

Larchmont Yacht Club &
Storm Trysail Club
2026 SAILING INSTRUCTIONS
The Bitter Ender

Doublehanded Distance Race

Saturday, October 17, 2026

The notation '[NP]' in a rule of the sailing instructions means that a boat may not protest another boat for breaking that rule.

1. RULES

The event is governed by the *rules* as defined in *The Racing Rules of Sailing.*

2. CHANGES TO SAILING INSTRUCTIONS

Any changes to the sailing instructions will be posted no later than 0900 on the day they take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

3. COMMUNICATIONS WITH COMPETITORS

3.1. The official notice board (ONB) is located at yachtscoring.com.

3.2. On the water, the race committee intends to monitor and communicate with competitors on VHF 78A.

4. CODE OF CONDUCT

Competitors shall comply with any reasonable request from any official, and shall not behave so as to bring the event or the sport into disrepute.

5. SIGNALS MADE ASHORE

Signals made ashore will be displayed at the flagpole on the LYC front lawn.

6. COURSES

6.1. The course to be sailed will be posted on the Official Notice Board no later than 1100 Friday, October 16, 2026.

Course 1: 86.2 NM. Start, RWMO(A) W 8S 4M WHIS "New Haven Harbor Lighted Whistle Buoy Nh" to starboard, G ON "Old Field Point Gong Buoy 11a" to starboard, and Finish.

Course 2: 60.6NM. Start, G FL 2.5S "George's Rock Lighted Buoy 1" to starboard, G ON "Old Field Point Gong Buoy 11a" to starboard, and Finish.

Course 3: 32.7NM. Start, G FL 4S ON "Eatons Neck Point Lighted Gong Buoy 11b," R FL R 2.5S Bell "The Cows Lighted Bell Buoy 32," and Finish at Larchmont Breakwater.

6.2 These course descriptions replace the course descriptions in NOR 8.

7. THE START

7.1. The start area will be located approximately 0.6 nm, 150° mag. from the end of the Larchmont Harbor breakwater.

7.2. The starting line will be between a staff displaying an orange flag on the signal vessel and the course side of a nearby orange MarkSetBot.

7.3. The starting window will open at 1200 with the display of Code Flag G and one sound signal. Code Flag G will remain displayed until the window closes at 1600 when it is removed with one sound signal. This changes RRS 26

7.4. A boat's start time will be recorded as the time she crosses the starting line within the starting window. This changes RRS A3.

8. THE FINISH

8.1. The finish line is a line bearing 180 degrees magnetic from the Larchmont Harbor Breakwater Light 2 (Fl R 4s)
8.2. Finish time shall be reported by texting a picture of the GPS showing position and time to 949-887-3341.
8.3. If this is not possible, as a secondary option, a boat shall email the information to sailing@larchmontyc.org

9. TIME LIMITS

The time limit for all boats to start, sail the course, and finish is 0900, Sunday, October 18, 2026. Boats not finishing by the time limit will be scored Time Limit Expired (TLE).

10. HEARING REQUESTS

10.1. Add a third sentence to RRS 60.2(a)(1): “Immediately after finishing, she shall notify the race committee of her intent to file a protest.”
  10.1.1. This intent can be communicated via one of the same method(s) as reporting a finishing time: text to 949-887-3341, hailing on VHF 72 and being acknowledged, or emailing sailing@larchmontyc.org
10.2. Appendix T (Arbitration) will apply with the following changes:
  10.2.1. T1(b) is changed to read: A Post-Race Penalty taken before the start of an arbitration meeting is a 20% Scoring Penalty. A Post-Race Penalty taken after the meeting has commenced is a 40% Scoring Penalty. Both penalties shall be calculated as stated in rule 44.3(c). However, rule 44.1(a) applies.
  10.2.2. Add a new sentence at the end of T4. “If a protest hearing is held, the arbitrator shall not be a member of the protest committee for the hearing or its decision. However, the arbitrator may observe the testimony presented and may be called as a witness. This changes RRS 63.3(a).”
10.3. The protest time limit is 1000, Sunday, October 18, 2026.
10.4. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.
10.5. Notices of protests by the race committee or protest committee will be posted on the official notice board.

11. SAFETY REGULATIONS

[NP][DP] A boat that retires from a race shall notify the race committee at the first reasonable opportunity.

END #