



2026 ONE DESIGN SERIES

Nantucket Yacht Club



SAILING INSTRUCTIONS

1 RULES

- 1.1 The series will be governed by the rules as defined by The Racing Rules of Sailing.
- 1.2 US Sailing Prescriptions will apply.
- 1.3 Appendix V1, PENALTY AT THE TIME OF AN INCIDENT will apply.
- 1.4 Appendix T, ARBITRATION may be available. If so, it will be announced orally at the Competitors Meeting on each race day.
- 1.5 Rule 60.4(a)(2) is changed as follows: "(2) if it alleges a breach of a rule of Part 2 or rule 31 and is from a boat that was not involved in, and did not see, the incident, or"
- 1.6 The protest committee may impose penalties less than disqualification [DP], for violation of the class rules and racing rules other than those of RRS Part 1 and Part 2. The notation "[DP]" in a rule in these Sailing Instructions means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.
- 1.7 Nantucket Yacht Club Policies and Protocols and local fleet rules, posted on the Official Notice Board, shall apply.
- 1.8 No paid member of the crew may take the helm at any time except to avoid collision or imminent danger.

2 COMMUNICATIONS WITH COMPETITORS

- 2.1 Notices to competitors will be posted on the Official Notice Board, which is online and accessible at
 - Notices from the Official Notice Board will be posted on the (physical) Club Bulletin Board when appropriate and as a courtesy.
- 2.2 The Race Committee will post changes to the Sailing Instructions 2 hours prior to the affected event(s) when appropriate or within 15 minutes of the termination of any competitors' meeting.
- 2.3 On-the-water changes in the Sailing Instructions will be announced orally by the Race Committee prior to the first race in which they are to take effect.
- 2.4 The Race Committee will use VHF channel 73 on *Race Circle One*, and channel 74 on *Race Circle Two*, to communicate with competitors.
- 2.5 Except in an emergency, a boat that is racing shall neither make nor receive voice or data transmissions not available to all boats.

2.6 When flag Y  is displayed, prior to the warning signal, from the race committee signal vessel:

- a) PFDs (lifejackets) shall be worn by all competitors.
- b) RRS 44.3 Scoring Penalty will be in effect, instead of RRS V1 (turns).
- c) Rhodes-19s shall not use spinnakers.

3 SIGNALS MADE ASHORE

3.1 Signals made ashore will be displayed from the flagpole at the Nantucket Yacht Club. If a Postponement is signaled ashore, '1 minute' is replaced by 'not less than 60 minutes' in Race Signal AP.

4 SCHEDULE

4.1 A Competitors Meeting will be held at 1100 every Saturday, July 4th through September 5th.

4.2 The first warning signal will be at 1230 every race day on both *Race Circles*. Subsequent races each day will be held as soon as possible after the end of the previous race.

4.3 On *Race Circle One*, three races are scheduled each day. On Race Circle Two, four races are scheduled each day. The Race Committee may run additional races if time permits or a class is behind the scheduled number of races for the series.

4.4 No races will be held for classes with fewer than 2 boats.

4.5 For the first race, classes will start in the following order: *Race Circle One* - Alerion, Indian, then Rhodes 19. *Race Circle Two* - Marshall Cat 15, H - 12^{1/2} Class, then Rainbow.

5 RACE AREA

5.1 There will be two areas used each race day, called *Race Circle One* and *Race Circle Two*.

5.2 The racing area for each *Race Circle* will be one of the three Areas shown on Attachment C and will be announced at the Competitors Meeting every race day.

