



**IC37 North American Championship
Newport, Rhode Island
October 9–11, 2026
SAILING INSTRUCTIONS**

Organizing Authority: Sail Newport, in cooperation with the IC37 Class Association
72 Fort Adams Drive, Newport, RI 02840

1 RULES

- 1.1 This regatta will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS).
- 1.2 The IC37 Class Association (IC37CA) rules shall apply except as changed in the Notice of Race (NOR).
- 1.3 All competing boats shall carry a handheld VHF radio for safety purposes and race committee communication.
- 1.4 The US Sailing prescription to RRS 63.1 is deleted. However, when redress under RRS 61.4(b) has been requested by one or more boats, the protest committee may invite all boats in that class to attend and be made *parties* to that hearing.
- 1.5 In accordance with IC37 CR H3.2, this event is classified as an A Regatta.
- 1.6 Each boat shall carry a Vakaros Atlas 2 configured for RaceSense, either OA-supplied or her own, mounted as directed and turned on while racing. See Addendum C.
- 1.7 RRS 60.4(a)(2) is replaced with: “if it alleges a breach of a rule of Part 2 or rule 31 and is from a boat that was not involved in and did not see the incident, or”.

2 COMMUNICATION: NOTICES, ANNOUNCEMENTS, VHF CHANNELS

- 2.1 Notices to competitors will be posted on the online Official Notice Board at yachtscoring.com/emenu/50934.
- 2.2 Any change to the sailing instructions will be posted before 0900 hours on the day it will take effect, except that any change to the schedule of races will be posted by 2000 hours on the day before it will take effect.
- 2.3 In the event of a postponement ashore, a change to the sailing instructions may be posted up to 20 minutes before the removal of flag AP.
- 2.4 In addition to the signals made in SI 3.3, the Race Committee will confirm the rendezvous location as described in SI 6 at 0900 over VHF channel 72. The failure to make this announcement or for a boat to hear this announcement will not be grounds for a boat to request redress. This changes RRS 61.4(b).
- 2.5 The Race Committee VHF channel will be VHF 72.
- 2.6 The Organizing Authority and Race Committee will use a competitor WhatsApp group for on-the-water updates, schedule changes and social information. One representative from each boat is strongly advised to join: [IC37 NAs WhatsApp group](#). The group does not replace the Official Notice Board, which remains the authoritative source for all official notices.

3 SIGNALS MADE ASHORE

- 3.1 Signal flags will be displayed from the official flagpole on the east side of the Sail Newport building at 72 Fort Adams Drive.

- 3.2 When flag AP is displayed ashore, “1 minute” is replaced with “not less than 60 minutes” in race signal AP. This changes RRS Race Signals.
- 3.3 Signals designating the rendezvous location will be displayed at 0900 each race day from the yardarm on the east side of the Sail Newport building. In the event of a postponement ashore, the rendezvous location may be posted up to 20 minutes before the removal of flag AP.

4 SCHEDULE OF EVENTS

- 4.1 Schedule of events. All crew weigh-ins take place at 72 Fort Adams Drive.

Day	Events
Tue, Oct 6	1600–1900 Crew weigh-ins
Wed, Oct 7	0800–1000 and 1600–1900 Crew weigh-ins 0800–1200 Measurement (by appointment with the class measurer)
Thu, Oct 8	0730–0900 and 1930–2100 Crew weigh-ins 0800–1200 Measurement 1600–1900 Registration and Atlas 2 issue (Sail Newport) 1730–1900 IC37CA Annual General Meeting (Arcadia Room, Harbour Court)
Fri, Oct 9	0730–0900 Crew weigh-ins 0800–0900 Late registration (Sail Newport) 1100 First warning signal 1700–1900 Crew weigh-ins (substitutions only)
Sat, Oct 10	0730–0900 Crew weigh-ins (substitutions only) 1100 First warning signal Evening Regatta dinner (New York Yacht Club, Harbour Court)
Sun, Oct 11	0730–0900 Crew weigh-ins (substitutions only) 1100 First warning signal After racing Post-race social and awards (Sail Newport) By protest time limit Atlas 2 and adapter mount return (Sail Newport)

- 4.2 Up to four races may be run on Friday and Saturday. Up to three races may be run on Sunday.
- 4.3 On the final day of the regatta, the warning signal for a race will not be made after 1500 hours.

