

Corinthian Yacht Club of Cape May

**2026 ILCA District 10 Class 7 & 6 Championship Regatta
and MAYRA Championship**

AUGUST 9, 2026

1819 Delaware Avenue, Cape May, NJ 08204 www.cyccm.com

Sailing Instructions

08.05.2026.v1

1. RULES

- a. The regatta will be governed by the rules as defined in the current Racing Rules of Sailing (RRS) and the International Laser Class Association (ILCA) rules.
- b. The Organizing Authority is CYCCM.
- c. RRS 40 will be deleted and replaced with: "Competitors shall wear personal flotation devices, except briefly while changing clothing or personal equipment. Wet suits and dry suits are not personal flotation devices."
 - i. Note that Code Flag "Y" will not be displayed.
 - ii. Up to 4 races are scheduled, of which a minimum of one (1) race must be completed to constitute a regatta.
- d. This SI shall supersede any conflict with the Notice of Race.

2. ELIGIBILITY

- a. Boats and Sails must meet all ILCA rules and requirements for Class 6 & 7 boats.
- b. Completion of registration at yachtscore.com, payment of fees, completion of a signed waiver, with the Corinthian Yacht Club of Cape May before noon on August 7.
- c. No walk in, or late registration will be permitted.
- d. Competitors must be capable of safely handling: sailing conditions off shore and in Cape May Inlet including waves, swells and strong currents.

3. SCHEDULE OF EVENTS

- a. Saturday, August 8
 - i. 1800 Competitors Notified via Yacht Score if Regatta is canceled
- b. Sunday, August 9
 - i. 0830-0930 Check-In, and Breakfast refreshments
 - ii. 0930 Final Check in closed.

- iii. 0945 Skippers Meeting
- iv. 1015 Harbor Signal
- v. 1102- Low Tide
- vi. 1115 First warning signal, up to 4 races to follow
- vii. 1753 High tide
- viii. No race start sequence shall start after 1545 on Sunday.
- ix. Awards, refreshments and pizza will follow ASAP after the last race.

4. OFFICIAL NOTICES and SIGNALS ASHORE

- a. Prior to August 9 all official notices will be posted on Yacht Score.
- b. August 9, All notices be posted on the bulletin board on the porch of the Sailing Building (AKA Wally World)
- c. Signals ashore will be made from the mast of the club boat OVAH on the club docks. If OVAH is not available signals shall be made from the Signal Boat Cohort mast.
- d. When Signal Flag "AP" is displayed ashore the warning signal for the first race shall not occur earlier than 45 minutes after the AP is removed for races offshore.
 - i. For races in the Harbor no race will begin before 20 minutes after the AP is removed. This changes RRS Race Signals.
 - ii. Code flag "L" displayed ashore August 9, indicates an important message for competitors has been posted on the Official Notices Bulletin Board.

5. CHANGES TO THE SAILING INSTRUCTIONS

- a. Any changes to these instructions for Sunday races shall be posted before 0945 on August 9.

6. CHECK IN

- a. After the Signal Boat has anchored at the starting area and displayed code flag "L", before the first race, each competitor must sail by the Signal Boat and hail her number until acknowledged by the RC.

7. CLASS FLAGS

- a. Class flag for Laser 7: ILCA Class Flag 7 (White Background with Red Lettering)
- b. Class Flag for Laser 6 will be ILCA Class flag 6 (Green Background and red letters)

8. Starts

- a. The Start shall be in accordance with RRS 26
- b. The order of start shall be: Laser 7, followed by Laser 6, unless changed by the RC on the water.
- c. The RC may start both fleets together utilizing both Class flags in a combined start.
- d. Boats which do not start within 5 minutes of their start signal shall be scored DNS.

- e. The Signal boat may make repeated sound signals and hails for attention shortly prior to beginning the start sequences. Failure to hear or understand hails shall not be grounds for redress.
- f. 10.3 Individual recalls shall be signaled according to RRS 29.1
 - i. THE RC as a courtesy shall attempt to hail OCS boats by sail number, partial sail number, or hull color. The failure of the recalled boat to hear or understand the hail, the promptness of the hail, and the sequence of the recalled boat to be hailed, shall not be grounds for granting redress.

