



Junior Sailing Association of Long Island Sound

59th Annual Regatta for the Dorade Trophy

Hosted by

Stamford Yacht Club

97 Ocean Drive West, Stamford, CT 06902

Monday, August 10, 2026

Notice of Race

- *The Organizing Authority (OA) is the Stamford Yacht Club in partnership with the Junior Sailing Association of Long Island Sound (JSA).*
- *The notation '[DP]' in a rule means that the penalty for a breach of the rule may, at the discretion of the protest committee, be less than disqualification*
- *The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1*

1. RULES - The regatta is governed by:

- 1.1 The Racing Rules of Sailing (RRS), except as modified by this notice or the Sailing Instructions
- 1.2 The current PHRF Regulations of the YRA of Long Island Sound
- 1.3 The [Rules for JSA Events](#)
- 1.4 The [JSA Code of Conduct](#)
- 1.5 The US Sailing Safety Equipment Requirements (USSER) for nearshore races. [US Sailing Safety - Nearshore](#)
- 1.6 The [US Sailing SafeSport-Handbook](#)
- 1.7 The [US-Sailing-Athlete-Safety-Handbook](#)
- 1.8 RRS Appendix V1 Penalty at the Time of an Incident will apply
- 1.9 RRS Appendix V2 Penalty Taken After a Race will apply
- 1.10 RRS Appendix T: Arbitration will apply
- 1.11 RS rule 60.3 is changed to include: "(c) A boat intending to protest about an incident that occurs in the racing area shall, without consultation with instructors, coaches or support persons, notify the Race Committee (RC) finish boat of her intention as soon as possible after finishing, including (if possible) the sail number of the boat(s) being protested."
- 1.12 RRS rule 60.4(a)(2) is changed as follows: (2) if it alleges a breach of a rule of Part 2 or rule 31 and is from a boat that was not involved in, and did not see, the incident, or
- 1.13 The Sailing Instructions may also change other rules

2. RACE MANAGEMENT

- 2.1 The RC shall use VHF Channel 05A.

2.2 The US Coast Guard can be reached on VHF Channel 16 or by phone: 631-261-6868

3. RATINGS AND SCORING

- 3.1 One race is required to be completed to constitute a regatta.
- 3.2 The current PHRF of the YRA of LIS "W/L" ratings will be used.
- 3.3 Weight limits will not be in effect.
- 3.4 Corrected times computed using Time-On-Time.
$$650 / (550 + \text{PHRF}) \times \text{Elapsed Time} = \text{Corrected Time}$$

4. [NP] ELIGIBILITY AND SAFETY REQUIREMENTS

- 4.1 Boat Eligibility (JSA rule Appendix F.2)
 - 4.1.1 The race is open to boats owned by:
 - a. a member of a YRA member club; or
 - b. a member of an association that is a member of JSA; or
 - c. a community sailing program that is a member of JSA.
 - 4.1.2 Boats shall be not less than 27 feet Hull Length (HL) or more than 44 feet HL. The OA reserves the right to include vessels outside this size range.
 - 4.1.3 Boats shall have installed and functioning: head, navigation lights, and VHF radio.
 - 4.1.4 Sport boats may be allowed to race in a "Sport Boat Division" if, at the discretion of the OA, that division is included in the regatta.
 - a. Sport boats shall submit their registrations by Friday, August 7, to allow the OA time to decide if a Sport Boat division will be included in the regatta.
 - b. The vessel shall be shown to comply with JSA Rule Appendix F.7 by completing the "Sport Boat Rule" - Compliance Form.
 - 4.1.5 Notwithstanding 4.1.4, the OA reserves the right to identify or not to identify any boat that it feels is or is not a sport boat, regardless of whether it meets any of the above criteria.
 - 4.1.6 Boats shall have a valid, current YRALIS PHRF certificate. Boats that do not include a valid, current certificate with their registration will not be scored.
 - 4.1.7 The OA shall have the right to reject any entry.
- 4.2 ADVISORS/CREW ELIGIBILITY AND RESPONSIBILITY
 - 4.2.1 With the exception of sprit boats less than 35 feet HL, each boat shall have aboard at least two senior advisors ("Advisors"), one of whom shall be the Boat Owner (BO) or a designated Owner's Representative (OR), who shall be at least 25 years old, and be capable of taking command of the Boat in emergency conditions; and the other(s) of whom shall be at least 18 years old. Sprit boats less than 35 feet HL may sail with one Advisor (BO or OR). This modifies JSA Rule Appendix F3, Advisors.
 - 4.2.2 Instructors may serve as Advisors; however, an instructor may *not* serve as an OR.
 - 4.2.3 All junior sailors ("Juniors") and their instructor advisors shall be members of JSA and members of a member program.
 - 4.2.4 Each boat shall be crewed by at least five Juniors who are at least 14 years old and at most 18 years old by the end of the current calendar year.
 - 4.2.5 Juniors shall constitute at least 60% of the total number of persons aboard.
 - 4.2.6 For boats over 35 feet, it is recommended that there be at least three advisors.
 - 4.2.7 Crew recommendations:
 - a. Boats under 35 feet: no more than 8 junior crew members
 - b. Boats 35 – 41 feet: no more than 10 junior crew members
 - c. Boats 42 feet and over: no more than 12 junior crew members

5. [NP] OWNER, OWNER'S REPRESENTATIVE AND ADVISOR RESPONSIBILITY

- 5.1 For the purposes of this section, the Boat Owner shall include the Owner's Representative.
- 5.2 The Boat Owner is responsible for the safety of the boat and its crew as well as the conduct of the crew before and during the race, and compliance with the Notice of Race and the Sailing Instructions.
- 5.3 The Boat Owner, or designated Owner's Representative, has the final say in matters pertaining