6 CLASS FLAGS

6.1 For the first race, classes will start in the following order using the flags indicated for each class:

Race Circle One	Flag
Alerion	
Indian	
Rhodes 19	

Race Circle Two	Flag
Marshall 15	
Herreshoff 12 1/2	
Rainbow	

7 COURSES

- 7.1 The diagrams in Attachments A and B show the courses, including the approximate angles between legs and the order in which marks are to be passed.
- 7.2 On *Race Circle One*, no later than the warning signal, the Race Committee will designate the course configuration by a number on the Signal Boat's course board followed by the marks to be rounded. See Attachment A. All marks listed are to be rounded to port unless a gate is in place or a mark is accompanied by an "S" for a starboard rounding. The Race Committee will clearly announce whether a gate is in place. A course without a number may also be posted with all rounding marks listed.
- 7.3 On *Race Circle One*, the letter "T" alongside the course number designates **twice around**.
- 7.4 On *Race Circle Two*, the course will be hailed from the race committee vessel. See Attachment B.
- 7.5 After *starting* and before *finishing*, the starting and finishing lines are *obstructions*, and boats may not sail across either of them. Boats may not correct this error and will be scored with a 30% scoring penalty without a hearing. This changes RRS 28 and A5. On *Race Circle One*, the starting line *obstruction* is defined by the small orange mark and the signal vessel. If the small orange mark is not in the water, then the small green mark applies.

8 MARKS

- 8.1 Marks on *Race Circle One* may be any of the marks described below:

Mark	Description
A	Red nun "2A" between First and Second Points
B	Red nun "2B" between First and Second Points
C	Green Can "13", off Brant Point
D	Red nun "2" near the entrance to Polpis Harbor
E	Red nun "2" off First Point
F	Red nun "6" off Third Point
G	Green inflatable drop mark
H	Red nun "6" off Jetties Beach
M	Red nun "4" off Second Point
O	Orange inflatable drop mark
P	Red nun "8" off Pocomo
X	Red & White bell buoy "NB" outside harbor entrance
Y	Yellow inflatable drop mark

- 8.2 On *Race Circle One*, the starting mark for Alerions will be a small orange inflatable mark. The starting mark will remain the same for all other classes unless replaced by a small green inflatable. This will be made clear to competitors via VHF.
- 8.3 The finishing mark will be a red ball.
- 8.4 All marks on *Race Circle Two* will be red or pink balls or inflatable tetrahedrons. Notification will be made orally prior to the beginning of racing each day.

9 THE START

- 9.1 Races on *Race Circle One* will be started by using RRS 26.
- 9.2 Races on *Race Circle Two* will use the Audible-Signal Racing System of Appendix U. The Class Flag will be displayed before the start of the sequence until after the starting signal.
- 9.3 The starting line will be between an orange flag on the signal vessel and the course side of a nearby mark as explained in 8.2.

- 9.4 A boat that does not start within five minutes of her starting signal will be scored Did Not Start without a hearing and scored one more point than the number of boats that did start. This changes RRS A5.2.
- 9.5 The race committee will attempt to hail, over VHF and/or by voice, the sail numbers of OCS boats after the starting signal. The failure of any boat to hear the hail, and the order and timing of such hails, will not be considered an improper action or omission of the race committee under RRS 61.4(b).
- 9.6 Boats whose warning signal has not been made shall stay clear of the starting area.

10 CHANGE OF THE NEXT LEG OF THE COURSE

- 10.1 To change the next leg of the course on *Race Circle One*, the race committee will move the original mark (or the finishing line) to a new position and signal all boats in accordance with RRS 33 before they begin the leg. The next mark need not be in position at that time.
- 10.2 On *Race Circle Two*, marks may be adjusted without signaling at the previous mark. This changes RRS 33.

11 THE FINISH

The finishing line will be between a flag on a race committee vessel and the course side of a nearby mark.

12 PENALTY SYSTEM

- 12.1 RRS Appendix V1 PENALTY AT THE TIME OF AN INCIDENT will be in effect.
- 12.2 When flag Y is on display prior to the warning signal from the race committee signal vessel, the Turns penalties of RRS V1 are replaced by the Scoring Penalty of RRS 44.3.

