

Frenchman's Bay Yacht Club Open Regatta

635 Breezy Drive, Pickering ON L1W 2X4

August 8 & 9, 2026

ILCA7/ILCA6 SAILING INSTRUCTIONS:

RULES:

- 1.1** The Regatta will be governed by the World Sailing 2025-2028, the Prescriptions of the C.Y.A., the Rules of the Class Associations, and these instructions.
- 1.2** In cases of conflict between the Sailing Instructions and any of the rules of the Class Associations, these instructions shall govern.
- 1.3** Breach of class rules will be allowed as grounds for protest, provided the protester submits an official copy of said class and/or fleet rules to the Protest Committee when filing the protest.
- 1.4** The penalties are as per the RRS and the Race Instructions except as stated below.
- 1.5** If a boat believes they may have committed a penalty and has not been involved in a collision, they may absolve themselves by the following actions: After getting well clear of other boats as soon after the incident as possible, a boat takes a one turn penalty by promptly making one turn in the same direction including one tack and one gybe. This alters RRS 44.1.

ENTRIES:

- 2.1** Eligible boats may enter by completing the registration form (available at fbyc.ca/racing). Last minute registration in person shall be on Friday August 7th from 1700hrs to 2100hrs, Saturday August 8th from 800hrs to 0900hrs.

NOTICES TO COMPETITORS:

- 3.1** Any changes to the Racing Instructions will be posted before 0830 on the day that they will take effect.
- 3.2** Any changes to the Racing Schedule will be posted by 2000 hours the day before they will take effect.
- 3.3** Any notices to competitors will be posted on the Racing Notice Board in the clubhouse.

SKIPPER'S MEETING:

- 4.1** The skippers' meeting will be held at 0930 Saturday August 8th, 2026 and Sunday August 9th, 2026.

SCHEDULE OF RACES AND STARTING SEQUENCES:

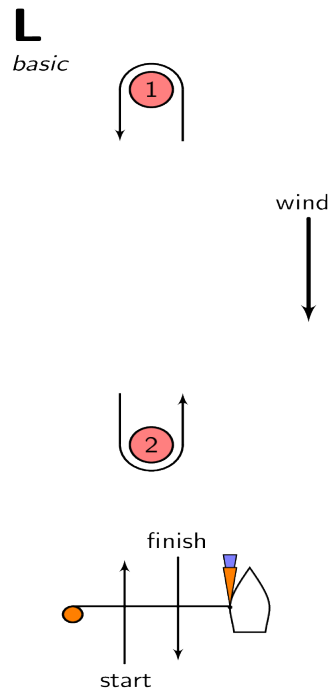
- 5.1** A maximum of 4 races is scheduled per day.
- 5.2** The warning signal for the first race on Saturday and Sunday will be made at 1030hrs.
- 5.3** No race will start on Sunday August 9th after 1530 hrs.

TIME LIMITS

- 6.1** The race committee may abandon a race at any time if they feel it is no longer a fair competition.

RACE COURSE:

- 7.1 The course will be windward-leeward with port rounding of both race marks. Two laps finishing between start pin and committee boat.
- 7.2 The course may be shortened by shortening the leg in accordance with RRS 32. The race committee vessel will display Code Flag "S" with sound signals.
- 7.3 The start and finish lines will be between the orange flag on the Race Committee vessel and the start mark.



Signal	Mark rounding order
L1	Start-1-Finish
L2	Start-1-2-1-Finish
L3	Start-1-2-1-2-1-Finish

RECALLS:

- 8.1 Individual Recalls: The hoisting of Code Flag "X" will be accompanied by 1 sound signal to indicate a single or several premature starters. This flag will be lowered when all premature starters have properly re-started.
- 8.2 General Recalls: In the event the Race Committee is unable to identify all premature starters, a General Recall will be signaled by the hoisting of Code Flag "First Substitute", which may be accompanied by 2 sound signals.

STARTING AREA:

- 9.1 The race course will be on Lake Ontario south of FBYC.
- 9.2 The starting area shall extend the length of the starting line ahead and behind the starting line. It shall also extend one-half the length of the starting line past either end of the line.

SCORING:

- 10.1** One race will be dropped if five or more races are completed.
- 10.2** The low point scoring system will be used.
- 10.3** One race shall constitute a series for scoring.

PROTESTS / Request for Redress:

- 11.1** In addition to the requirements of the RRS, yachts are hereby required to notify the Race Committee at the finish line of their intention to protest, naming the yacht(s) protested. A protest committee shall not be entitled nor required to hear any protests where such notification has not been given.
- 11.2** Protests and Request for Redress must be filed, in writing, within 1 hour of the Race Committee vessel returning to the dock. A sound signal will be made at the expiry of the one-hour period.
- 11.3** A list of protests and Request for Redress filed and the order in which they will be heard will be posted on the notice board in the main clubhouse as soon as possible each day. Protesters and protestees must keep a representative in the main clubhouse to ensure that the parties to a protest can be easily contacted. Subject to the Racing Rules, it shall be deemed that proper notice of the time and place for the hearing of a protest will have been given to each yacht involved in a protest by the posting of said list on the Notice Board in the main clubhouse. It is each boat's sole responsibility to check the Notice Board at the end of protest filing time to see if she is cited in a protest. Failure of a boat's representative to appear when called for the Jury will consider a hearing as grounds for proceeding under RRS 63.3(b).
- 11.4** Protest forms will be available in the clubhouse.
- 11.5** The decisions of the Protest Committee will be final for the presentation of awards.

POSTPONEMENTS and ABANDONMENTS:

- 12.1** Hoisting of Code Pennant "AP" - Answering Pennant - accompanied by 2 sound signals will indicate a postponement.
- 12.2** Hoisting of Code Flag "N" accompanied by 3 sound signals indicate abandonment of the race.

AWARDS:

- 13.1** The awards ceremonies will take place on the main deck Sunday August 9th, 2026 after racing.

RACE COMMITTEE VESSEL:

- 14.1** The Race Committee vessel will be a club keel boat.