

## SAILING INSTRUCTIONS CITY ISLAND YACHT CLUB 73<sup>rd</sup> ANNUAL DAY RACE Sunday, August 9, 2026

The City Island Yacht Club welcomes you to its 73<sup>rd</sup> Annual Day Race starting in the vicinity of the green can "1" NE of Execution Rocks.

### 1. RULES

1.1. The race will be governed by the US Sailing *The Racing Rules of Sailing* (RRS) for 2025-2028, the prescriptions of US Sailing, the regulations of the Yacht Racing Association of Long Island Sound (YRALIS), the Notice of Race, and these Sailing Instructions, shall govern the race. In the event of a conflict, these Sailing Instructions shall govern.

1.2. All boats must carry legally required safety equipment. Owners are highly encouraged to conform to the US Sailing Safety Equipment Requirements for Nearshore races. <https://www.ussailing.org/competition/offshore/safety-information/ser-world-sailing-special-regulations/>

### 2. NOTICES TO COMPETITORS AND CHANGES IN SAILING INSTRUCTIONS

2.1. Notices to competitors and changes in these Sailing Instructions or division assignments, if any, will be announced via VHF radio Channel 72 no earlier than 1130 on the day of the start and up to the first warning signal.

### 3. SCHEDULE:

3.1. The first warning signal will be no earlier than 1155 hours.

### 4. START LOCATION AND COURSES:

4.1. The start/finish location will be in the area up to 2 NM NE of Execution Rocks. The Race Committee Signal Boat will broadcast its location on AIS, and on VHF 72 at least every 15 minutes starting at 1100 hours.

4.2. Courses shall be indicated by the Race Committee. Courses may be displayed on signal boat course boards and/or given verbally via VHF. Courses will also be sent to the email address used to register for the race on Yachtscoreing.

### 5. MARKS: The marks are as indicated below.

| Mark | Name & Location                                   | Characteristic | Position                  |
|------|---------------------------------------------------|----------------|---------------------------|
| A    | N "40A" Milton Point                              | Red nun        | 40°56.13' N / 73°41.29' W |
| B    | R "2" Huckleberry Island                          | Fl R 4s        | 40°53.44' N / 73°45.40' W |
| C    | R "2" Hen and Chickens South – Larchmont          | Fl R 4s Bell   | 40°54.17' N / 73°44.33' W |
| D    | G C "1" Mamaroneck Harbor Entrance – Delancey Pt  | Green Can      | 40°55.33' N / 73°43.27' W |
| E    | G C "1" Execution Rocks Shoal North End           | Green Can      | 40°53.47' N / 73°44.15' W |
| F    | R N "4" Hempstead Harbor Buoy, North of Shoal     | Red nun        | 40°52.22' N / 73°42.03' W |
| G    | G "27" Gangway Rock                               | Green Gong     | 40°51.50' N / 73°44.81' W |
| H    | G "1" Hart Island, East Side, East Side of Shoals | Green Gong     | 40°51.42' N / 73°45.76' W |
| J    | G "25" Sands Point Reed                           | Fl G 2.5s      | 40°52.12' N / 73°44.25' W |
| K    | G "1" Hen and Chickens Northeast – Larchmont      | Fl G 4s Bell   | 40°54.81' N / 73°44.08' W |
| L    | R "6" Mott Point, East of Picket Rock             | Red Bell       | 40°51.66' N / 73°40.43' W |
| M    | G "21" Matinecock Point Shoal                     | Fl G 4s Gong   | 40°54.53' N / 73°38.19' W |
| N    | R "42" Scotch Caps                                | Fl R 2.5s Bell | 40°55.48' N / 73°42.15' W |
| P    | G "23" Prospect Point                             | Fl G 4s Gong   | 40°52.90' N / 73°42.98' W |
| R    | RG N "ER" Execution Rocks Shoal Southwest End     | Red Green nun  | 40°52.48' N / 73°44.55' W |
| S    | Y Inflatable Drop Mark                            | Yellow Cone    | Up to 2 NM NE of Ex Rocks |
| T    | G "29" Hewlett Point                              | Fl G 4s        | 40°50.50' N / 73°45.32' W |
| W    | G C "1" Hempstead Harbor – Weeks Point            | Green Can      | 40°52.73' N / 73°39.50' W |

- 5.1. All government aids, when not designated as marks of the course, may be passed to either side at the discretion of the skipper. Caution should be observed to avoid charted hazards.
- 5.2. Latitude/Longitude information is given for location purposes – **not for navigation**. SEE MARK LOCATOR CHART ON LAST PAGE.