13 TIME LIMIT

- 13.1 On *Race Circle One*, the time limit for each race will be 90 minutes for the first boat to sail the course and finish. The finishing window for boats to finish after the first boat sails the course and finishes is 30 minutes.
- 13.2 On *Race Circle Two*, the time limit for each race will be 60 minutes for the first boat to sail the course and finish. The finishing window for boats to finish after the first boat sails the course and finishes is 20 minutes.
- 13.3 Boats failing to finish within the Finishing Window, and not subsequently retiring, penalized or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored one more than the number of boats that finished within the finishing window. This changes RRS 35 and A5.1, A5.2, and A10.

14 PROTESTS

14.1 Protest forms are available at the Protest Desk.

14.2 Protests shall be delivered to the Protest Desk within 45 minutes after the race committee finish vessel docks. The vessel docking time will be posted on the Official Notice Board. Hearings will be held promptly.

15 SCORING

15.1 The Low Point System of Appendix A will be used for each day and each monthly series. then

15.2 A boat that did not start, did not sail the course, did not finish, retired, or was TLE shall be scored points for the finishing place one more than the number of boats that finished. Boats that did not come to the starting area will be scored Did Not Compete (DNC). DNC will be scored two more points than the number of boats that finished. This changes A5.2.

15.3 A boat must compete in at least one race to be considered entered for the series.

15.4 No race will be excluded for daily prizes.

15.5 For each monthly series, one score will be excluded for every five races completed (20%).

15.6 After Nantucket Race Week, those two Saturday race days will be rescored for the August Series, removing boats not entered in the August Series.

15.7 Boats who miss racing while off-island representing the Nantucket Yacht Club in a qualification regatta for a US Sailing Championship will, upon request, receive scores for the races missed calculated as the average of their counted (non-throwout) races in the rest of that series.

16 SAFETY REGULATIONS

16.1 Prior to the warning of her first race of each day, each boat shall check-in with, and be recognized by the Race Committee's Signal Boat. Boats arriving late should check-in with any Race Committee vessel.

16.2 A boat that leaves the course area before the end of the last race shall notify the Race Committee as soon as possible.

16.3 All boats participating in the One-Design Series shall carry 8 lbs of anchor and chain and 50' of line, a 3 gallon (or larger) bucket and paddle. Participants are also reminded that the US Coast Guard requires a wearable PFD for all crew and an "efficient sound making device" (generally a whistle or air horn). Boats 16' or longer must also carry a Type IV throwable device.

16.4 Boats may be checked at any time for the safety equipment. Any boat found to be missing any required safety equipment will be disqualified from all races that day.

