

CONANICUT YACHT CLUB

99th ANNUAL AROUND THE ISLAND RACE

September 6, 2026
Jamestown, Rhode Island

SAILING INSTRUCTIONS

1 RULES:

- 1.1 The AROUND THE ISLAND [ATI] race will be governed by:
 - 1.1.1 The Racing Rules of Sailing 2025 – 2028 (RRS), the current PHRF-Narragansett Bay and NEMA rules and the current class rules for any one-design class as applicable.
 - 1.1.2 These Sailing Instructions and any modifications thereto.
- 1.2 Conanicut Yacht Club is the Organizing Authority (OA)

2 COMMUNICATIONS TO COMPETITORS

- 2.1 Notices to competitors, including race documents, amendments, and results will be posted to the Official Notice Board which will be on Yacht Scoring at <https://yachtscoring.com/emenu/50847>. Protest Committee information will be posted at CYC on the bulletin board in the entry hallway.
- 2.2 Any changes to the Sailing Instructions will be posted on the Official Notice Board before 0900 on the day of the race.
- 2.3 The **Race Committee VHF channel** for fleet communications will be **VHF Channel 78**.
- 2.4 Each boat shall carry a VHF radio capable of communicating with the Race Committee on VHF Channel 78.

3 SIGNALS MADE ASHORE

No signals will be made ashore. All advance alerts, including any postponements on-shore on the day of racing will be posted on the Official Notice Board and emailed to the owner/skipper of each boat.

4 SCHEDULE OF RACES

Sunday, September 6	1055	First Warning Signal for the Around the Island Race
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5 DIVISIONS AND CLASSES

- 5.1 Monohull and multihull yachts will sail in separate Divisions. Yachts will be further divided into Classes based on PHRF-NB and NEMA handicaps as well as other factors at the discretion of the OA.
- 5.2 Spinnaker and non-spinnaker handicapped yachts will be assigned their own Classes.
- 5.3 Classes may be designated for each One-Design class with six or more entries.
- 5.4 Yachts sailing in Classes other than a One-Design class will be scored using Time on Time (TOT) correction using 2026 PHRF-NB or NEMA ratings, as applicable.

- 5.5 Scratch sheets will be available on the Official Notice board at <https://yachtscoring.com/emenu/50847> by 1200 hours Saturday, September 5, 2026.

6 STARTING AREA

The starting area will be in the vicinity of the Conanicut Yacht Club.

7 CHECK-IN AND RETIREMENT

- 7.1 All yachts shall check in with the ATI Race Signal Boat via **VHF Channel 69** prior to the Warning Signal, providing the **yacht's name, sail number and class, as well as the number of souls on board**. Yachts checking in via VHF will be acknowledged by the ATI Race Committee once the transmission is received. Yachts may also check in by sailing past and hailing the ATI Race Signal Boat prior to the Warning Signal for the first Class to start, providing the same information noted above.
- 7.2 Any yacht retiring from the race after checking in shall communicate its retirement to the Race Committee on VHF Channel 78. There will be Race Committee boats stationed around the course each designated by a yellow Race Committee flag able to receive emergency information or retirement notices on VHF Channel 78.

- 8 **COURSE SIGNALS** The course to be sailed will be displayed on a board on the Signal Boat with classes over the courses. Different courses may be designated for different classes.
Sample course board:

A - D	E - I
O	P

9 COURSES

9.1 Course "O"

Starting from North to South from the Starting Line to FL G 2.5, Bell "11," the Dumplings, leave to Starboard; then to GR Bell, SW of Beavertail Point, leave to Starboard; then to Can "5," NW of Conanicut Point, leave to Starboard; then to Can "3," NNE of Conanicut Point, leave to Starboard and then to Finish Line. **Distance 18.1 miles.**

9.2 Course "X"

Starting from South to North, from the Starting Line to Can "3," NNE of Conanicut Point, leave to Port; then to Can "5," NW of Conanicut Point, leave to Port; then to GR Bell, SW of Beavertail Point, leave to Port; then to FL G 2.5 sec. Bell "11," the Dumplings, leave to Port and then to Finish Line. **Distance 18.1 miles.**