- to the safety of the crew and the boat. (RRS Fundamental Rule 3)
- 5.4 The Advisors/Owners are not considered crew members and shall not assist the sailors with boat handling, trimming, racing strategies or steering, except when a safety issue is involved. Any such safety issue shall be logged and reported to the RC as specified in NOR 5.5.
- 5.5 [NP] [DP] If safety is a factor, the Owner or Advisor may take the helm, issue orders, use the engine, or take any appropriate action. Any such intervention should be recorded, in detail, in the log. At the very least, such detail shall include the GPS coordinates and time for both the start and finish of the period in which the adult advisor intervenes under this section. Immediately upon finishing, the boat shall inform the RC that an owner/advisor intervention has occurred and that there will be a submission. That submission is due in writing by noon the day following the start, or 12 hours after finishing, whichever is later. A protest committee will evaluate the situation to determine if a time adjustment or other penalty is required.

6. [NP] SAFETY REQUIREMENTS

- 6.1 All boats shall comply with the [Rules for JSA Events](#)
- 6.2 All boats shall comply with the US Sailing Safety Equipment Requirements for Near Shore events. This modifies JSA Rule Appendix F.6. [US Sailing Safety - Nearshore](#)
- 6.3 The OA or RC may make spot inspections before or after a race to assure compliance with the rules and reserves the right to disqualify or assess a penalty based on its findings.

7. [NP] SPECIAL REQUIREMENTS

- 7.1 At the time of entry, each boat shall certify by filing the required document that 80% of the crew has participated in each of the following:
- Man Overboard Upwind Recovery,
 - Man Overboard Downwind Recovery with Spinnaker,
 - Reefing Mainsail

8. ENTRY

- 8.1 Boats shall register and pay on the event site on: www.yachtscoring.com/emenu/50834 and completing the forms which are available via the event page. The forms are in fillable PDF format and are to be downloaded, completed and emailed to sailingdirector@stamfordyc.com or **mailed to and/or hand delivered to** Stamford Yacht Club by the time and date specified in NOR 8.2. The forms include: Man Overboard Certificate, Crew Form, and Boat Owner's Certificate and Waiver.
- 8.2 No entries will be accepted after **1800, Friday, August 7.**
- 8.3 ***Absolutely NO entries or associated paperwork will be accepted on the water.***
- 8.4 A valid PHRF Rating Certificate shall be on file with the YRA of LIS. Rating Certificate revisions may be accepted after submission of the Entry Form at the discretion of the OA.
- 8.5 A completed and signed **JSA Waiver Form** for each of the Junior crew member must be on file with JSA by **1800, Friday, August 7th.** <https://theclubspot.com/regatta/Rx3nZvwQxk>

9. FEES

- 9.1 The fee shall be \$75.00 per boat

10. SAILING INSTRUCTIONS

- 10.1 The sailing instructions will be available on the Yacht Scoring event website by 1800 Friday August 7. www.yachtscoring.com/emenu/50834

11. COMMUNICATION

- 11.1 While racing, except in the course of a roll call or emergency, a boat shall neither make nor receive wireless communications not simultaneously available to all boats and at no fee. This restriction also applies to personal mobile devices.
- 11.2 Each boat shall have at least one radio capable of receiving automatic weather alerts and tone alarms.

- 11.3 Each boat shall monitor both Channels 16 and 05A.
- 11.4 An Owner/Advisor on each boat shall have an on-board cell phone the number of which shall be provided on the entry form.

12. SCHEDULE

- 12.1 The first signal will sound at 1100 on Monday, August 10 at approximately 1.2 NM northeasterly of Red Bell "32A" (Mid-Sound).

13. [DP] [NP] INSPECTIONS

- 13.1 The OA may inspect any or all boats for compliance, eligibility and equipment requirements before the start of the race or after its finish. The inspection is a courtesy and it remains the responsibility of the Boat Owner or Owner's Representative/Advisor to comply with all requirements. Failure to be in compliance subjects the boat to a protest and time penalties or disqualification in accordance with RRS.

14. DISCLAIMER OF LIABILITY

- 14.1 By entering this regatta, skipper and all crew recognize that sailing is an activity that has an inherent risk of damage and injury, sickness and disease (including communicable diseases such as COVID-19) associated with it. Further, they have read RRS rule 3, Decision to Race, and hereby acknowledge and agree that they are participating in this event entirely at our own risk.

15. [DP] PERSONAL CONDUCT

- 15.1 All junior sailors, instructors and support persons are expected to behave in accordance with recognized principles of sportsmanship, good manners and fair play. A junior sailor, instructor or support person may be disciplined as per JSA Rule 4, the JSA Code of Conduct, RRS 64.4 or RRS 69 for violation of these rules. An alleged breach of this requirement shall not be grounds for a protest. However, when the protest committee believes that a competitor may have breached the above requirement, it shall follow the process described in the JSA Code of Conduct.
- 15.2 If an instructor is asked to leave the racing area, all junior sailors who that instructor is responsible for shall also leave the racing area unless other satisfactory supervisory arrangements are made and reported to the OA.

16. RACE MANAGEMENT

Event Chair, Brian Levine	blevine1021@yahoo.com	C: 215-680-5803
PRO: John Troy	jtroyhome@yahoo.com	
SYC Sailing Director, Lawrence McGrath	sailingdirector@stamfordyc.com	
SYC Race Committee	rc@stamfordyc.com	
Event YachtScoring website	www.yachtscoring.com/emenu/50834	