5 CLASS FLAG

The class flag will be a white flag with the IC37 logo.

6 RENDEZVOUS LOCATIONS

- 6.1 Rendezvous locations are described below and shown in Addendum A. The location for each day will be designated as described in SI 2.4 and SI 3.3.

Rhode Island Sound:

- Area “A” – In the vicinity of 160° M for 1.2 NM from R “2” QR Whistle marking Brenton Point

North of Newport Bridge:

- Area “B” – In the vicinity of 200° for 0.5 NM from Halfway Rock
- Area “C” – In the vicinity of Hope Island off Quonset Point

7 CHECK-IN AND RETIREMENT

- 7.1 Check-in on land: each yacht shall check in at the registration desk at Sail Newport during the registration times in SI 4.1, and either collect her OA-supplied Atlas 2 and adapter mount, or present her own Atlas 2 in person for inspection (see Addendum C).

- 7.2 Check-in on water: before the warning signal for the first race each day, each boat shall check in with the Race Committee signal vessel by passing astern and announcing her sail number orally.
- 7.3 Boats retiring shall inform the Race Committee on VHF channel 72 as soon as reasonably possible.

8 THE COURSE

- 8.1 The diagrams in Addendum B show the courses, including the approximate angles between legs, the order in which marks are to be passed and the side on which each mark is to be left.
- 8.2 No later than the warning signal for each race, the Race Committee will display on a board the course to be sailed and the approximate compass bearing and distance of the first leg.
- 8.3 The two line marks form the starting line, then gate 2s/2p, and in Course 4 the finishing line. After the starting signal, the Race Committee will move the two marks in to form the gate. Moving the line marks before boats round mark 1a is not a change of course and no signal will be made. This changes RRS 33.
- 8.4 Mark 2s/2p is a gate. If one of the gate marks is missing, the remaining mark shall be rounded to port.
- 8.5 Mark 1a is an offset mark adjacent to mark 1.
- 8.6 A limit mark will be set 5–8 boat lengths to leeward of mark 1. It shall be passed to port on both the upwind and the downwind legs. In Course 5, the limit mark may be passed on either side on the final upwind leg approaching the finishing line. The location of the limit mark, or the failure of the Race Committee to set it, shall not be grounds for a boat to request redress. This changes RRS 61.4(b).

9 MARKS

- 9.1 All marks of the course are MarkSetBots: self-propelled robotic marks that hold station by GPS.

Mark	Description
Line marks (start, gate 2s/2p, finish)	Two orange MarkSetBots, each with a staff displaying an orange flag
Mark 1 and offset mark 1a	Orange MarkSetBots
Limit mark	Yellow MarkSetBot

- 9.2 When the course is changed under SI 11, the existing MarkSetBot will be repositioned. Mark colors will not change.
- 9.3 A MarkSetBot moving to hold or regain its station shall not be grounds for a boat to request redress. This changes RRS 61.4(b).

10 THE START

- 10.1 RaceSense will be used for all starts. The starting line will be a digital representation of the line between a staff displaying an orange flag on the port-end line mark and a staff displaying an orange flag on the starboard-end line mark. Addendum C applies.
- 10.2 The Race Committee signal vessel will be stationed outside the starboard end of the starting line, clear of the line. It is not a *mark* and is not part of the starting line.
- 10.3 The start countdown on each boat's Atlas 2 is the official time. RaceSense will identify boats that are OCS and notify them on their Atlas 2, as described in Addendum C. The class flag and flag P will be displayed as a courtesy only. Flag X will not be displayed. This changes RRS 26, 29.1 and 30.

- 10.4 In the event RaceSense is not used for a race, the Race Committee will display flag O with one sound signal before the warning signal, and Addendum D will apply to that race.
- 10.5 A boat starting later than four minutes after the starting signal will be scored DNS. This changes RRS A5.1 and A5.2.

