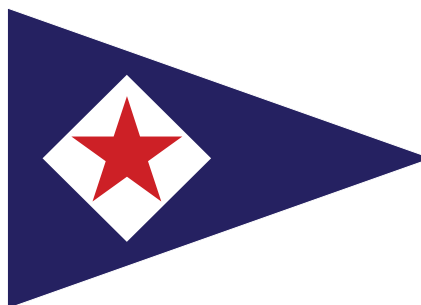




2ND Annual Haustblót Shorthanded Regatta Saturday, September 19, 2026

HOSTED BY SEA CLIFF YACHT CLUB

SAILING INSTRUCTIONS

1. MANAGEMENT

- 1.1. The Haustblót Shorthanded Regatta (HSR) is managed and hosted by Sea Cliff Yacht Club as the Organizing Authority (OA). The HSR Race Committee (RC) shall have the authority to interpret the rules and conditions of the race. The Yacht Racing Association of Long Island Sound (YRA of LIS) Technical Committee will be utilized in the event a technical committee is required. The YRA of LIS Technical Committee can be reached at techcomm@yralis.org.

2. RULES

- 2.1. The race will be governed by the Racing Rules of Sailing ("RRS") and the US Sailing Association ("US Sailing") prescriptions (together "Rule" or "Rules").
- 2.2. For ORC Boats, the 2026 [ORC Rating Systems](#) of the Offshore Racing Congress shall apply.
- 2.3. For PHRF Boats, the [Performance Handicap Racing Fleet \(PHRF\) Regulations of the YRA of LIS](#) shall apply.

3. EQUIPMENT

- 3.1. [NP][DP]¹ Boats shall comply with the current [US Sailing Safety Equipment Requirements \(SER\) 2026 for Nearshore Category Races](#).

¹ The notation "[NP]" in a rule means that a boat may not protest another boat for breaking that rule. This modifies Rule 60.1 The notation "[DP]" in a rule means that the penalty for a breach of the rule may be less than DSQ at the discretion of the race committee (for NSC violations) or the protest committee. This modifies Rule 60.5(c).

- 3.2. If no magnetic compass is permanently mounted, a handheld magnetic compass suitable for steering may be used. This changes SER 3.19.1.
- 3.3. Wind vanes and/or autopilots may be used without penalty. This changes RRS 52.
- 3.4. [NP][DP] Jacklines must be rigged both port and starboard, and run from the cockpit to the bow.
- 3.5. [NP][DP] All boats shall have an AIS transponder or app and ensure that their AIS is in working order and transmitting the boat's identification information during the Race.
- 3.6. [NP][DP] Sailors in the single-handed class shall wear PFDs at all times while on deck.

4. NOTICES TO COMPETITORS

- 4.1. Notices to competitors will be posted only on the Notice Board at yachtscoring.com.

5. SCRATCH SHEET

- 5.1. Starting times for each class, ratings and time allowances will be published in the scratch sheet. A provisional scratch sheet will be available at yachtscoring.com no later than 1800 on Thursday, September 17, 2026.
- 5.2. Any boat without a current ORC Certificate Reference Number entered at yachtscoring.com by Friday, September 18, 2026 at 1800 hours will be assigned to the PHRF Division.
- 5.3. All requests for changes shall be made on the [2026 HSR WhatsApp Group](#).

6. COURSE

- 6.1. The course(s) will be in Western and Central Long Island Sound, with a start off Matinecock Point, Glen Cove, NY, potentially heading as far east as Stratford Shoal, and finishing off the Glen Cove, NY breakwater in Hempstead Harbor.
- 6.2. The course(s) will be between 10 nm and 60 nm long depending on conditions, with the goal of allowing most competitors to finish no later than 1700 on the same day as the race start.
- 6.3. The course(s) will be selected by the OA and will run around government marks listed in Appendix A to these sailing instructions (SI). The course(s) will be finalized and disclosed to competitors in an amendment to the SI posted at yachtscoring.com no later than 1800 on Friday, September 18, 2026.
- 6.4. The course for the singlehanded and doublehanded classes will be the same. Courses may differ for other classes.

7. CHECK-IN

- 7.1. [NP][DP] Prior to the first warning, all boats shall check in by providing their boat name, sail number and class to the RC on VHF 72 beginning at 0925 hours on the day of the race.