9.3 Course "Z"

Starting from South to North, from the Starting Line to RG Nun South of Prudence Island, leave to Starboard; then to FL R 4 sec. Bell R "14," Bishop Rock, leave to Starboard; then to FL G 2.5 sec. Bell "11," the Dumplings, leave to Starboard and then to Finish Line. **Distance 12.0 miles.**

9.4 Course "P"

Starting from North to South, from Starting Line to FL G 2.5, Bell "11," the Dumplings, leave to Port; then to FL R 4 sec. Bell R "14," Bishop Rock, leave to Port; then to RG Nun South of Prudence Island, leave to Port and then to Finish Line. **Distance 12.0 miles.**

9.5 Course "T"

Starting from North to South, from the Starting Line to FL G 2.5, Bell "11," the Dumplings, leave to Starboard; then to GR Bell, SW of Beavertail Point, leave to Starboard; then to Can C-1 Northeast of Hope and Despair Islands leaving it and both islands to Starboard and then finish line. **Distance 21.5 miles.**

9.6 Course "U"

Starting from South to North to Can C-1 Northeast of Hope and Despair Island leaving it and both Islands to Port, then to GR Bell Southwest of Beavertail, leave to Port; then to FL G 2.5 sec. Bell "11," the Dumplings, leave to Port and then to Finish Line. **Distance 21.5 miles.**

10 COURSE INSTRUCTIONS

- 10.1 The Newport to Jamestown Bridge shall be passed under any of the **center three spans** of the suspension section of the bridge. No yacht shall sail between Rose Island and the Newport Bridge.
- 10.2 The Jamestown to North Kingstown Bridge shall be passed through the **center span only.**
- 10.3 Shortening the Course
 - 10.3.1 In addition to shortening at rounding marks pursuant to RRS 32.2, the Race Committee may also shorten the Course in the vicinity of the Jamestown to North Kingstown Bridge. In this case, the Finish shall be between Code Flag "S" on the Committee Boat and the nearby red navigation buoy #10, just to the north of the Jamestown to North Kingstown Bridge. This changes RRS 32.2.
 - 10.3.2 If the Race Committee elects to shorten course for less than all of the designated Divisions or Classes, then the relevant Division or Class flags will also be flown with Code Flag "S". The Race Committee will also attempt to communicate any shorten course on VHF Channel 78.
- 10.4 Government marks that are NOT marks of the course need not be honored for purposes of the course instructions. However, each boat is responsible for its own navigation.

11 THE START

- 11.1 The order of starts will be included in the Race Committee's announcement on VHF Channel 78 at 0930.
- 11.2 The Starting Line will be approximately East of CYC between a staff displaying an orange flag on the Signal Boat and either a staff displaying an orange flag on a Race Committee vessel or the course side of a starting mark, which may be a robotic mark, at the pin end of the line. The pin end will be to the East of the Signal Boat.
- 11.3 The Starting Area will extend 100 yards perpendicularly from both sides of the Starting Line and radially from its ends. **Boats may enter this area only after their Warning Signal.**
- 11.4. The Starting Sequence is intended to begin with the class of smaller/slower boats and ascend to the classes of larger/faster boats. **Class A Warning Signal will be at approximately 1055.**
- 11.5 The starting sequence will follow rule RRS Rule 26. Official times shall be taken by visual signals – **NOT** sound signals.

EXAMPLE: CLASS SIGNAL FLAG & SOUND/MINUTES TO START

Warning for "A" Flag, 1 sound signal/5 min.

Preparatory "P" Flag, 1 sound signal/4 min.

One Minute "P" Flag Down, 1 sound signal/1 min.

Start "A" Flag Down, 1 sound signal/0 min.

The Warning Signal for each succeeding class shall be APPROXIMATELY ONE MINUTE after the start signal of the preceding class. THIS TIME IS ONLY APPROXIMATE; THEREFORE, EACH STARTING SEQUENCE WILL BE TIMED INDEPENDENTLY. **NO ROLLING STARTS.**

- 11.6. POSTPONEMENT: AP Answering Pennant and two sound signals. Race Committee will attempt to announce all signals on VHF Channel 78.
- 11.7 For INDIVIDUAL RECALLS (Code Flag X and one sound signal), the Race Committee will endeavor to hail boats observed to be OCS at the start on VHF Channel 78. Failure to hail, the timing or order of any such hails will not be grounds for redress. This changes RRS 62.1(a). A GENERAL RECALL (First Repeater and two sound signals), General Recall will NOT interrupt the starting sequence of the next class. **The class**

recalled will start after all other classes have been started in original order and after all other previously recalled classes in order. This changes RRS 29.2.

