

SAILING INSTRUCTIONS

HAMPTON ONE DESIGN NATIONAL CHAMPIONSHIP

Hampton One Design Class Racing Association Fishing Bay Yacht Club – August 7, 8, & 9, 2026

1. RULES

- 1.1 The regatta will be governed by the Racing Rules of Sailing, 2025-2028, US Sailing Prescriptions and the Hampton One Design Class Rules.
- 1.2 RRS Appendix VI PENALTY AT THE TIME OF AN INCIDENT will apply. This changes RRS44.1

2. NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the Official Notice Board online at https://yachtscoring.com/notice_board_summary/50917
- 2.2 Unofficial courtesy copies of such notices may also be posted at the Fishing Bay Yacht Club clubhouse.

3. CHANGES TO THE SAILING INSTRUCTIONS

- 3.1 Any change to the Sailing Instructions will be posted before 0830 on the day it will take effect, except that any change in the schedule of races will be posted by 2000 on the day before it will take effect.
- 3.2 Oral changes to the sailing instructions are allowed to be made while on the water as per RRS 90.2(c). If they are to be made flag L will be flown. Boats should sail by the signal boat to receive the instructions and acknowledge receipt.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed by the Fishing Bay Yacht Club flagpole or boat parking lot
- 4.2 When flag “AP” is displayed ashore “1 minute” is replaced with “not less than 60 minutes” in the race signal AP.

5. SCHEDULE OF RACES

- 5.1 Registration and entry fee payment is online at: <https://yachtscoring.com/emenu/50917>
- 5.2 On-site check-in will begin at 0900 and close at 1000 on Friday August 7th. All registrants must check in that Friday.
- 5.3 Nine races are scheduled. Three races are planned on Friday, four on Saturday, and two on Sunday, but this may change at the discretion of the PRO for weather or other reasons:

Friday August 7th – 1st Warning 1330 (Harbor Start 1200)
Saturday August 8th – 1st Warning 1030 (Harbor Start 0900)
Sunday August 9th – 1st Warning 1030 (Harbor Start 0900)

- 5.4 No races will be started after 1430, Sunday, August 9th.
- 5.5 Four races must be completed to constitute a series
- 5.6 Flag A displayed with no sound, while boats are finishing means “No more racing today”
- 5.7 A maximum of four races may be held each day.

6. CLASS FLAG

The class flag will be the HOD logo.

7. RACING AREA

The racing area will be on the Piankatank River and/or Chesapeake Bay.

8. **COURSES**

- 8.1 The courses to be used are shown in Appendix A.
- 8.2 The course letter to be sailed will be displayed on the signal boat prior to the warning signal.
- 8.3 In the event a gate mark is missing, it shall be presumed that the bottom mark is to be rounded to port
- 8.4 When the first mark of the course is to be the change mark, the race committee signal vessel will display flag "C" prior to the warning signal, accompanied by a series of repetitive sound signals and announce on VHF radio that the first mark will be the change mark.

9. **MARKS**

- 9.1 Marks 1 and R will be 3' orange inflatables.
- 9.2 The offset mark will be a 2' orange polyform buoy.
- 9.2 Gate marks will be 3' yellow inflatables.
- 9.2 The starting pin will be a 3' Green inflatable.
- 9.3 The first change mark as provided in SI 13, will be a 3' yellow inflatable.
- 9.4 Downwind finish mark will be a 2' Red Inflatable
- 9.5 Upwind finish mark will be the windward mark.

10. **CHECK-IN/CHECK OUT**

- 10.1 Prior to the warning signal for the first race of each day, each boat shall sail past the stern of the RC Signal Boat and hail her sail number until acknowledged by the Race Committee. Only the Race Committee can protest an alleged breach of this instruction. This changes RRS 60.1.
- 10.2 A boat leaving the course area is requested to notify the Race Committee before leaving or, if that is not possible, to notify the PRO as soon as possible by calling or texting 757-581-0781.

11. **THE START**

- 11.1 Races will be started using RRS 26.
- 11.2 The starting line will be between a staff displaying an orange flag on the RC Signal Boat at the starboard end and the course side of the port-end starting mark.
- 11.3 A red inflatable limit buoy may be tethered to the stern of the RC Signal Boat. Any boat hitting this buoy will be considered to have broken RRS 31.
- 11.4 A boat that does not start within 10 minutes of her starting signal will be scored DNS without a hearing. This changes RRS A5.1 and A5.2.

12. **RECALLS**

The Race Committee will attempt to hail the sail number of OCS boats after the starting signal over VHF channel 69 and/or megaphone. Failure to hail any boats, the timeliness of the hail, or the order of boats in the hail shall not be grounds for granting redress. This changes RRS 62.1.

13. **CHANGING THE NEXT LEG OF THE COURSE**

- 13.1 To change the next leg of the course, the Race Committee will lay a new mark (or move the finish line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 13.2 There will not be an offset with a change mark.

14. **THE FINISH**

Unless the race is shortened, the finish line for an upwind finish will be between the staff displaying a blue flag on a Race Committee boat and the weather mark and for a downwind finish between the staff displaying a blue flag on the signal boat and red inflatable on the opposite side from the starting line.

15. **PENALTY SYSTEM**

The first two sentences of rule 44.1 are changed to: "A boat may take a One-Turn Penalty when she may have broken one or more rules of Part 2 or rule 31 in an incident while racing. However, when she may have broken one or more rules of Part 2 while in the zone around a mark other than a starting mark, her penalty shall be a Two-Turns Penalty." RRS Appendix V1 applies.

