

Lewes Yacht Club and Corinthian Yacht Club of Cape May

Cape to Cape Challenge XVIII

August 1, 2026

Sailing Instructions

07.29.26 F.v2

1. Rules
 - a. The Rules will be governed by the current US Sailing Racing Rules of Sailing (RRS), the prescriptions of the USSA, and these sailing instructions.
 - b. If there is a conflict between the NOR and these SI, the SI will prevail.
2. Eligibility
 - a. Open to all boats who have a valid ORR-EZ certificate and completed online registration at [yachtscoring.com](https://www.yachtscoring.com), signed a liability waiver, and paid the entry fee.
 - b. All boats must meet all applicable national, state, and local requirements for safety equipment.
3. Notices to Competitors
 - a. Notices to Competitors will be posted on the official regatta notice board on
 - b. <https://www.yachtscoring.com/emenu/50797>
 - c. It is the responsibility of the competitors to check for updates.
4. Instructions
 - a. Changes to these sailing instructions shall be posted not later than 1200 JULY 31
5. Signals made ashore
 - a. No official signals will be made ashore.
6. Schedule
 - a. JUL 31, at or before 1200 hrs , Notice posted to Race or NO Race decision announcement based on anticipated and forecasted conditions.
 - b. Aug 1 Tides Cape May Reef high-1013 Low 1611
 - c. AUG 1 Not before 1030, Warning Signal for Classes B&C Combined
 - d. AUG 1 Not before 1045, Warning Signal for Class A
 - e. AUG 1 No start sequence will begin after 1245

7. Class Flags

- a. Signal flag “1” will be used for Class A Spinnaker. (Red dot on white background)
- b. Signal Flag “2” will be used for Class B Spinnaker **and** C Class, Non -Spinnaker. (Blue background and White dot.)
 - i. Signal flag “3” will be used for Class C only, if displayed at shortened course signal, (Red White and Blue Red White and Blue)

8. Sailing Area

- a. In the Atlantic Ocean and Delaware Bay between Lewes, DE and Cape May, NJ.

9. Course

- a. The Start will be 0.5nm downwind from the windward mark, in the vicinity of the Roosevelt Inlet. The weather mark, if used, will be located at approximately N38 48.343, W75 09.370. The mark will be a red ball.
- b. Shortly before the Warning Signal of each start, the RC shall make repetitive sound signals for attention and follow with an announcement on channel 78 with the direction of rounding the windward mark, to starboard or port.
- c. Leave Prissywick Shoal to port: There will be a gate (orange tomato shaped mark to port and orange tetrahedron shaped mark to starboard (seaward) near Prissywick Shoal located at approximately N38.52.000, W74.55.000.
- d. The gate is located approximately ½ mile to seaward of the Prissywick shallow spot.
- e. The finishing line will be located off Cape May Beaches at approximately N38.55.599, W74.52.952 which is located off the CM beach about a mile West of Bouy 2 CM .
- f. The finish line will be between a blue flag on the finish boat and an orange tetrahedron.
- g. The Finish line is to be crossed in the direction from the Prissywick gate.
- h. The course diagram is depicted in section 25.
 - i. The course and Marks as depicted in section 25 below are approximate, and will need to be visually identified on approach.

10. Course Changes

- a. Course may be shortened at the Prissywick gate pursuant to RRS 32.2. The S flag may be displayed with a class flag. This indicates a Shortened course for the **displayed class(s) only** and other classes should **proceed** to the Cape May Finish line
 - i. If no class flag is displayed with the S Flag, then **ALL** boats will finish in accordance with RRS 32.2. As a courtesy the RC will broadcast shortened course on Channel 78, if possible.