## **6. START:**

- 6.1. Races will be started using RRS 26.
- 6.2. The start line will be between an orange or yellow flag displayed on the Race Committee boat, and the start/finish mark. The Race Committee boat intends to use mark S as the start/finish mark. Alternatively, the Race Committee may use another mark as the start/finish mark. The Race Committee boat at the start may have one or more “anti-barging” buoys attached to her stern. The Race Committee boat, any such buoys, and the lines or fittings used to anchor or attach the buoys to the Race Committee boat, shall collectively constitute a starting mark.
- 6.3. All boats shall identify themselves to the Race Committee prior to the warning signal by passing the stern of the Race Committee boat and hailing RC with vessel name and sail number.
- 6.4. In the event of a Postponement (“AP”) or General Recall (“1<sup>st</sup> Substitute”), that signal will be removed, accompanied by an audible signal, one minute before the Warning Signal for that Postponed or Recalled division restart.
- 6.5. Boats whose warning signal has not been made shall avoid the starting area.
- 6.6. The Race Committee may attempt to hail On Course Side (OCS) boats on VHF Channel 72. Failure of the Race Committee to successfully notify an OCS boat by radio shall not relieve the OCS boat of its responsibility under RRS 29.1 nor be grounds for redress.

## **7. FINISH:**

- 7.1 The finishing line will be between an orange or yellow flag displayed on the Race Committee boat and the start/finish mark.
- 7.2 The Race Committee may shorten the course as appropriate - RRS 32.1 and 32.2.

## **8. PENALTY SYSTEM:**

- 8.1. The Scoring Penalty, RRS 44.3 shall not apply.

## **9. TIME LIMITS: Any boat not finishing by 1800 hours shall be scored DNF.**

## **10. PROTESTS AND REQUESTS FOR REDRESS:** Protests shall be lodged in accordance with RRS 60.2 and 60.3 which are modified as follows:

- 10.1. The protestor shall notify the Race Committee after finishing on VHF Channel 72 of its intent to file including its name, the name of the protestee and the rule the protestor believes was broken.
- 10.2. Protests, completed on US Sailing protest forms or equivalent and Requests for Redress, in writing, must be received by the Race Committee at the City Island Yacht Club within two hours after all boats have finished. Protest forms should be handed to a race official or left at the club bar. The RC will be available to accept written protests upon their return to CIYC following the end of the race. Protests and Requests for Redress shall be heard as soon as practical following the race at the City Island Yacht Club.

## **11. SCORING:**

- 11.1. Scoring for the PHRF divisions will be calculated using the Time on Time method. One design divisions will be scored in order of finish.

- 11.2. For the THEODORE KAUFER and the HAROLD LAURIDSEN MEMORIAL perpetual trophies, performance shall be determined based on corrected VMG (corrected time / course distance).
- 11.3. Scoring for the WYNTJE perpetual trophy will be via the Low Point System.

**12. SAFETY AND RESPONSIBILITY:**

- 12.1. All competitors are reminded of RRS, Rule 3, Decision to Race. The City Island Yacht Club will not accept any liability for property damage, personal injury or death sustained in conjunction with, prior to, during or after the regatta. Competitors participate in the regatta entirely at their own risk.
- 12.2. Withdrawing boats MUST contact the Race Committee by VHF Channel 72 and continue to do so until acknowledged by the Race Committee. Failure to follow this procedure may result in unnecessary search and rescue procedures.

**13. RADIO COMMUNICATIONS:**

- 13.1. Each boat shall carry a VHF radio capable of transmitting and receiving on Channel 72.
- 13.2. Except when seeking or rendering assistance a boat shall neither make radio transmissions while racing nor receive special communications not simultaneously available to all boats. Contestants may not receive special weather, current or navigational information except by broadcast from a publicized source available to all competitors. Internet use is allowed for accessing all information publicly available at no fee.
- 13.3. The Race Committee will endeavor to make courtesy announcements before and during the starting sequence on VHF Channel 72. All boats are encouraged to monitor this channel prior to and during the start.

**14. PRIZES:** Prizes will be announced at the conclusion of the race and presented at the City Island Yacht Club Awards Brunch, November 2026. The following prizes will be awarded:

- 14.1. The THEODORE KAUFER perpetual trophy shall be awarded to the boat with the best overall performance in a Spinnaker Division.
- 14.2. The HAROLD LAURIDSEN MEMORIAL perpetual trophy shall be awarded to the boat with the best overall performance in a Non-Spinnaker division.
- 14.3. The WYNTJE Perpetual Trophy will be awarded to the boat with the best overall score in both the CIYC Women Skipper's Race (Saturday, August 8, 2026 and the CIYC Day Race (Sunday, August 9, 2026).
- 14.4. DIVISION TROPHIES: First place trophies will be awarded in each division. Second place trophies will be awarded if there are at least four entries, and third place trophies will be awarded if there are five or more entries.

**15. MANAGEMENT:** The Race Committee shall have the authority to interpret the rules and conditions of the race, to assign boats to divisions, to decide protests and to reject the entry of any boat.

**16. WELCOME:** The privileges of the City Island Yacht Club are extended to all participating boats. A limited number of complimentary guest moorings will be available from August 7<sup>th</sup> until August 10<sup>th</sup> to competitors in the August 8<sup>th</sup> Women Skipper's Race and/or the August 9<sup>th</sup> Day Race. Guest mooring reservations can be made by emailing the Dock Master, [docks@cityislandyc.org](mailto:docks@cityislandyc.org) or calling 718-885-2487. The City Island Yacht Club launch monitors Channel 72 and is available 24/7.

**Steven Landy**  
**Chairman, Regatta Committee**  
**stevenlandy10@gmail.com**  
**(914)715-7598**

[illegible]

Page 4 of 4