16. **TIME LIMITS**

16.1 The time limit for the first boat to sail the course and finish is 1 hour and 45 minutes.

16.2 Boats failing to finish within 45 minutes of the first boat to sail the course and finish will be scored two (2) points more than the number of boats who sailed the course and finished within the time limit but not worse than DNF. This changes RRS 35, A5.1, A5.2, A10 and Class Rule Article VIII, 5.

17. **PROTESTS**

17.1 A boat intending to protest another boat must notify the Race Committee Finish Boat immediately after finishing and be acknowledged by the Race Committee. This changes RRS 60.2.

17.2 The written protest must be delivered to the Race Committee within one hour of the Signal Boat docking. The protest time limit will be posted on the Official Notice Board.

17.3 A notice of protests filed, and hearing times will be posted on the Official Notice Board within 15 minutes after the expiration of protest time. This posting constitutes the notice required for Race Committee or Protest Committee protests required by RRS 63.1(a).

17.4 Hearings will be held as soon as possible following racing. It is the responsibility of each competitor to check the Official Notice Board to see if he/she has been cited in a protest.

18. **SCORING**

18.1 The Low Point Scoring System of Appendix A will be used.

18.2 If fewer than six races are completed, a boat's series score will be the total of her race scores. If six races are completed, a boat's series score will be the total of her race scores excluding her worst score.

19. **EQUIPMENT & INSPECTION**

Class rules require each boat to carry a paddle, a 15-pound anchor or equivalent in manufacturer's rating, 50 feet of ¼" anchor line, and 2 wearable life jackets. In addition, each boat shall carry a VHF radio capable of transmitting and receiving on channel 69. In accordance with class rules, competitors must designate a maximum of two sets of measured sails to be used during the regatta. This equipment and sails must be verified by class measurers prior to the competitors' meeting on Friday.

20. **REPLACEMENT OF CREW**

The substitution of competitors will not be allowed without prior written approval of the National Executive Committee.

21. **PRIZES**

Trophies shall be given to helmsmen and crew for the first five places. Also, the **J.W. Hurst** perpetual trophy will be awarded to the highest placing novice. Novice is defined as a competitor that has not won a CBYRA sanctioned event. The Regatta Chairman will post a list of eligible competitors for the Hurst Trophy prior to the first race. The **William J. Daugherty Memorial Trophy** will be awarded to the best crew of the year. The **T. Lane Stokes Cup** will be awarded to the Hampton One Design sailor (skipper or crew) who: exhibits exemplary sportsmanship, actively participates in Hampton One Design regattas, and actively promotes the Hampton One Design Class. The **Charles H. McCoy, Jr. Hampton One Design High Point Trophy** will be awarded to the skipper with the most points as outlined in the Sea Chest document.

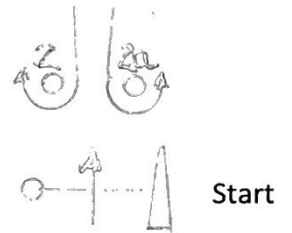
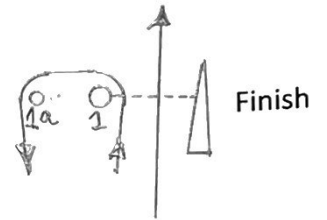
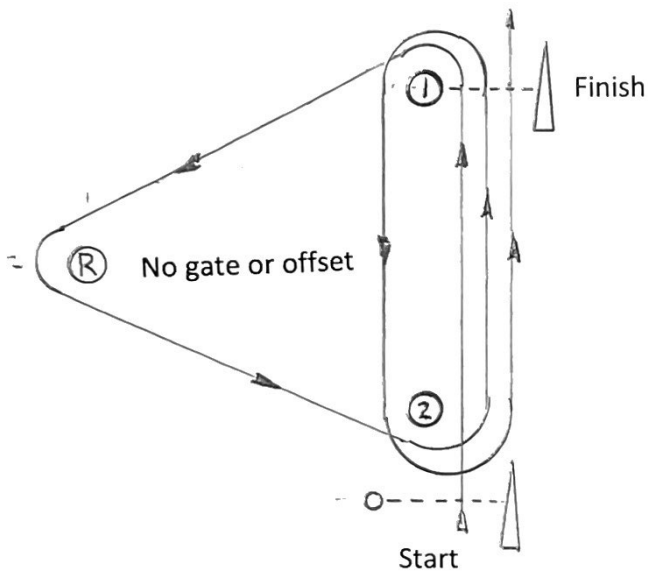
22. **DISCLAIMER OF LIABILITY**

Competitors participate in the regatta at their own risk. See RRS 3, Decision to Race. The organizing authority, PRO, or Race Committee will not accept any liability for material damage or personal injury, or death sustained in conjunction with or prior to, during, or after the regatta. Each helmsman and crew must sign the waiver online prior to the Friday check in. If under age 18 parent/guardian must sign. If this is not possible, hard copy waivers must be signed.

Appendix A

Course W3 / W5

Course T



Course	Description
T	Start-1-R-2-1-2-Upwind Finish
W3	Start-1-1a-Gate-Upwind Finish
W5	Start-1-1a-Gate-1-1a -Gate-Upwind Finish
L4	Start-1-1a-Gate-1-1a-Downwind Finish
L6	Start-1-2-1-2-1-Downwind Finish

Course L4