11. Race Time Limit

- a. Time limit for A fleet is: 5 hours and 15 minutes from their starting signal or 1645 whichever comes earliest.
 - b. Time limit for Class B & C fleets is 6 hours and 15 minutes or 1730 whichever is earliest.
 - c. Boats not finished within the time limit for their class will be scores Time Limit Expired Time (TLE) without a hearing. This changes RRS 35, A5.1, A5.2.
12. Scoring
- a. Scoring will be ORREZ TOT, and the estimated average wind speed for the duration of the race and, the appropriate course.
13. Alternative Penalties
- a. Appendix V is in effect, Sections V1 and V2.
14. Protests
- a. A protesting yacht shall display a red flag flown conspicuously from the backstay as soon as possible after the incident.
 - b. The protested yacht can acknowledge her infringement by using alternative penalties 18.3
15. A protesting yacht must notify the protested yacht as soon as possible after the incident of her intention to protest.
16. Protesting Yacht **must notify the Finish RC boat** of her intent to protest after she has finished and cleared the line. She must indicate the boat she is protesting.
17. A protest form must be filled out and given to the RC within 60 minutes of the last finisher or in the case of TLE, the class time limit, whichever is earlier. The Time of the end of the protest period will be posted on the CYCCM Wally World Notices Board located on the Wally World Porch.
18. Safety
- a. [DP] All boats must have an operating VHF radio capable of receiving and transmitting.
 - b. [DP] A yacht that retires from the race course shall notify the RC before leaving the course area. Notification can be by VHF Ch 78 making sure the RC acknowledges the message.
 - c. [DP] A yacht that is unable to notify the RC prior to leaving the course area shall notify the **RC by text at 540.797.0777**, as soon as possible.
 - d. Retiring boats, if possible, should also notify other nearby boats she is retiring.
 - e. This race is being conducted in a major commercial traffic area and across shipping lanes. Competitors must avoid and give way to ships and ferries that are sailing in channels and may have restricted maneuverability. Monitor ship to ship VHF channel 13 for commercial vessel traffic.

- f. **Note potential hazard.** There is a channel dredging operation underway in Cape May Harbor and a working dredge will be in the vicinity of the Corinthia Yacht Club. The Dredge contact Channel is VHF 13. Cape May Harbor runs generally East- West. Boats arriving in the harbor from the Cape May Inlet should stay on the south side of the Green Channel marks (not in the Channel) to avoid traffic queuing up to pass the Dredge on the north half of the Channel. There is plenty of draft to the south side of the Green Day Marks (ie "7" "7A") and the US coast Guard Piers. **Boat going to the club won't need to pass the beside the dredge.** When the last USCG pier is passed allow 20 yards beyond the moored cutters (if present) bear to port (left) towards the red club channel mark and enter the club channel taking the **White Hazard marked** to port and Red Club Channel Mark "2" to starboard.. Stay in the channel toward the center and proceed to the club docks within the channel. Stay close to the docks and if mooring on the inside round the furthest dock but stay within 25 ft of the end dock. We have nominal draft of 6 ft in the channel and 6-7 ft at the docks.

19. Radio Use

- a. The Race Committee will use VHF channel 78 for communications to the competitors. RC broadcasts of its intentions are as a courtesy only and in no way relieve competitors of their responsibility to monitor and respond to RC flags and signals.
- b. While racing, the race committee will not respond to calls over the radio for any purposes other than reporting of withdrawal, injury, or other significant issues.

20. Disclaimer of Liability

- a. Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. PFDs are always recommended. All crew members must wear a PFD if announced by the RC.
- b. The organizing authority or any other party involved in the organization of the regatta will not accept any responsibility or liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

21. Rights to use Name and Likeness

- a. By participating, competitors automatically grant to the organizing authority the right, in perpetuity, to make, use, and show, at their discretion, any photography, audio, and video recordings, and other reproductions of them made at the venue without compensation.

22. Class Awards will be awarded as follows:

- a. 1. ORR EZ (Class A Spinnaker) - 1st, 2nd, 3rd.
- b. ORC EZ (Class B Spinnaker) - 1st, 2nd, 3rd.

- c. Non-Spinnaker - 1st.
 - d. Cape to Cape Cups will be awarded to the fastest corrected time in each of these categories, whether in Class A Class B or Class C) or Non-Spinnaker classes: Prizes will be presented at the awards Reception held at CYCCM Saturday after racing.
23. Contacts
24. Jim Forrester Cell 540-797-0777
25. Course diagram below:

Section 25- Cape to Cape Course: Lewes Start to “Real Prissy” Gate to Finish line
off Cape May Beaches