9. COURSES and RACING AREA

- a. Racing will be held in the ocean off Cape May inlet on either: the East Course which is located off of Wildwood Crest approximately 1 mile ENE from the East Jetty of the Cape May Inlet or, racing may be held on the West Course off Cape May approximately 1 mile WSW of the Western Jetty. Alternatively, Cape May Harbor may be utilized if conditions warrant.
- b. The course location will be announced at the Skippers meeting.
- c. Courses and heading to the first mark will be displayed from a course board on the stern of the Signal Boat.
- d. Course will be W, “#” with # indicating in the number of legs to be sailed.
 - i. Even numbered W courses shall finish down wind, odd number courses shall finish upwind.
 - ii. W Courses shall include 2-5 legs depending on conditions. Each fleet is reminded to check the course board before their start as they may not sail the same courses.
- e. Example 1: A W3 course will be a windward leeward course consisting of 3 legs: Start, Mark 1 to port, a Leeward gate (to be taken either port or starboard) or, Mark 3 to port, and finish up wind to a finish line between a Green Tomato shaped mark to port and a blue flag on a RC finish boat.
 - i. The Finish line will be approximately 35-50 yards above the Windward mark.
- f. Example 2: A W4 course will be a course with 4 legs and downwind finish through a gate taking the port side gate mark to port reaching to a finish line between a green tomato mark above the signal boat to port and a blue flag on the signal boat: Start, Mark 1 and offset to port, leeward gate, rounding either to port or starboard, proceed to Mark 1 and offset to port, to leeward rounding port side gate mark to port, reaching to finish between a green tomato mark to port and, a blue flag on the signal boat.
- g. Marks: Weather Mark and Gate Marks will be orange Tetrahedrons.

- h. An offset mark (Orange Tomato) may be used at the weather mark. If used, the offset mark will be rounded to port after the weather mark.
- i. A gate may not be used at the leeward mark. In that case a single Mark shall be rounded to port instead.
- j. If used, the leeward gate marks may be rounded either to port or to starboard except when finishing. THE RC will notify competitors via course board if offset or, gates are not to be used.

10. COURSE CHANGE

- a. The RC shall change the leg of the course pursuant to RRS 33 parts (a 2), (b,c)
 - i. Plackards with: Green Triangle for starboard shift of mark, and red square for left shift, will be used.
- b. The new mark will be a yellow tetrahedron and, orange tomato for offset (if used)

11. START and FINISH LINES

- a. The Starting line shall be located below the leeward mark/gate between an orange flag on the starboard end of the line and a green tomato mark on the port (pin) end or: at the discretion an of the RC the starting line port end mark may be replaced with a boat with an orange flag.
- b. Finish line for upwind finishes will be located above the Windward Mark between a staff with a Blue flag and a Green Tomato mark.
- c. Finishes on even numbered courses will be through a line between a blue flag on the Signal boat and, green tomato mark which is located off set from the gate. Competitors pass the between the gate and turn to port to finish line.

12. TIME LIMITS

- a. If the first boat in a class does not finish within 75 minutes from her starting signal the race will be abandoned.
- b. If a boat in a class finishes within the time limit, boats in her class which are still racing, and have not finished within 15 minutes of the first boat to finish, shall be scored TLE.
- c. Boats who do not start within 5 minutes of their class start signal will be scored DNS

13. SAFTEY

- a. Boats which retire from a race shall notify an RC boat as soon as possible. Retiring boats should, if possible, also notify other nearby boats.
- b. Boats are advised to avoid the Dredge operation and dredge spoil pipe located on the southern side of the channel. **The dredge operation safety conditions change daily and will be covered at the skippers meeting.**

14. PROTESTS

- a. Boats wishing to protest must notify the RC Finish Boat immediately after finishing and provide the RC on the finish boat the sail number of the boat being protested. Protests must be filed within 45 minutes of the posted RC Signal Boat docking time.
- b. Appendix V, sections V1 and V2 shall be in effect.

15. SCORING

- a. The Low Point Scoring System, RRS Appendix A2, will be used except as modified below.
 - i. No scores will be dropped.

16. AWARDS

- a. Laser 7, Laser 6, first through fourth place.
- b. MAYA Champions will be awarded to the highest finishing MAYRA club member in each fleet.

17. FURTHER INFORMATION

- a. Jim Forrester PRO, 540-797-0777, forresterbrv@gmail.com

18. COURSE DIAGRAMS

- i. Separate document in YS.