11 CHANGE OF THE NEXT LEG OF THE COURSE

- 11.1 To change the next leg of the course, the Race Committee will reposition the existing MarkSetBot as soon as practicable.
- 11.2 The Race Committee may change the course by up to ten (10) degrees in bearing and/or 0.2 NM in length without a signal. This changes RRS 33.
- 11.3 In addition to the requirements of RRS 33, the Race Committee will attempt to announce any course change on the Race Committee VHF channel. Failure to make such an announcement, or for a boat to hear such an announcement, shall not be grounds for redress. This changes RRS 61.4(b).

12 THE FINISH

- 12.1 Course 4 (downwind finish): the finishing line will be a digital representation of the line between staffs displaying orange flags on the two line marks, which form gate 2s/2p during the race. Boats *finish* on the final downwind leg, crossing from the course side.
- 12.2 Course 5 (upwind finish): the finishing line will be a digital representation of the line between Mark 1 and offset mark 1a. Boats *finish* on the final upwind leg, crossing from the course side.
- 12.3 Finishing times will be recorded automatically by RaceSense. Failure of this equipment will not be grounds for a boat to request redress. This changes RRS 61.4(b).

13 PENALTY SYSTEM

- 13.1 The first sentence of RRS 44.1 is changed to read: "A boat may take a One-Turn Penalty when she may have broken one or more rules of Part 2 in an incident while racing."
- 13.2 The protest committee may impose penalties less than disqualification (DPI) for breaches of the class rules and racing rules other than those of Part 2. This changes RRS 60.5(c).

14 TIME LIMITS

- 14.1 The race time limit under RRS 35 for the first boat to *sail the course* is two and a half (2.5) hours.
- 14.2 If no boat has passed the first mark within 45 minutes, the race shall be abandoned.
- 14.3 The Finishing Window, the time for boats to *finish* after the first boat *sails the course*, is 30 minutes. Boats still *racing* but failing to *sail the course* within the Finishing Window, and not subsequently retiring, penalized or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place two more than the finishing place of the last boat that *sailed the course* within the Finishing Window and was not penalized under RRS 30.3 or 30.4. This changes RRS 35, A5.1, A5.2 and A10.

15 PROTESTS AND REQUESTS FOR REDRESS

- 15.1 Hearing requests shall be submitted to the Jury Secretary on the middle floor of Sail Newport, or online through the Yacht Scoring event page, within one hour of the docking time of the Race Committee signal vessel after the last race of the day. This time will be posted on the online Official Notice Board.
- 15.2 Notices will be posted as soon as possible to inform competitors of hearings in which they are *parties*. Hearings will take place on the top floor of 72 Fort Adams Drive as soon as possible after the notices are posted. The protest committee will attempt to schedule hearings in the order of receipt. Representatives of boats who are *parties* to a hearing and their witnesses, if any, shall remain on call near the protest room.

- 15.3 Notices of protests by the Race Committee, Technical Committee or protest committee will be posted within the protest time limit on the online Official Notice Board to inform boats under RRS 60.2(d).
- 15.4 When a boat has been involved in an incident that may be subject to protest, it is her responsibility to check the protest notices at the end of the protest filing time to see if she is cited in a protest. Failure of any boat to appear when called for a hearing will be considered by the protest committee as grounds for proceeding under RRS 63.1(b).
- 15.5 Breaches of SI 7, SI 17 and SI 20 shall not be grounds for protest by a boat. This changes RRS 60.1.
- 15.6 On the last scheduled day of racing, a request for redress based on a protest committee decision shall be submitted electronically to the protest committee no later than 30 minutes after the decision was posted. This changes RRS 61.2(b).
- 15.7 On the last scheduled day of racing, if no races are held, a hearing request for redress or reopening a hearing shall be submitted electronically within one hour after racing has been abandoned ashore or on the water. This changes RRS 61.2(b) and RRS 63.7(b).

16 SCORING

- 16.1 One race is required to be completed to constitute a series.
- 16.2 When fewer than six races have been completed, a boat's series score will be the total of her race scores. When six or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

17 SUPPORT PERSONS AND BOATS

- 17.1 IC37 Class Rule H.4 applies.
- 17.2 Team and other spectator vessels shall not approach closer than 100 meters to any boat that is racing, and shall stay at least 100 meters away from laylines and marks of the course.
- 17.3 If in the starting area, these vessels shall leave the racing and starting areas before the warning signal. They may station themselves outside the starboard end of the starting line, but no closer than 150 meters to the Race Committee signal vessel.