12 ABANDONMENT

- 12.1** Code flag N with three horns. All classes that have started are abandoned. Return to starting area. The warning signal will be made 1 minute after removal unless at that time the race is abandoned again or postponed.
- 12.2** Code Flag N OVER A with three horns. All races (classes) abandoned. No racing today.

13 THE FINISH

The Finish Line (not necessarily in the same location as the Starting Line) will be between a blue flag on the Committee Boat and either a staff displaying a blue flag on another Race Committee vessel or a finishing mark, which may be a robotic mark. The Committee Boat at the Finish may not be the same as the Signal Boat at the Start.

14 TIME LIMIT

The time limit for the first boat to sail the course and finish in each Class will be six (6) hours and the Finishing Window for each Class will be two (2) hours from the finish time of the first boat to finish in the Class. One yacht of a Class finishing within the time limit will constitute a Race for that Class.

15 PENALTY SYSTEM

- 15.1** Each Class will be scored separately for the purpose of awards using Time-on-Time for both PHRF and NEMA.
- 15.2** The Scoring Penalty, RRS 44.3 will apply. The penalty will be 5 minutes added to a boat's corrected time.
- 15.3** US Sailing prescription Appendix V rule V2 shall apply. The Post Race Penalty shall be 10 minutes added to a boat's corrected time. However, for purposes of any prizes determined based on the best elapsed time, the respective penalty shall be added to a boat's elapsed time.

16 PROTESTS

- 16.1** Protesting yachts shall inform the Race Committee upon crossing the finish line of their intent to file a protest and file a protest on a US Sailing Form with the Protest Committee at the CYC Awards Party Check-In desk within two (2) hours of the time such yacht finished or by 1800 hours on September 6, 2026, whichever is earlier. This changes RRS 61.
- 16.3** All protests filed in a timely fashion will be heard at 1800 hours or immediately following filing, if feasible.
- 16.4** All individuals involved in protests shall be at CYC at hearing time.

17 SCORING

- 17.1** Monohulls will be scored using 2026 valid TOT PHRF-NB ratings. Ratings must be published on the PHRF-NB website to be considered valid. In the case of a boat holding more than one certificate, the valid certificate will be the one consistent with the boat's configuration in the race. This must be declared to the OA via email no later than 1200 on Friday, September 4, 2026.
- 17.2** Multihulls will be scored using 2026 valid TOT NEMA ratings. Ratings must be published on the PHRF-NB website to be considered valid.
- 17.3** Any one design fleet will be scored based on the order of finish of each yacht.

18 PRIZES

Prizes will be awarded as described in the Notice of Race.

19 WAIVER, RELEASE OF LIABILITY, AND MEDIA RELEASE

- 19.1** As a condition of entry, each owner/skipper shall submit, prior to racing, an online liability waiver. The waiver is available for completion on Yacht Scoring at <https://yachtscoring.com/emenu/50847>
- 19.2** The skipper/owner of each boat participating shall be responsible for the behavior of each member of the crew of his/her boat, both while on the water and ashore.
- 19.3** Competitors participate in the race entirely at their own risk. See RRS 3, Decision to Race. The Organizing Authority and any official sponsors will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the race. Attention is also drawn to RRS 46 and USSER 1.2, Responsibility.
- 19.4** Each owner/skipper and individual participating crewmember ("Person") grants, at no cost, Conanicut Yacht Club, the absolute right and permission to use their name, voice, image, likeness, biographical material; as well as representations of the boats in any media (including but not limited to video, print, and internet media), including video footage, for the sole purpose of advertising, promoting and disseminating information regarding the Conanicut Yacht Club Around the Island Race.

20 SAFETY REGULATIONS

Restricted Channels: Competitors are reminded that Narragansett Bay is considered a restricted channel for commercial traffic and other vessels restricted in their ability to maneuver. Competitors must comply with the government right-of-way rules when in proximity of commercial or privileged marine traffic.

21 FURTHER INFORMATION

For further information, please visit the event site on Yacht Scoring at <https://yachtscoring.com/emenu/50847> or contact:

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