17 PRIZES

17.1 Daily awards will be presented immediately after racing each day.

17.2 Series trophies will be presented at the end of each month.

17.3 Trophies will also be awarded for the 4th of July Series and the Labor Day Series.

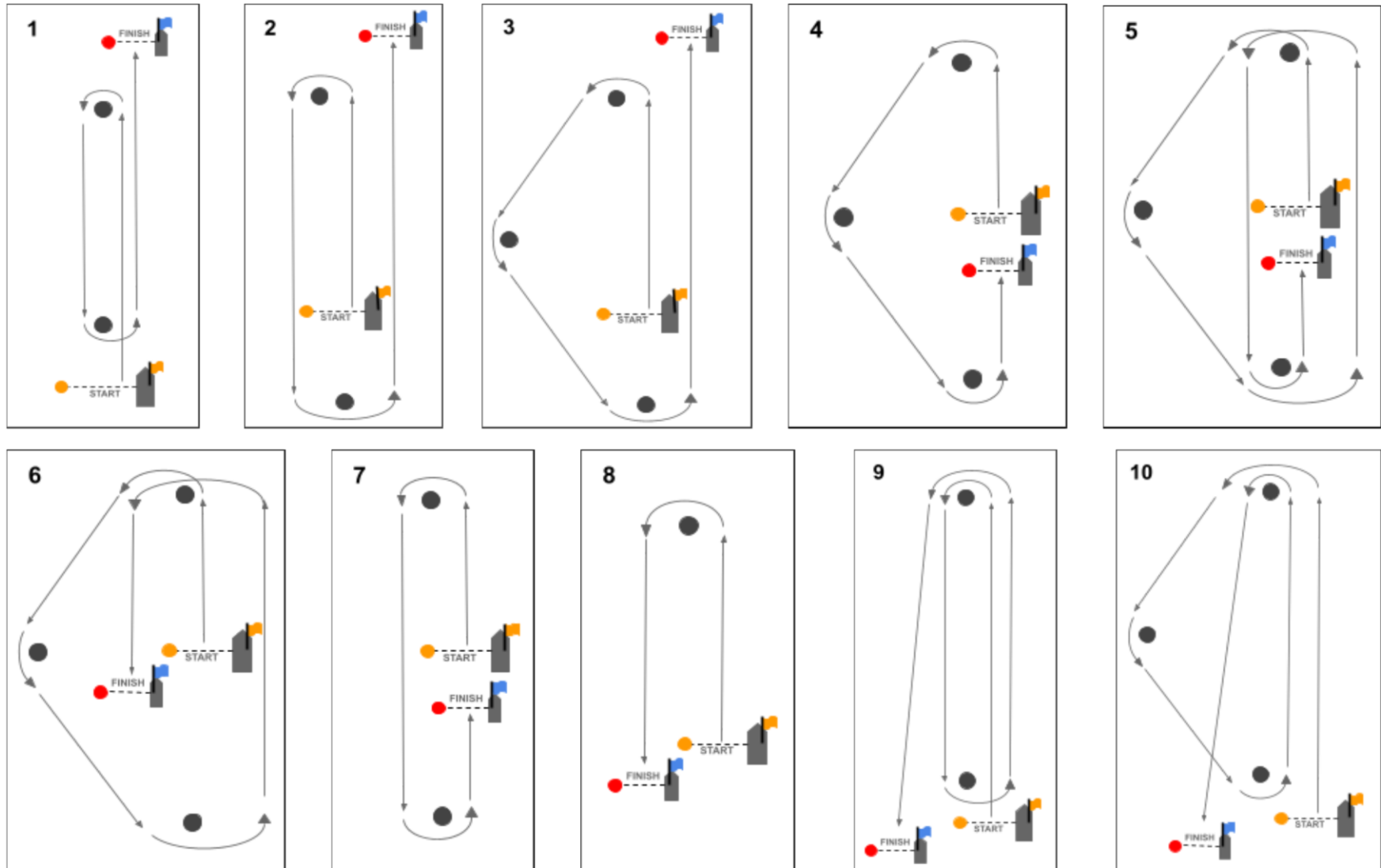
ATTACHMENT A - ONE-DESIGN COURSES – RACE CIRCLE ONE

Updated July 2025

Courses will be shown on the course board located near the stern of the NYC Signal Vessel