18 PRIZES

- 18.1 Overall series prizes will be awarded to the top three (3) finishers.
- 18.2 A Corinthian prize will be awarded to the top finishing all-Corinthian boat.
- 18.3 Other prizes may be awarded at the discretion of the Organizing Authority.

19 MEDIA WAIVER AND DISCLAIMER OF LIABILITY

- 19.1 As a condition of entry, each owner, skipper and individual participating crew member shall submit an online Waiver and Release of Liability Form before racing. The link to the waiver can be found on the event website.
- 19.2 Media waiver: competitors and crew members on the competing boats grant, at no cost, Sail Newport, the IC37 Class Association and any official sponsors of the regatta the absolute right and permission to use their name, voice, image, likeness, biographical material, RaceSense tracking data, and representations of the boats in any media worldwide (television, print and internet media), including video footage, for the sole purposes of advertising, promoting, reporting and disseminating information about the IC37 North American Championship and its participants.
- 19.3 Competitors participate in the regatta entirely at their own risk. All skippers and crew should familiarize themselves with RRS 3, Decision to Race. The Organizing Authority and all its committee members will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

20 SAFETY REGULATIONS

- 20.1 Restricted channels: Narragansett Bay and its approaches are considered restricted channels for commercial traffic and other vessels restricted in their ability to maneuver. Competitors shall comply with the government right-of-way rules when near commercial or privileged marine traffic.
- 20.2 Newport Security Zone: if there is racing in Narragansett Bay, competitors should be aware of heightened security around the Navy base in Newport, north of the Newport Pell Bridge. The area may be defined by a series of white buoys marking the Newport Security Zone along the coast of the Naval facilities from Coasters Harbor to the breakwater at the north end of Coddington Cove, and the line defined by the buoys shall rank as an obstruction. Yachts shall not enter this area. A Navy patrol boat monitors the area, and vessels in the Exclusionary Zone may face action by the Coast Guard and Naval authorities.
- 20.3 Additional restricted areas: there may be additional restricted areas due to Navy activity, shipping or fishing operations, described in an amendment to the sailing instructions.

21 NOTES

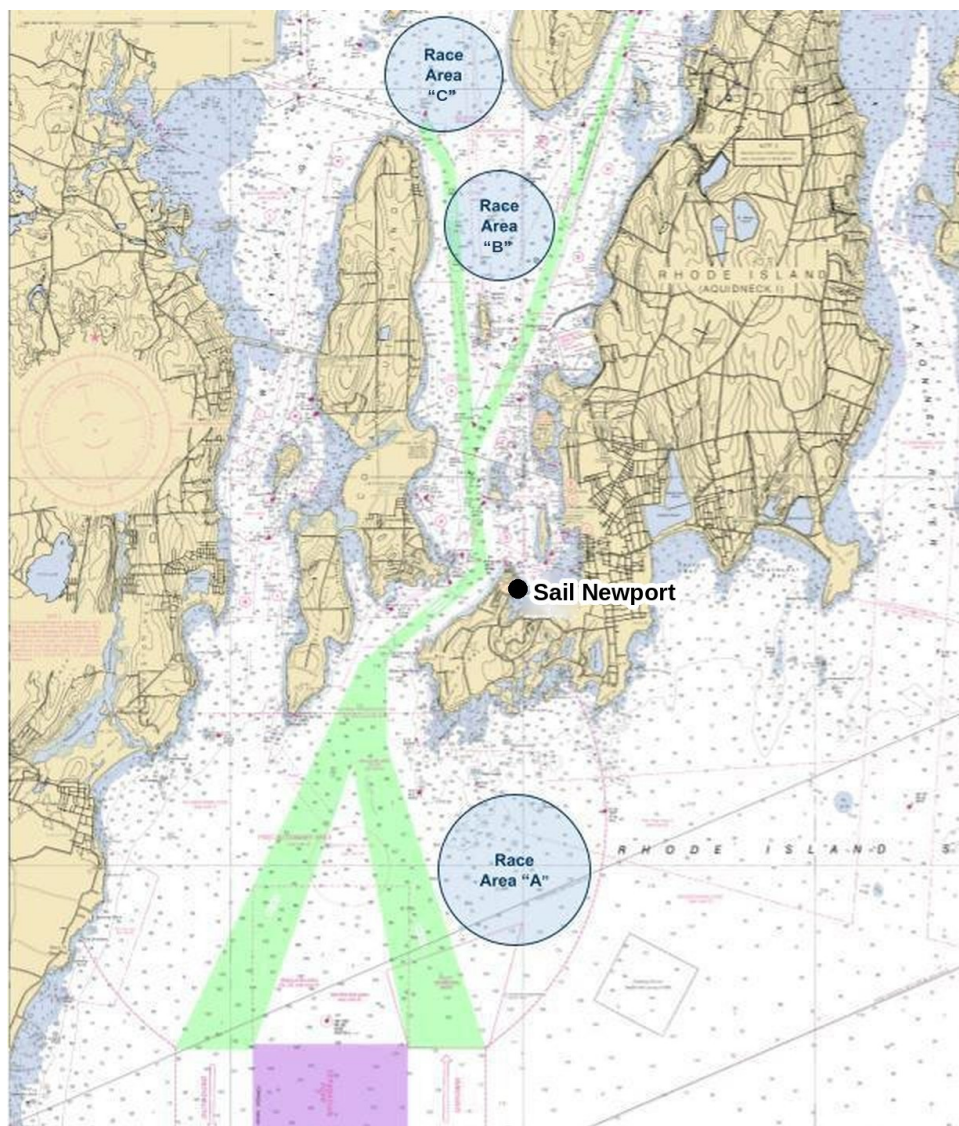
- 21.1 Event website: sailnewport.org/events/ic-37-north-americans
- 21.2 For further information please contact:

Diarmaid Desmond, Regatta Chair

Sail Newport, 72 Fort Adams Drive, Newport, RI 02840

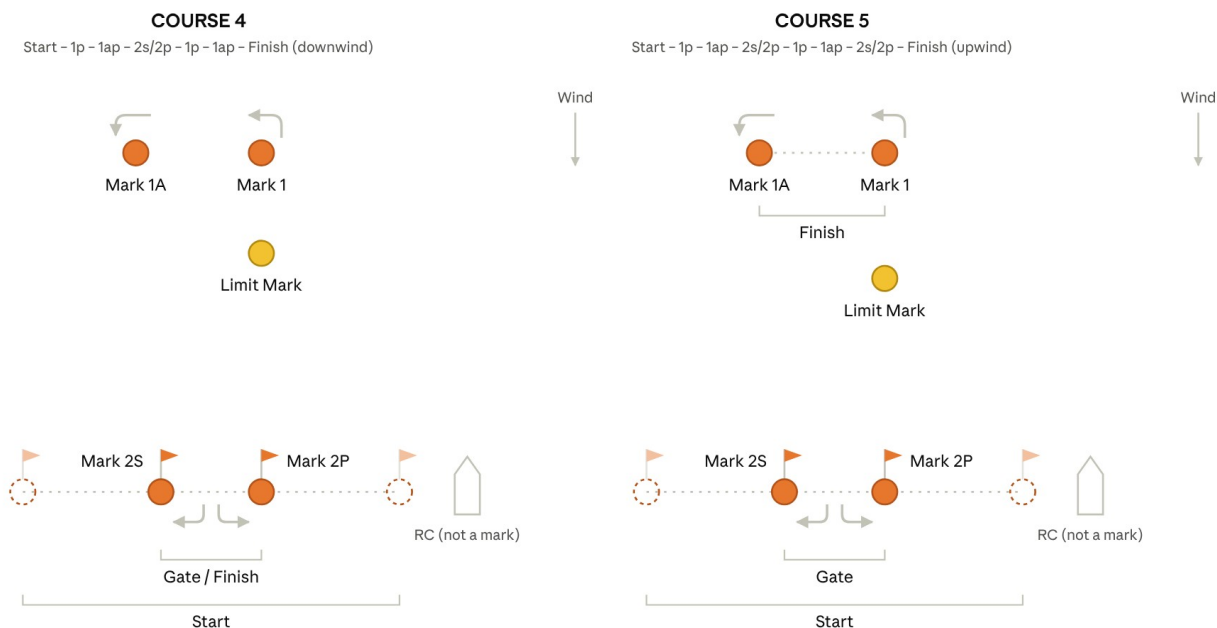
Tel: 401-846-1983 · Email: regattas@sailnewport.org

