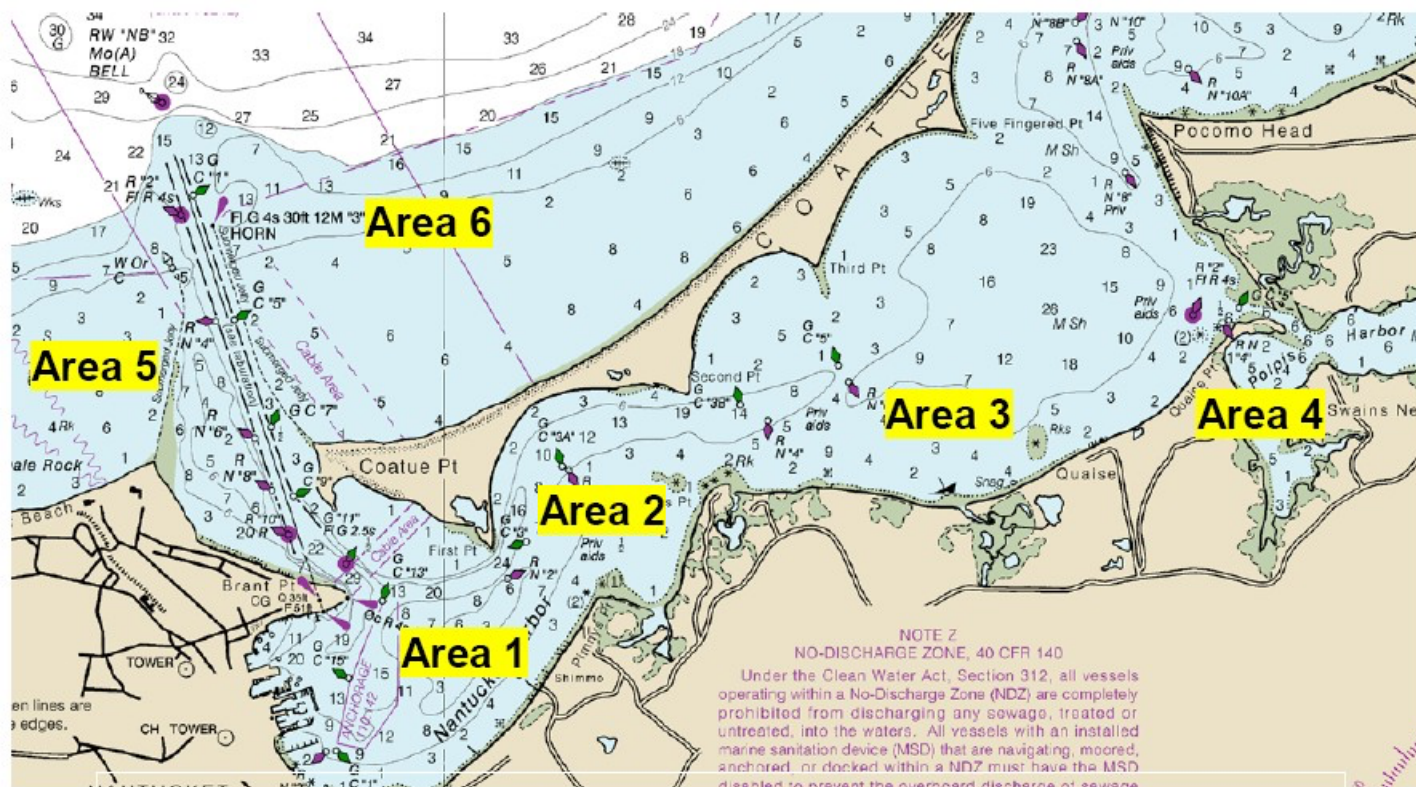
- 14.1. Boats shall immediately inform the boat they are protesting.
- 14.2. A boat intending to protest shall inform the race committee upon finishing.
- 14.3. Except as stated in SI 14.5, protests need not be written and will be heard using a "3-Minute Justice" system. This changes RRS 60.3
- 14.4. For protests for incidents involving serious damage or injury, the Protest Time Limit will be 45 minutes after the docking time of the Signal Boat.
- 14.5. Protests for incidents involving serious damage or injury shall be filed in writing before the Protest Time Limit, and a hearing will be conducted in accordance with RRS 63.
- 14.6. The Protest Desk will be located at the Nantucket Yacht Club.