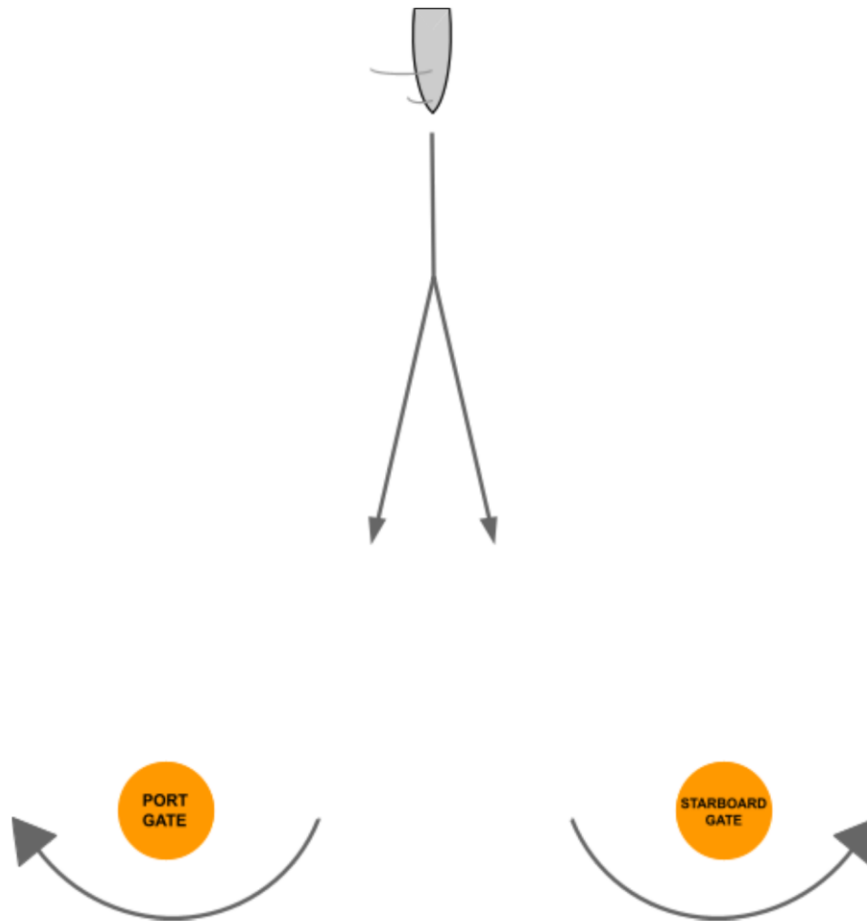
Example: “Y - O - Y” indicates Yellow -> Orange -> Yellow for the first lap

1. Two letters shown together designates the use of a leeward gate: E.G: “Y - OO - Y” meaning Yellow -> Orange GATE -> Yellow.
2. All marks are to PORT unless a gate is in place or the mark is designated with an “S”
3. Unless starting or finishing, boats crossing the starting line or finishing line will be scored DSQ for that race