SI ADDENDUM A – RACE AREAS



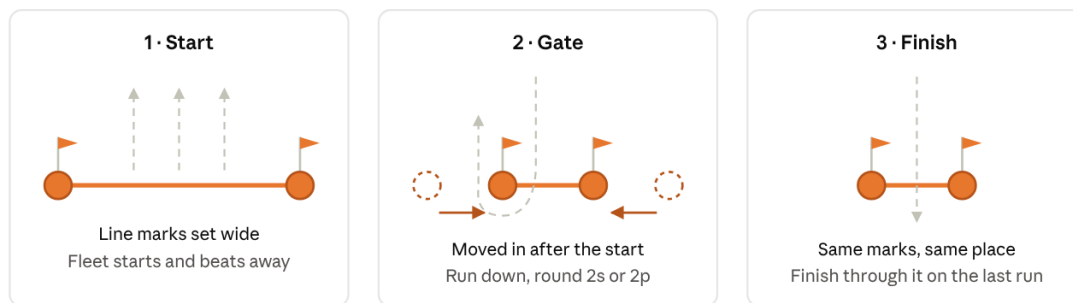
SI ADDENDUM B – COURSE DIAGRAM

Course	Sequence
Course 4	Start – 1p – 1ap – 2s/2p – 1p – 1ap – Finish (downwind)
Course 5	Start – 1p – 1ap – 2s/2p – 1p – 1ap – 2s/2p – Finish (upwind)



Course 4: one pair of line marks, three jobs

Wind from the top of each panel. RaceSense uses the same two marks for the OCS calls and the finish times.



In the event RaceSense is not used, the backup course in Addendum D applies instead.

SI ADDENDUM C – VAKAROS RACESENSE SYSTEM

RaceSense RRS changes [NP]: rules and instructions for using the Vakaros RaceSense system.

Starting line: The starting line will be a digital representation of the line between a staff displaying an orange flag on the port-end line mark and a staff displaying an orange flag on the starboard-end line mark.

- C1 Each boat shall have a working Vakaros Atlas 2 configured for RaceSense at check-in. Boats without their own unit will be provided with one by the OA.
- C2 A boat using her own Atlas 2 shall present it in person at check-in, so that the unit and its RaceSense configuration can be checked.
- C3 The OA will provide every boat with an adapter mount for fitting the Atlas 2 in place of the Velocitek unit. The Atlas 2 shall be mounted on it as directed at all times while racing.
- C4 The Vakaros RaceSense system will be used by the Race Committee, and the relevant information will be available to all boats.
- C5 Instructions for using the Atlas 2 will be posted on the Official Notice Board on Yacht Scoring.
- C6 Competitors shall take all reasonable measures to keep the Atlas 2 safe and operational, and shall promptly notify the Race Committee of any device issues.
- C7 RRS 26 is changed. The countdown to the start on the Atlas 2 from RaceSense will be the official time. The class flag and flag P will be displayed as a courtesy only.
- C8 The visual identification of boats infringing RRS 29 and 30 by the Race Committee is replaced with electronic identification through the Vakaros RaceSense system. OCS boats will be notified on their Atlas 2, and again when they have returned to the pre-start side of the starting line. Flag X will not be displayed and there will be no VHF hails. This changes RRS 29.1, 30.1, 30.2, 30.3 and 30.4.
- C9 Finishing times will be recorded automatically by RaceSense.
- C10 Any failure of the Atlas 2, the RaceSense system or communication systems will not be grounds for a boat to request redress. This changes RRS 41(c) and 61.4(b). This does not prevent the race committee from requesting redress for a boat, or the protest committee from considering redress, in the case of a significant system failure.
- C11 In the event RaceSense is not used for a race, the Race Committee will display code flag O with one sound signal before the warning signal, and Addendum C, in its entirety, is replaced by Addendum D for that race.
- C12 If the Race Committee displays code flag R with one sound signal before the warning signal of a race, competitors shall restart their Atlas 2 by switching it off, waiting 10 seconds and switching it back on. Code flag R will remain displayed for a minimum of 2 minutes and will be removed with the next warning signal.
- C13 If firmware updates to Atlas 2 devices are required between race days, notice will be sent to all boats by email and/or WhatsApp.
- C14 OA-supplied Atlas 2 units and all adapter mounts shall be returned to Sail Newport no later than the protest time limit on Sunday, October 11.