8. COMMUNICATIONS

- 8.1. The Official Notice Board is available at yachtscoring.com.
- 8.2. The RC may make courtesy broadcasts to competitors on VHF 72, including by identifying warning signals, 4 minutes to a class start, 1 minute to a class start, and any other broadcasts the RC chooses to make in its discretion.
- 8.3. [NP] [DP] Each boat shall carry a cellphone, the number of which shall correspond with the boat's entry at yachtscoring.com, which shall be kept on during the race and for two hours after finishing.
- 8.4. [NP] [DP] Competitors must join the [2026 HSR WhatsApp Group](#) to communicate with the RC, including to report finishing times. Competitors are encouraged to communicate with each other during the race and share onboard photos on the [2026 HSR WhatsApp Group](#).
- 8.5. Any boat that withdraws from the race after the start shall notify the RC using the [2026 HSR WhatsApp Group](#). Failure to notify the RC of a withdrawal may cause needless search and rescue operations and will constitute grounds for rejecting the boat and its owner from future HSRs and other races.

9. CLASS FLAGS

- 9.1. Each boat shall fly from its backstay the International Numeral Code flag (1, 2, 3 etc.) corresponding to the boat's class.

10. SKIPPER & CREW

- 10.1. Each singlehanded class boat shall have only its skipper on board.
- 10.2. Each doublehanded class boat shall have only its skipper and one additional crew member on board.
- 10.3. Each PlusOne class boat shall have only its skipper and crew so that the total number of persons on board is no greater than one plus the first digit in the boat's length overall (LOA). For example, if a boat's LOA is 43 feet, the number of people on board shall not exceed 5 (the "4" in $43 + 1 = 5$).

11. AIS

- 11.1. [NP][DP] Each boat shall ensure that its AIS transmits the boat's name as provided upon entry and not an MMSI number or a former name for the boat. If the AIS cannot broadcast the boat's entered name, the boat shall, before the start of the race,

message the RC using the [2026 HSR WhatsApp Group](#) with its transmitted name, entered name, and sail number.

12. THE START

- 12.1. The race will be started using the starting system described below, with, at the option of the RC, multiple classes starting as a group. Classes and starting groups will be listed on the scratch sheet.
- 12.2. The International Numeral Code flag(s) for each class starting as a group (e.g. classes 1, 2, 3, etc.) will be hoisted at the warning signal for the group.
- 12.3. Starts will be 10 minutes apart. There will be five minutes between the start of one group and the warning signal of the next. The warning signal for the first starting group is scheduled for 0955 hours, the warning signal for the second starting group is scheduled for 1005 hours, for the third starting group at 1015 hours, etc. This modifies Rule 26.
 - 12.3.1. Warning Class flags raised (e.g. 1 and 2 hoisted simultaneously) with 1 sound signal 5 minutes before the start.
 - 12.3.2. Preparatory P flag raised with 1 sound signal 4 minutes before the start.
 - 12.3.3. Preparatory P flag removed with 1 sound signal 1 minute before the start.
 - 12.3.4. Start Division flags removed with 1 sound signal at the start.

13. START LINE

- 13.1. The start line will be near the northeastern end of Hempstead Harbor between Matinecock Point Shoal Lighted Gong Buoy G21 (see Appendix A, Mark Designation "Start") and Weeks Point Buoy G1 (Appendix A, Mark Designation "S"). One side of the start line will consist of a signal vessel and the other side of the start line will be an orange or yellow inflatable mark. The course side of the starting line will be the side that is closest to the first rounding mark.

14. POSTPONEMENTS

- 14.1. Any postponement of the start will be for five (5) minutes or multiples thereof and will be signaled by AP (the Answering Pennant) and two (2) sound signals. All classes not already started are postponed. The new warning signal will be made one (1) minute after removal of AP and one (1) sound signal. The starting order will remain the same after any postponement.

15. RECALLS

- 15.1. After an individual recall, the RC will promptly display flag X, accompanied by one (1) sound signal. While the RC may attempt to hail recalled boats on VHF 72, it is the responsibility of each boat to make a proper start. Boats that do not completely return to the non-course side of the start line will be scored NSC.

- 15.2. A General Recall of a group will be signaled by the Flag First Substitute and two (2) sound signals. The new Warning Signal for the recalled group will be made one (1) minute after the lowering of the First Substitute with one (1) sound signal.