LEEWARD GATE

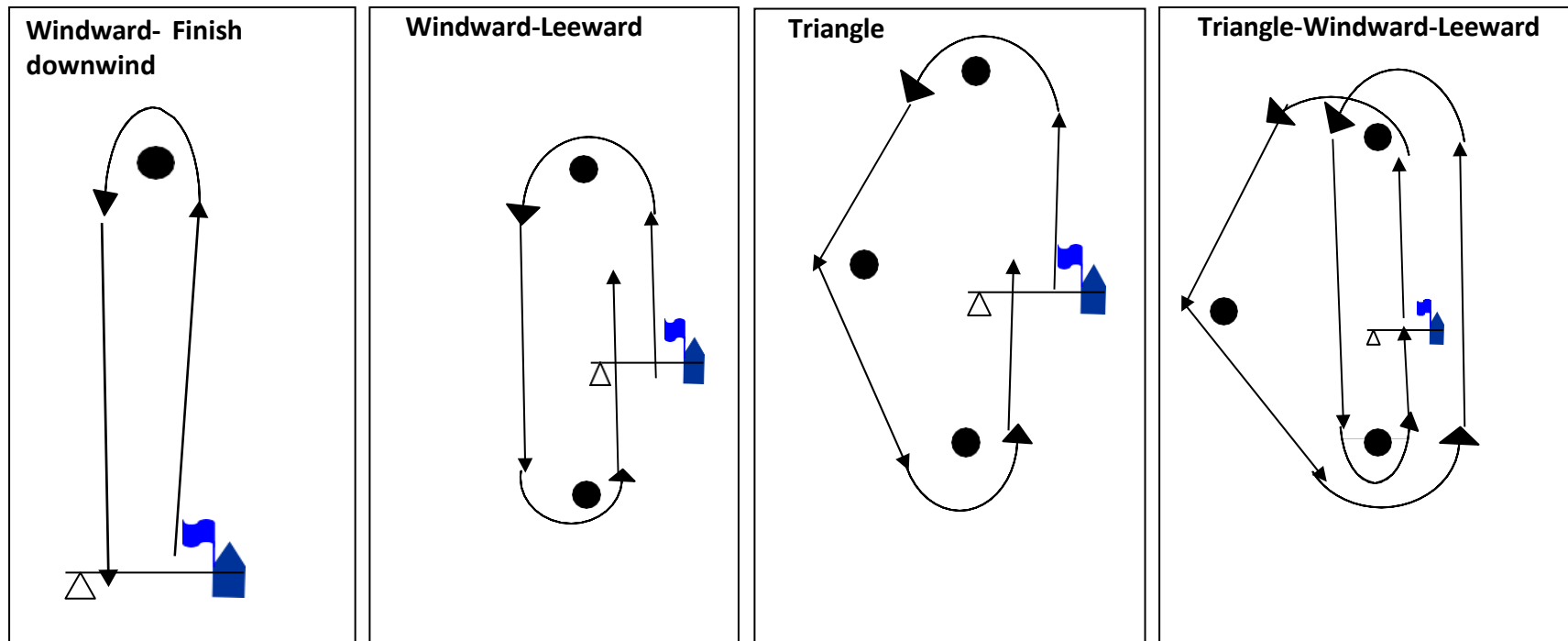
- A leeward gate may be laid where a single leeward mark would otherwise be placed
- A gate is a pair of marks which boats must pass between, effectively choosing to round either the port or starboard mark.
- If a gate is **not** in place, boats must round the singular mark to **port** (unless otherwise indicated).