15. SAFETY

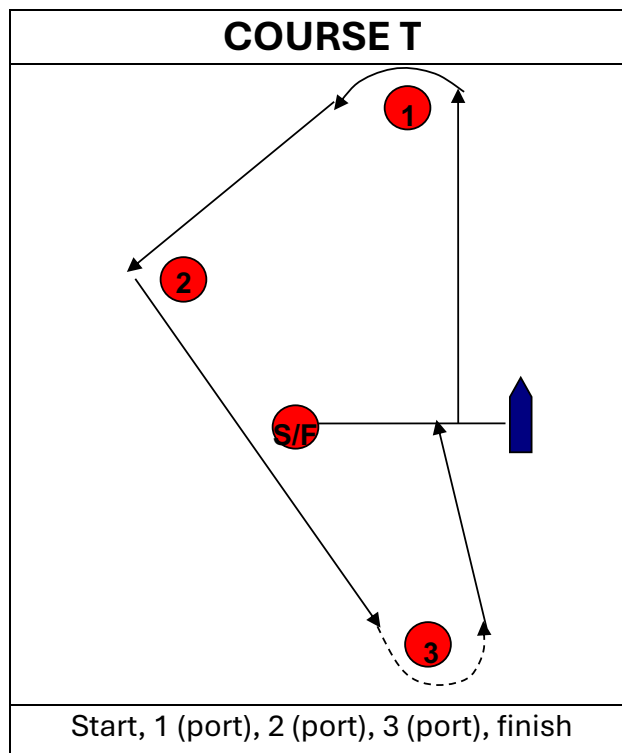
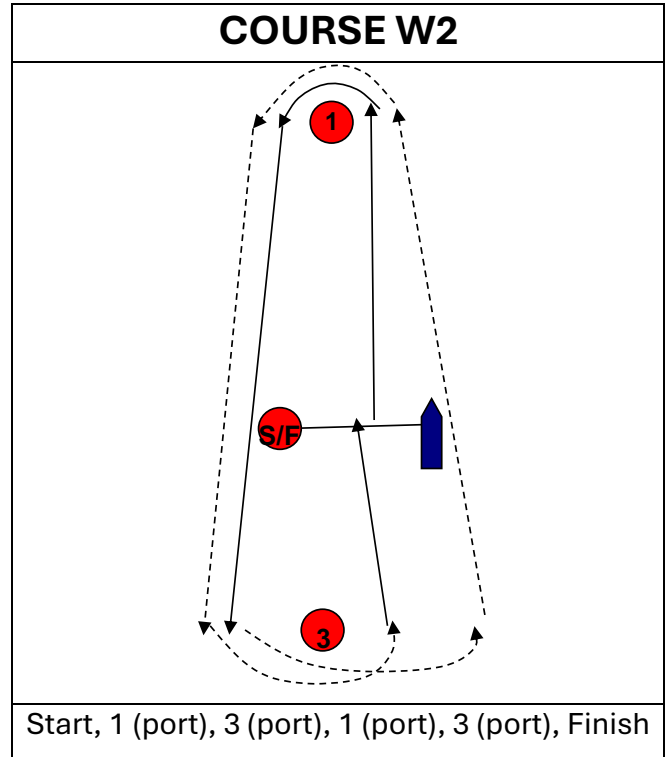
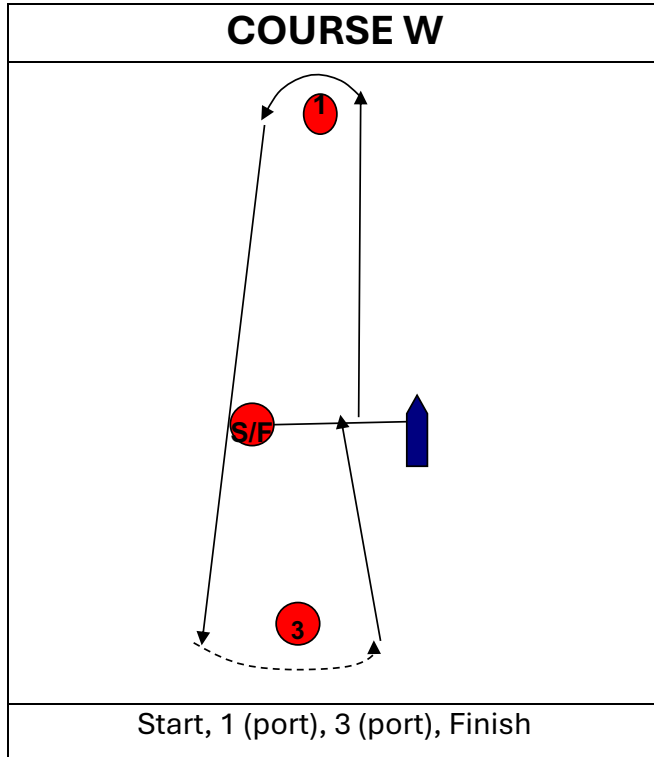
- 15.1. All boats shall check-in with the race committee before the start of the first race by sailing past the signal vessel on starboard tack and hailing their sail number and receiving confirmation from the race committee.

15.2. A boat that retires from the racing area shall notify the race committee as soon as possible.

ADDENDUM A: RACING AREAS



ADDENDUM B – COURSE DIAGRAMS





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