16. CANCELLATION AND ABANDONMENT

- 16.1. If the race is canceled prior to the start, in addition to the standard signal, the RC shall announce the cancellation on the [2026 HSR WhatsApp Group](#) and on the Notice Board at yachtscoring.com.
- 16.2. If the race is cancelled at the start line after a postponement, the RC shall fly flags AP over A and announce the cancellation on VHF Channel 72.
- 16.3. If the race is abandoned after the start of any class, the RC shall fly flags N over A with three (3) sound signals and announce the abandonment on VHF Channel 72 and the [2026 HSR WhatsApp Group](#). The RC also will attempt to contact boats that have already started by calling them on WhatsApp. This modifies Rule 32.

17. FINISH LINE AND FINISHING

- 17.1. Based on feedback received following the 2025 Haustblót Shorthanded Regatta, the finish for the 2026 Race likely will not be inside Hempstead Harbor. The finish line will be an imaginary line that extends a specified distance from the specified government mark, and will be crossed when the government mark bears a specified magnetic heading from the competitor's bow. The exact finish mark, finish line description, and magnetic heading will be disclosed in the same amendment to the SI that contains the rounding marks as stated in NOR 8.3.
- 17.2. There will be no RC vessel at the finish line. Boats shall self-record their finish times and report their finish times to the RC on the [2026 HSR WhatsApp Group](#) as soon as possible after their finish but, in any event, no later than 1 hour after their finish.
- 17.3. The RC reserves the right to request confirmation of any competitor's crossing of the finish line. Competitors are therefore encouraged, but not required, to take a photo or video of their finish line crossing (or of the chartplotter display) using a smartphone or otherwise log their finish line crossing using Expedition or other software that provides logging functionality.

18. PROTESTS

- 18.1. Protests shall be delivered via the [2026 HSR WhatsApp Group](#) or in person to a member of the RC at Sea Cliff Yacht Club no later than one (1) hour after the finish time of the protesting boat. Protests shall be heard, if possible, at the Sea Cliff Yacht Club, as soon as possible after the last boat finishes. A list of protests received will be posted only on the Notice Board at yachtscoring.com. This list of protests will constitute "Notification" as described in Rule 63.1.
- 18.2. In the event of a PHRF Rating Compliance issue, the YRA of LIS Technical Committee can be contacted at techcomm@yralis.org.

19. ALTERNATIVE PENALTIES

- 19.1. Rule A5.3 will apply. In the case of a boat that does not *sail the course*, the RC may, in its discretion, increase the boat's elapsed time by a percentage equal to 240 divided by the course length in nautical miles without a hearing instead of scoring a boat one greater than the number of boats in its class that came to the starting line. For example, if the course is 60 nm, the alternative penalty would be 4%, if the course is 30 nm, the penalty would be 8%, if the course is 15 nm, the penalty would be 16%, etc. This modifies Rule 60.5.
- 19.2. In the case of a violation of any rule of Section 2 and violations of sections of the SI with notation [DP], the boat at fault, instead of being disqualified after a hearing, may, at the option of the protest committee, have its elapsed time increased by the same a percentage equal to 240 divided by the course distance in nautical miles. This modifies Rule 60.5.

20. SCORING & TIME ALLOWANCES

- 20.1. Only boats with either an ORC Certificate Reference Number or a PHRF All Purpose Rating entered at yachtscoring.com will be scored.
- 20.2. ORC scoring will use either Time-on-Time simple scoring ratings or Time-on-Time ratings based on the course. The RC may also post a Time Allowance sheet based on these ratings on the Official yachtscoring.com site at or before the start of the race. Use of this Time Allowance sheet is for guidance only and does not replace the official results.
- 20.3. PHRF time allowances will be time-on-time based on YRA of LIS distance race ratings using a Time Correction Factor formula, $TCF = A / (B + PHRF)$, where $A = 650$ and B is a variable that will be selected by the RC prior to the race start based on prevailing conditions.
- 20.3.1. The B factor in the formula above will be selected from the table below:

B Factor	Conditions
480	Heavy air or all off the wind
550	Average conditions
600	Very light air or all windward work

- 20.3.2. The selection of the TCF formula for PHRF scoring will be made in the discretion of the RC.