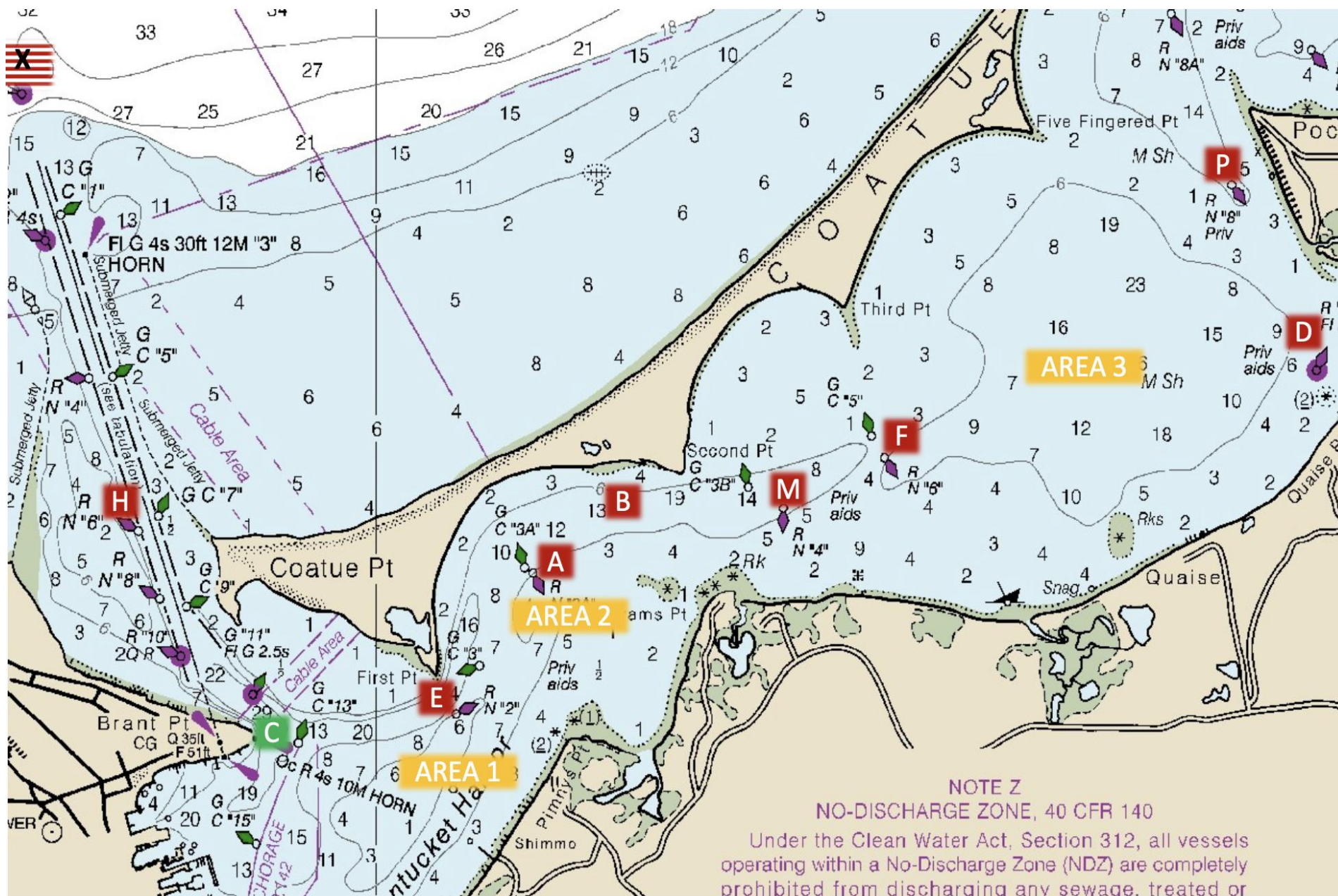
ATTACHMENT B - ONE-DESIGN COURSES – RACE CIRCLE TWO

Courses will be hailed from the signal vessel. Windward-Leeward or Triangle courses may be hailed as Twice-around.

Unless starting or finishing, boats crossing the starting line or finishing line will be scored DSQ for that race.



ATTACHMENT C - ONE-DESIGN COURSE AREAS AND FIXED MARKS



NOTE Z

NO-DISCHARGE ZONE, 40 CFR 140

Under the Clean Water Act, Section 312, all vessels operating within a No-Discharge Zone (NDZ) are completely prohibited from discharging any sewage, treated or

**Nantucket Yacht Club
2026 One Design Series**

AMENDMENT #1 TO THE SAILING INSTRUCTIONS

July 1, 2026

1. Paragraph SI 2.1 has been amended with the underscored language inserted:

2.1 Notice to competitors will be posted on the Official Notice Board, which is online and accessible at <https://www.nantucketyachtclub.org/group/pages/one-design-racing>.

2. The notation “[DP]” is inserted at the beginning of each of the following SI rules:
SI 2.5, SI 9.6, SI 16.1, SI 16.2 and SI 16.3

Nantucket Yacht Club
2026 One Design Series

AMENDMENT #2 TO THE SAILING INSTRUCTIONS

July 2026

The following clause is added to **Section 8 — MARKS**:

8.5 There may be an offset mark placed at any windward mark. The offset mark will be either a **red cylindrical mark** or a **trapezoid inflatable mark**. When an offset mark is in place, boats shall leave the offset mark to port after rounding the windward mark before proceeding to the next mark.

This amendment is effective immediately upon posting on the Official Notice Board. It will be announced at the Competitors Meeting at 1100.

Finn Walker
Principal Race Officer
Nantucket Yacht Club

Nantucket Yacht Club
2026 One Design Series

AMENDMENT #3 TO THE SAILING INSTRUCTIONS

Saturday, 18th July 2026

The following clause is added to **Section 11 — THE FINISH:**

11.2 The Race Committee may, at its discretion, record a boat as having finished if that boat is within five boat lengths of the finishing line and, in the opinion of the Race Committee, is clearly on course to cross the finishing line without incident. In such circumstances, the boat will be hailed and notified of their finishing position by the Race Committee finish vessel over VHF on Channel 73. A boat so recorded shall be scored as though she had crossed the finishing line. This changes RRS 28.

This amendment is effective immediately upon posting on the Official Notice Board. It will be announced at the Competitors Meeting at 1100.

Finn Walker
Principal Race Officer
Nantucket Yacht Club