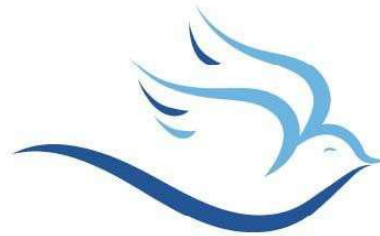


The Fourth Annual



"AROUND THE ISLAND RACE"

To benefit:



Meals on Wheels
OF RHODE ISLAND

SATURDAY, 30 MAY 2026

SAILING INSTRUCTIONS

1. **STARTING AND FINISHING LINE:** Will be between a staff flying an orange flag on the committee boat, anchored West of Goat Island and an orange buoy.
2. **CHECK IN:** All Yachts shall check in with the Race Committee Boat prior to the first warning signal.
3. **COMMUNICATIONS:** The Race Committee Boat will be monitoring VHF Channel 72 and will notify competitors of all race announcements. The Race Committee will notify competitors of any scheduled Shipping Traffic expected during the race time period. Please note NOR 3. d
4. **PFD RULE:** If the Race Committee boat displays Code Flag "Y", RRS 40.1 is in effect. All competitors must wear an approved PFD.
5. **COURSE SIGNALS:** Course letters will be displayed under the individual class designators from the Race Committee Boat.
6. **SPECIAL COURSE INSTRUCTIONS ALL CLASSES:** The Newport to Jamestown Pell Bridge shall be passed under the center span. No Yacht shall sail between Rose Island and the Newport Bridge. The Jamestown to North Kingstown Verrazzano Bridge shall be passed under the center span. The Race Committee may find it necessary to employ Code Flag "I" putting into effect the "Round the Ends" rule (RRS 30.1). When the Code Flag "I" has been displayed, and when any part of the Yacht's hull, crew, or equipment is on the course side of the starting line or its extensions during the minute before her starting signal, she shall return to the prestart side of the line across one of its extensions and start.
7. **COURSES:** The course letter designation will be displayed on the Race Committee Boat prior to the warning signal on the White Notice Board and will be announced on VHF channel 72. The Marks will be permanent government navigation marks and the courses will list mark characteristics and 2024 – 2027 South Bay Race Chart (SBRC) designations.
8. **WINDWARD LEG:** If the Race Committee Boat displays Code Flag W at the Warning Signal, there will be a short windward leg after the start for all the following courses. The windward mark will be an orange buoy and the rounding of this mark will be displayed on the Race Committee Boat by either a green flag (Starboard rounding), or a red flag (Port rounding) at the warning signal.
9. **COURSE "O":** Starting from North to South; from the Starting Line to FL G 2.5 Sec. Bell "11", (SBRC "R"), The Dumplings, leave to Starboard; then to the RG Bell "NR" (SBRC "N") SW of Beavertail Point, leave to Starboard; then to center span of then to Green Can "5" (SBRC "20"), NW of Conanicut Point, leave to Starboard; then to Red Can "2", (SBRC "22") NNE of Conanicut Point, leave to Starboard, then to Finish Line. Distance: 18.1 miles
10. **COURSE "X":** Starting from South to North; from the Starting Line to Red Can "2", (SBRC "22") NNE of Conanicut Point, leave to Port; then to Green Can "5"(SBRC "20"), NW of Conanicut Point, leave to Port; then to RG Bell "NR", (SBRC "N") SW of Beavertail Point, leave to Port; then to FL G 2.5 Sec. Bell "11", (SBRC "R") The Dumplings, leave to Port and then to Finish Line. Distance 18.1 miles.

11. COURSE "Z": Starting from South to North; from the Starting Line to Red Can "2", (SBRC "22") NNE of Conanicut Point, leave to Starboard; to Green WR "21", (SBRC "21") SE of Prudence Island, leave to Starboard; then to FL G 6 Sec. RG Bell, (SBRC "13") leave to Starboard, then to Finish Line. Distance approx. 10.0 miles.
12. COURSE "P": Starting from North to South; from the Starting Line to FL G 2.5 Sec. Bell, "11", (SBRC "R") leave to Port, then to Green WR "21", (SBRC "21") SE of Prudence Island, leave to Port; then to Red Can "2", (SBRC "22") NNE of Conanicut Point, leave to Port, and then to Finish Line. Distance approx. 10.0 miles.
13. COURSE "Y": Alternate Course to be displayed by Race Committee Boat on the White Notice Board prior to warning signal.
14. PROTEST: The flag used to signify a protest shall be Code Flag B. Protests shall be made in accordance with Rule RRS 60 and must be delivered to the IYAC by 1700 hrs., Saturday, 30 May, 2026. Protests will be heard at the IYAC at the discretion of the Race Committee. We encourage you to follow the rules and resolve any infringements on the water. Protests are discouraged, please do your turns.
15. POSTPONEMENT: AP, Answering Pennant and two sound signals. Race Committee will attempt to announce all signals on VHF Channel 72.
16. ABANDONMENT: Code Flag N over Code Flag H and three sound signals.
17. INDIVIDUAL RECALL: Code Flag X and one sound signal. The Race Committee shall attempt to notify each Yacht recalled by hailing its Sail Number, but it is the responsibility of each Yacht to start correctly.
18. GENERAL RECALL: First Repeater and two sound signals. One minute after the First Repeater is lowered a new Warning Signal will resume the interrupted sequence of starting signals. The Class recalled will be the next to start.
19. TIME LIMIT: The time limit for this race will be expire at 1630 hrs. The Race Committee may, at its discretion, decide to extend the time limit, so that a competitor may complete the course. One yacht of a Class finishing within the time limit will constitute a race.
20. RETIREMENTS: Please notify the Race Committee via VHF Channel 72.
21. STARTING SIGNALS:

First Sequence

Class 1	Warning	Class Flag, one sound	1055 Hours
	Preparatory	Class Flag P (code flag I), one sound	1056
	1 Minute	Code Flag P removed, one long sound	1059
	Start	Code Flag removed, one sound	1100
Class 2	Warning	Class Flag, one sound	Approx 1 minute after

And so on....