21. PRIZES

- 21.1. First place prizes on corrected time will be awarded for each class in which more than one boat competed.
- 21.2. Additional awards may be provided at the discretion of the OA.

22. AWARDS PRESENTATION & BBQ

- 22.1. An awards presentation at Sea Cliff Yacht Club and low-key BBQ with complimentary beer and soft drinks will follow racing. While not required, attendance is highly encouraged for the camaraderie of gathering ashore to share our craft and talk about sailing goals.

23. RISK STATEMENT AND DISCLAIMER OF LIABILITY

- 23.1. Rule 3 states: "The responsibility for a boat's decision to participate in a race or to continue *racing* is hers alone." (emphasis in original). By participating in this race, each competitor agrees and acknowledges that sailing is a dangerous activity with inherent risks. These risks include but are not limited to strong winds, rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform, and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury, or death by drowning, trauma, hypothermia, or other causes.

24. PHOTOGRAPHY & MEDIA RIGHTS

- 24.1. Competitors give the OA absolute right and permission for any photographs or video footage taken of them or their competing boat to be published in any media whatsoever, for editorial or advertising purposes, or to be used in press information.
- 24.2. In addition, competitors grant the OA a perpetual, fully paid-up, royalty-free non-exclusive license to repost to Instagram or other social media channels any photographs or videos shared through the [2026 HSR WhatsApp Group](#) and to otherwise use such media for promotional purposes.

25. AMENDMENTS

- 25.1. Amendments to these SI will be posted only at yachtscoring.com.

26. CONTACT INFORMATION

Event Chairman:	Josh Reisberg	(josh@abilynsailing.com)
Principal Race Officer:	Tim O'Rourke	(timothy.orourke@orourkeseaman.com)
Race Committee:		2026 HSR WhatsApp Group

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APPENDIX A

Mark Designation	Description	Approximate Coordinates
Start	Vicinity of G21, Matinecock Point – between G21 and G1, Weeks Point (Mark Designation “S”)	40 54.525n 73 38.187w
Finish	Imaginary line extending specified distance from a specified government mark, and crossed once the government mark bears a specified magnetic heading from the competitor’s bow. Finish will be in the vicinity of Hempstead Harbor	TBD
A	G11B, Eaton’s Neck	41 00.020n 73 23.695w
B	R28C, Cable and Anchor	41 00.555n 73 25.140w
C	R32A, Mid-Sound Buoy	40 58.122n 73 32.807w
D	R40A, Milton Point	40 56.130n 73 41.287w
E	R42, Scotch Caps	40 55.479n 73 42.148w
F	G1, Delancy Point	40 55.329n 73 43.273w
G	G1, Execution Rocks (Can 1)	40 53.514n 73 44.117w
H	G1, Larchmont	40 54.812n 73 44.075w
I	R2, Larchmont	40 54.174n 73 44.332w
J	G23, Sands Point	40 52.906n 73 42.980w
K	G13, Eaton’s Neck	40 58.194n 73 23.638w
L	G15, Lloyd Point	40 57.681n 73 29.256w
M	G17, Center Island	40 56.310n 73 31.963w
N	G19, Oak Neck Point	40 55.451n 73 34.193w
O	G29, Hewlett Point	40 50.504n 73 45.323w
P	G1, Greenwich Harbor	40 59.599n 73 35.864w
Q	R4, Prospect Point	40 52.216n 73 42.033w
R	R6, Mott Point	40 51.661n 73 40.425w
S	G1, Weeks Point	40 52.733n 73 39.498w
T	R2, Great Captain Island	40 58.594n 73 37.946w
U	R2, Flat Neck Point	40 59.747n 73 35.477w
V	GRE, Eaton’s Neck	40 58.656n 73 24.530w
W	R32, Cows	41 00.215n 73 31.435w
X	R24, Cockenoe Island	41 04.532n 73 19.767w
Y	R26, Beers Rocks	41 03.684n 73 21.978w
Z	R28, Great Reef	41 02.397n 73 25.465w
AA	R36, Blue Fish Shoals	40 58.125n 73 38.786w
BB	R38, Rye Beach	40 57.508n 73 39.617w
CC	Stratford Shoal	41 03.589n 73 06.076w
DD	G5, Glen Cove Breakwater	40 51.719n 73 39.619w