SI ADDENDUM D – BACKUP COURSE (FLAG O)

This addendum applies only in the event RaceSense is not used for a race and the Race Committee has displayed flag O with one sound signal before the warning signal (SI 10.4 and Addendum C11). All other sailing instructions still apply, except Addendum B, Addendum C and where this addendum says otherwise. The backup course diagrams are in D7.

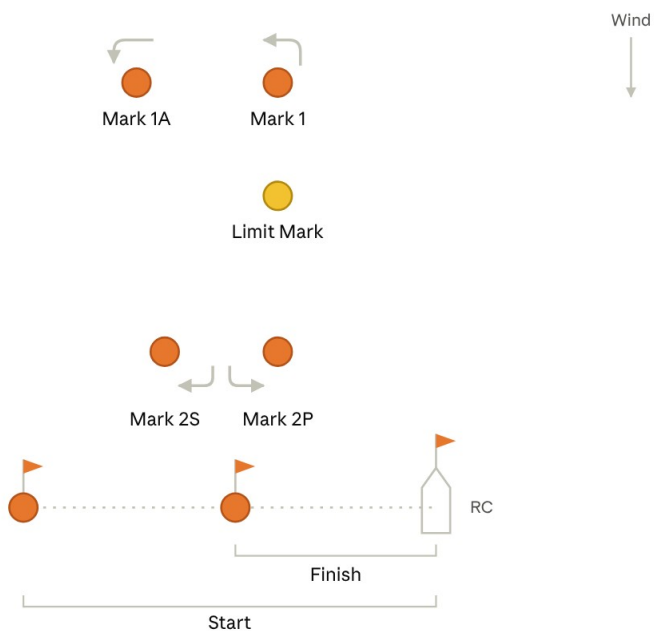
- D1 **The start.** The starting line will be between a staff displaying an orange flag on the Race Committee signal vessel at the starboard end and a staff displaying an orange flag on the port-end starting mark. This replaces SI 10.1 and 10.2.
- D2 **Starting signals.** Starts will be made using RRS 26. Race signals are the official signals, and the Atlas 2 countdown is for information only. This replaces SI 10.3.
- D3 **OCS hails.** The Race Committee will endeavor to hail boats observed to be OCS at the start on the Race Committee VHF channel as a courtesy. Failure of the hailing equipment, failure to hear a hail, delay in hailing or the order in which hails are given shall not be grounds for a boat to request redress. This changes RRS 61.4(b).
- D4 **The gate.** Gate 2s/2p will be a separate pair of marks set to windward of the Race Committee signal vessel. This replaces SI 8.3.
- D5 **The finish.** For Course 4, the finishing line will be between a staff displaying a blue flag on the Race Committee signal vessel and the course side of the finishing mark. For Course 5, Mark 1 will be removed for the final leg and offset mark 1a will be moved to windward to serve as the finishing mark. The finishing line will be between a staff displaying a blue flag on the Race Committee signal vessel at the starboard end and the course side of mark 1a. The Race Committee will record finishes. This replaces SI 12.1, 12.2 and 12.3.
- D6 **Marks.**

Mark	Description
Port-end starting mark	Orange MarkSetBot with a staff displaying an orange flag
Finishing mark	Course 4: the same orange MarkSetBot, moved in toward the signal vessel to shorten the line for the finish. Course 5: offset mark 1a, moved to windward for the final leg (Mark 1 is removed)
Gate 2s/2p	Two orange MarkSetBots
Mark 1 and offset mark 1a	Orange MarkSetBots
Limit mark	Yellow MarkSetBot

D7 **Backup course diagram.**

BACKUP COURSE 4 (FLAG O)

Start - 1p - 1ap - 2s/2p - 1p - 1ap - Finish (downwind)



BACKUP COURSE 5 (FLAG O)

Start - 1p - 1ap - 2s/2p - 1p - 1ap - 2s/2p - Finish (upwind)

